

2022 RAMADAN PLANNER

2ND EDITION

30 Days Activity Plan, Iftar Meal Plan + Dua Checklist

ALTINÉ NAGODE

Bismillah Rahman Rahim

بسم الله الرحمن الرحيم

'O you who believe! Fasting is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqun (pious and God-Conscious).'

Quran 2:183





INTENTIONS

N I Y Y A H

Intentions are the roots of every action.

It is narrated on the authority of Amir al-Mu'minin (Leader of the Believers), Abu Hafs 'Umar bin al-Khattab (may Allah be pleased with him), who said: I heard the Messenger of Allah (peace be upon him), say:

"Actions are according to intentions, and everyone will get what was intended. Whoever migrates with an intention for Allah and His messenger, the migration will be for the sake of Allah and his Messenger. And whoever migrates for worldly gain or to marry a woman, then his migration will be for the sake of whatever he migrated for."

[Bukhari & Muslim]

SET YOUR INTENTIONS FOR RAMADAN

Note: The most important intention to make is to fast for Allah.

See example of an intention you can set for ramadan:

'Oh Allah, I intend to observe the obligatory fast tomorrow and for the rest of the days in Ramadan, in full submission and obedience to Your command and in order to earn Your pleasure and reward.'





PERSONAL GOALS & PLANS

Visualize Your Ideal Ramadan

Describe your ideal ramadan. What would your days consist of? What would you do in the mornings, evenings, and nights? Where would you be and whom would you be with? What experience would you have? What change would you like to experience? Remember, this is just an exercise to give you the vision to work towards - it's not set in stone and can change as you go along.

Your Ramadan Goals

This exercise involves doing a brain dump and writing for 10-15 minutes what you want to achieve this ramadan. No goal is too small or big! If you start to go blank, think of some role models you look up to (might be the Prophet (saw), the sahabas, your parents, someone in your community, some of your friends, or some public figure - it doesn't matter) and write down what you admire about them, what is something inspiring that they practice that you'd like to emulate?

[illegible]

Ramadan Vision Board

Now that your ramadan goals are clearer, write down key points in each category describing what you would like to achieve. This vision board is designed to streamline and present clearer the things you would want to strive for. You may think that you don't need to write it down since it's in your head, but writing it down makes it more real and creates a commitment that compels you to move forward to achieve your goals for this ramadan.

Family & Relationships	Charity/Zakat
Quran	Social Media
Character & Personal Development	Health & Diet
Salah & Tahajjud	Leisure

Accountability

Taking responsibility for your own actions, emotions and the current situation is the first step toward breaking out of old patterns and changing your life for the better. This is because all the things that you actually take responsibility for (even if you're not directly to be blamed) are the things that you can change, or if you can't change them, you can improve them going forward. By answering the following questions, you gain some insight into how you can take more responsibility for the things that are holding you back from achieving the goals you set out to achieve in ramadan.

How would taking responsibility for my family and relationships in this month look like? What steps must I take? What are the foreseeable threats? Have I tried everything that's in my power to improve things?

How would taking responsibility for my mandatory and voluntary acts of worship (salat, fasting, tahajjud, Quran recitation) look like? What steps must I take? What are the foreseeable threats? Have I tried everything that's in my power to improve things?

How would taking responsibility for my character and behaviour in this month look like? What steps must I take? What are the foreseeable threats? Have I tried everything that's in my power to improve things?

Accountability

How would taking responsibility for my health (mental, emotional, financial, physical and spiritual) in this month look like? What steps must I take? What are the foreseeable threats? Have I tried everything that's in my power to improve things?

How would taking responsibility for my social media and leisure time look like? What steps must I take? What are the foreseeable threats? Have I tried everything that's in my power to improve things?

Limiting Beliefs

In this section, try to identify other beliefs that are holding you back and how you can reframe them to be more productive. For example, you may have been taught that to finish reading Quran at least once during ramadan is the ultimate goal. While the Quran was revealed in the month of ramadan and it's the sunnah of the Prophet (saw) to read the Quran as frequently as possible during ramadan, a more productive and healthy way of thinking would be 'to be consistent with reading your Quran'; after all the most beloved deed to Allah is the most regular and constant even if it were little.

Current Belief

Better Alternative

--	--

Current Belief

Better Alternative

--	--

Current Belief

Better Alternative

--	--

Current Belief

Better Alternative

--	--

Limiting Beliefs

A Belief that is holding you back:
" ex. I can't change myself.", 'I am a 'Ramadan'
Muslim, 'Hijab is not for me' e.t.c

Where did this belief come from?

How is this belief harmful?

What is a better alternative for this belief?

Personal Vows

Write down your commitments below.

I WILL stop doing

I WILL do less

I WILL keep doing

I WILL do more

I WILL start doing

Character Development

Each one of us has some good qualities and character strength – whether innate or developed. In this exercise you'll be able to identify your own and those you wish to be known for among your peers. Use the trait list below as a starting point – you can always add your own traits as well!

adventurous	enthusiastic	imaginative	practical
affectionate	energetic	Jovial	respectful
ambitious	exciting	kind	responsible
athletic	educated	knowledgeable	reliable
attentive	emohatetic	loyal	serious
analytical	easy going	loving	spiritual
brave	Mithful	lucky	spontaneous
benelovent	friendly	mysterious	sensitive
charming	funny	mature	self-reliant
compassionate	focused	modest	sociable
calm	flexible	motivated	sweet
capable	forgiving	optimistic	straightforward
caring	grateful	obedient	strategic
charismatic	generous	orderly	talented
clever	gentle	open minded	tactful
competetive	helpful	organized	tusteful
confident	hopeful	outgoing	thanful
courageous	happy	polite	tolerant
curious	humorous	patient	trusting
determined	independent	precise	thoughtful
disciplined	inspiring	popular	useful
dependable	intelligent	proud	wise
daring	integrity	persistant	witty

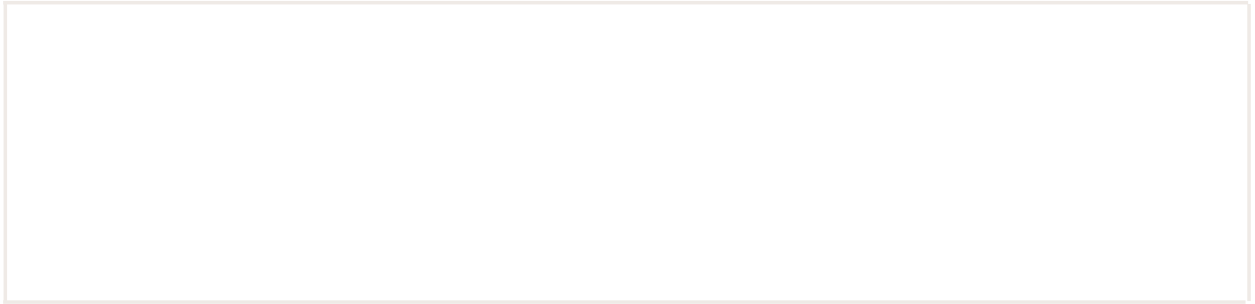
Write down your top 10 Strengths

What are your biggest weaknesses

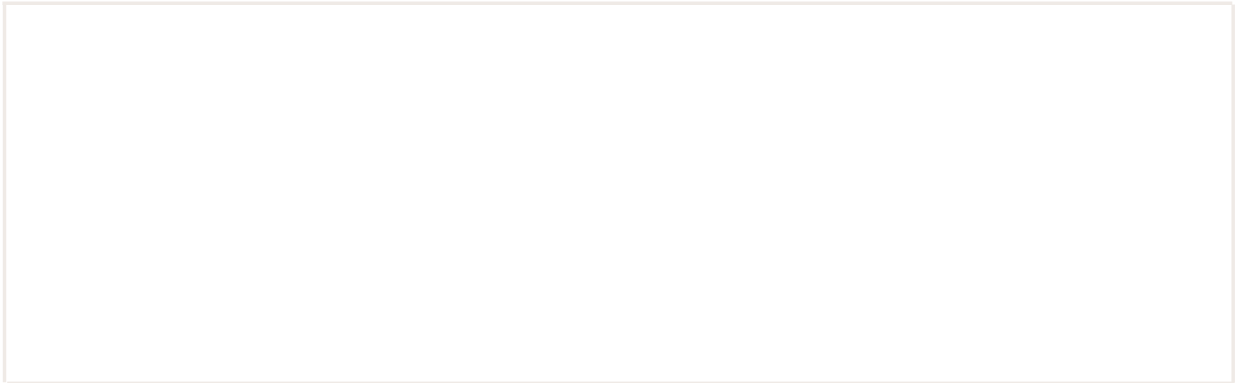
--	--

Character Development

How will your identified strengths help you in achieving your goals In Ramadan?

A large, empty rectangular box with a thin black border, intended for the user to write their response to the question about how their strengths will help them achieve their goals in Ramadan.

What other strengths will you need to develop to achieve your goals for Ramadan?
What weaknesses of yours would you need to work on to stop them from hindering you?

A large, empty rectangular box with a thin black border, intended for the user to write their response to the questions about other strengths needed and weaknesses to work on for achieving goals in Ramadan.



SUHOOR & IFTAR PLANNER

One Week Sample Meal Plan

Monday	Tuesday	Wednesday
<p>SUHOOR</p> <p>.....</p> <p>Yoghurt and Granola/Parfait</p> <p>IFTAR</p> <p>.....</p> <p>Jerk Chicken and Carribean/Mexican Rice + Plantain</p>	<p>SUHOOR</p> <p>.....</p> <p>Fruit Salad</p> <p>IFTAR</p> <p>.....</p> <p>Cajun Chicken Pssta + Garlic Bread</p>	<p>SUHOOR</p> <p>.....</p> <p>Chicken Sandwich or any other Sandwich of choice</p> <p>IFTAR</p> <p>.....</p> <p>Tuwo and meiyan kaka or any other swallow and soup of choice</p>
Thursday	Friday	Saturday
<p>SUHOOR</p> <p>.....</p> <p>Oatmeal, Custard or Pap</p> <p>IFTAR</p> <p>.....</p> <p>Jollof Rice + Grilled Chicken + Roasted Herb Potatoes</p>	<p>SUHOOR</p> <p>.....</p> <p>Chicken Cabbage wrap</p> <p>IFTAR</p> <p>.....</p> <p>Curry Chicken with Potatoes with Garlic Knots</p>	<p>SUHOOR</p> <p>.....</p> <p>Mango Lassie or Smoothie</p> <p>IFTAR</p> <p>.....</p> <p>Chicken Oyster Sauce with Basmati Rice + Steamed Vegetables</p>
Sunday	<p>NOTES:</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	
<p>SUHOOR</p> <p>.....</p> <p>Pancakes/Crepes/French Toast</p> <p>IFTAR</p> <p>.....</p> <p>Spaghetti Bolognese + Bruschetta</p>		

Week 1 Meal Plan

Monday

Suhoor

Iftar:

Tuesday

Suhoor

Iftar:

Wednesday

Suhoor

Iftar:

Thursday

Suhoor

Iftar:

Friday

Suhoor

Iftar:

Saturday

Suhoor

Iftar:

Sunday

Suhoor

Iftar:

Shopping List

Week 2 Meal Plan

Monday

Suhoor

Iftar:

Tuesday

Suhoor

Iftar:

Wednesday

Suhoor

Iftar:

Thursday

Suhoor

Iftar:

Friday

Suhoor

Iftar:

Saturday

Suhoor

Iftar:

Sunday

Suhoor

Iftar:

Shopping List

Week 3 Meal Plan

Monday

Suhoor

Iftar:

Tuesday

Suhoor

Iftar:

Wednesday

Suhoor

Iftar:

Thursday

Suhoor

Iftar:

Friday

Suhoor

Iftar:

Saturday

Suhoor

Iftar:

Sunday

Suhoor

Iftar:

Shopping List

Week 4 Meal Plan

Monday

Suhoor

Iftar:

Tuesday

Suhoor

Iftar:

Wednesday

Suhoor

Iftar:

Thursday

Suhoor

Iftar:

Friday

Suhoor

Iftar:

Saturday

Suhoor

Iftar:

Sunday

Suhoor

Iftar:

Shopping List

Week 5 Meal Plan

Monday

Suhoor

Iftar:

Tuesday

Suhoor

Iftar:

Wednesday

Suhoor

Iftar:

Thursday

Suhoor

Iftar:

Friday

Suhoor

Iftar:

Saturday

Suhoor

Iftar:

Sunday

Suhoor

Iftar:

Shopping List



30 DAYS ACTIVITY PLAN



DAY I

DUA OF THE DAY

O Allah, guide me and make guidance
easy for me.

DHIKR OF THE DAY

Recite 'Astagfurllah (Istighfar)' 100x

Reward:

Abdullah bin Abbas (RA) narrates that Rasulullah (SAW) said:

“The one who (regularly) says Istighfaar, that is, frequently repent to Allah Ta’aala for sins committed, Allah Azza Wa-Jal will open a path from poverty and difficulties. All sorrow and hardship will be removed, and in its place prosperity and contentment granted. One will receive sustenance from unimagined and unexpected sources.”

It is the Sunnah of our beloved Prophet (peace be upon him) to seek istighfaar 100 times daily.

DEED OF THE DAY

Send fruit basket to your neighbor

To Do List

- Read 20 Pages of Quran
- Memorize first verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal."
[Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 1

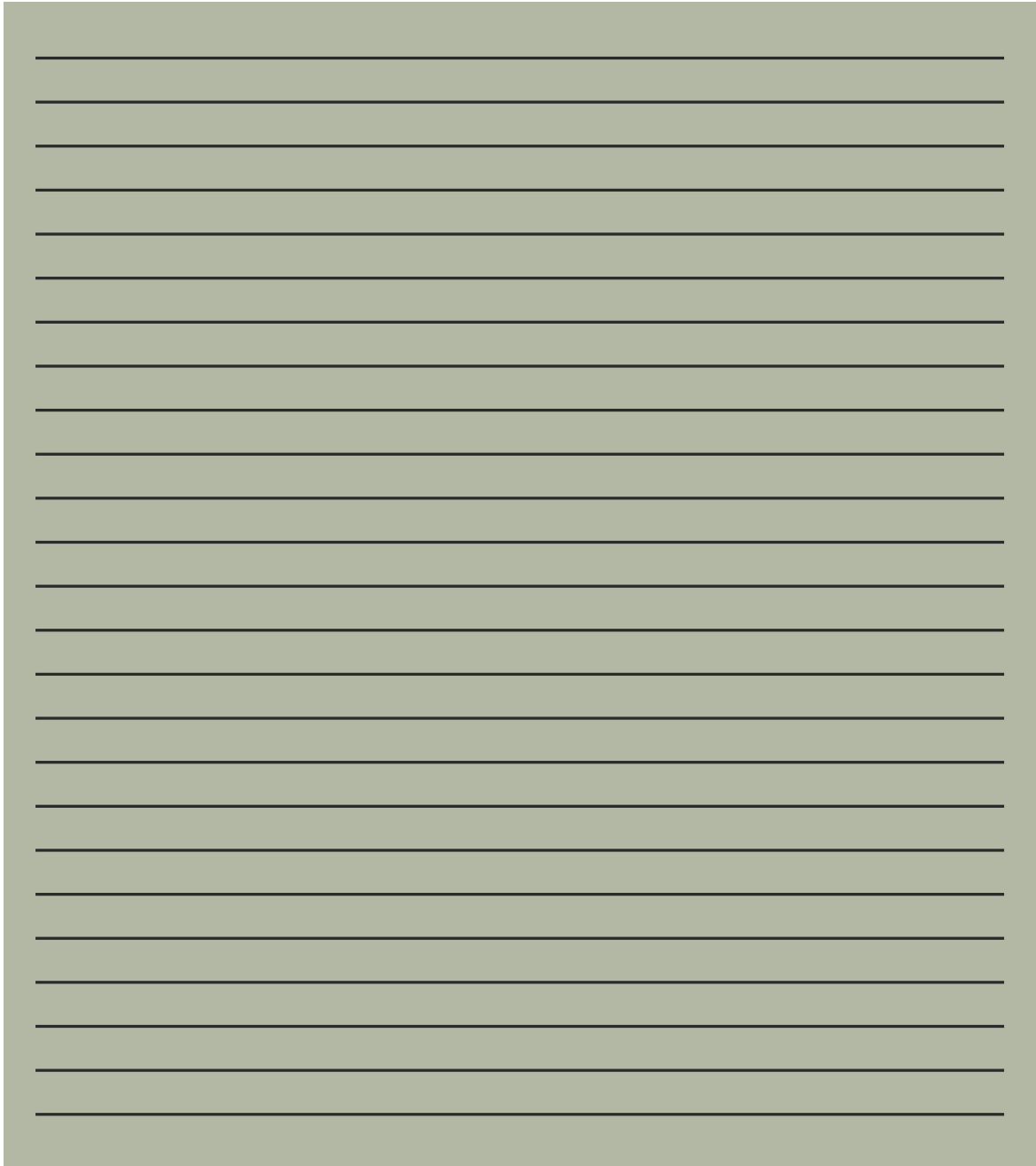
'Call upon me, I will respond to you.'

Surah Ghafir 40:60

DAY 1

Ponder, Reflect and Connect - 'Ar - Rahman'

The Most lovingly Beneficient, Most Kind and Giving, The Most Gracious, The Infinitely Good.





DAY 2

DUA OF THE DAY

‘O Allah! cleanse my heart from malice, jealousy, hatred, self-admiration, showing off and envy.’

DHIKR OF THE DAY

Recite 'Subhanallah' (Glory is to Allah) 100 times.

Reward:

Narrated by Sa'd bin Abu Waqqas (RA):

'We were with the Messenger of Allah when he asked, 'Is anyone of you unable to earn a thousand deeds?' One of those present asked: 'How can one earn thousand good deeds in a day?' He (saw) replied, 'By saying Subhannah a hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.'

[Muslim]

DEED OF THE DAY

Be the first to greet the full Salam greeting to your family, friends, colleagues and strangers.

To Do List

- Read 20 Pages of Quran
- Memorize second verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Listen to a Mufi Menk podcast

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 2

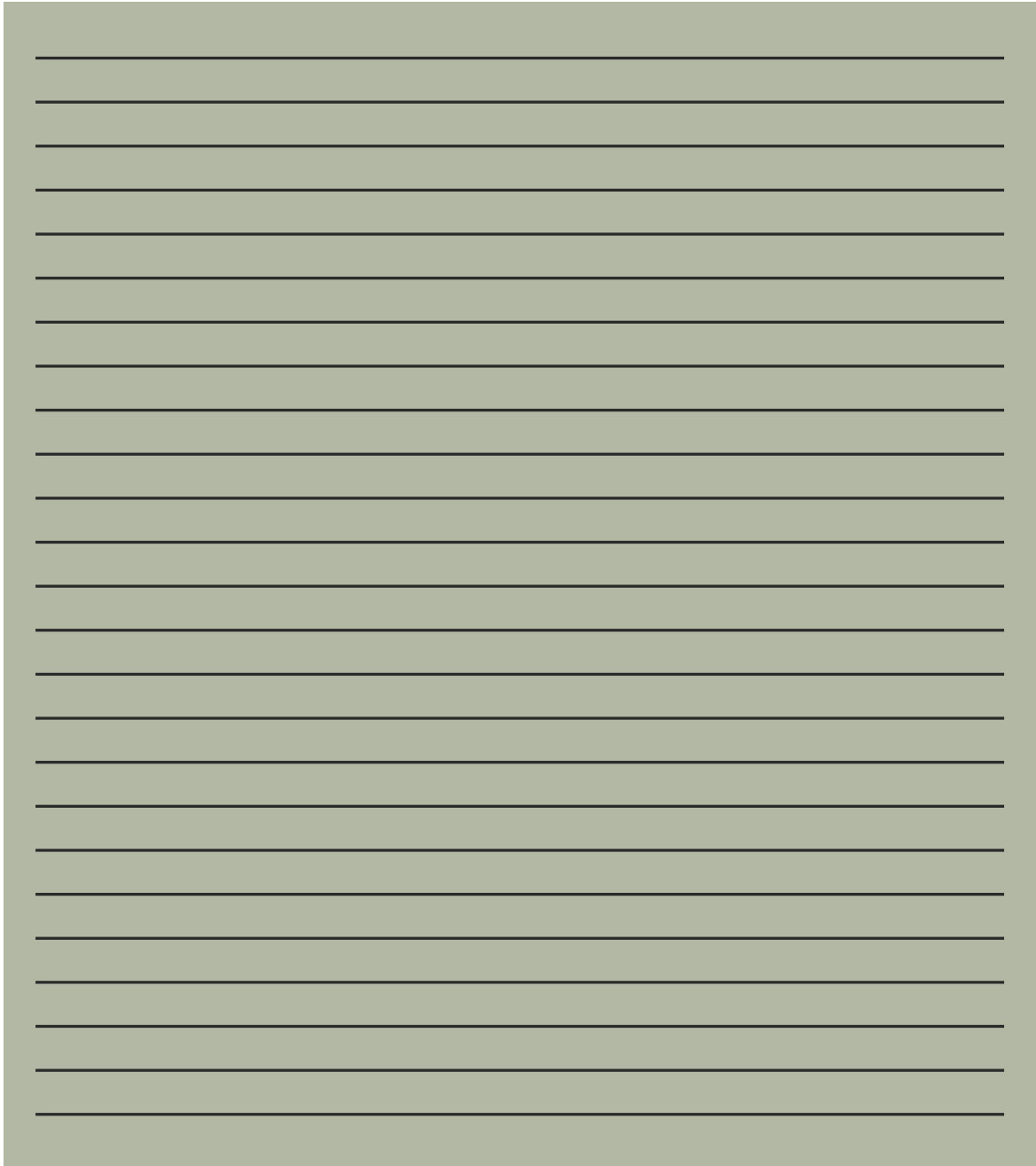
'And Allah will not punish them
while they seek forgiveness.'

Surah Al-Anfal 8:33

DAY 2

Ponder, Reflect and Connect - 'Ar - Raheem'

The Most Merciful, He Who Acts With Extreme Kindness.





DAY 3

DUA OF THE DAY

‘O Allah! cleanse my heart from
malice, jealousy, hatred, self-
admiration, showing off and
envy.’

DHIKR OF THE DAY

'Subhannallahi Wa Bihamdihi' (Glbry is Allah and praised is He)
× 100 times.

Reward:

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a
day, will be forgiven all his sins even if they were as much as the
foam of the sea."

DEED OF THE DAY

Visit someone who is sick, or send food or give them a
call if visiting is not possible during these Covid days.

To Do List

- Read 20 Pages of Quran
- Memorize third verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Listen to the Seerah of the Prophet Saw on YouTube by Yasir Qadhi

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

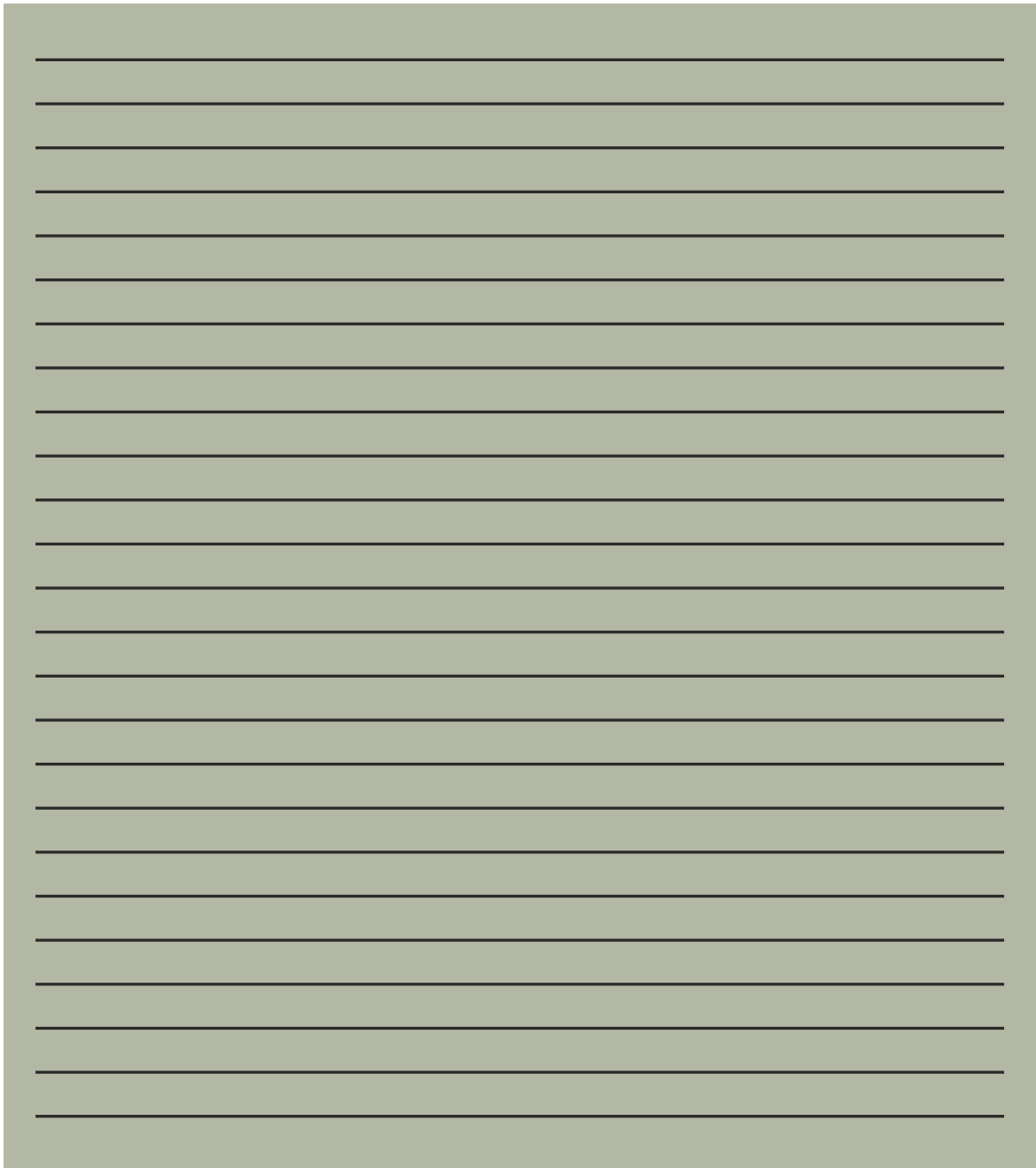
Quran Verse, Day 3

'So remember Me; and I will
remember you.'

Surah Al-Baqarah 2:152

Ponder, Reflect and Connect - 'Al - Malik'

The Sovereign, The King, The Possessor, The one with the Complete Dominion, He is the One to whom belongs the absolute dominion of the heavens and the earth and everything in them. The entire universe is under His control. There is nothing above Him. He alone has true and supreme dominion and disposes of the entire universe in the manner He pleases.





DAY 4

DUA OF THE DAY

‘O Allah! Give my soul (nafs) its
God-fearing righteousness (taqwa)
and purify it, for You are the best to
purify it. You are its Protector and
its Guardian.

DHIKR OF THE DAY

"Laa hawla wa laa quwwata illaa bilaah' (There is no power and no
might except by Allah) x 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a
treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of
Allah!' Thereupon he (saw) said, 'Recite 'Laa hawla wa la quwwata
illa billaah'.

[BUKHARI & MUSLIM]

DEED OF THE DAY

Perform all your prayers on time or
at the latest fifteen minutes after
the athan has been made.

To Do List

- Read 20 Pages of Quran
- Memorize fourth verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Do not gossip or backbite or speak behind someones back.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 4

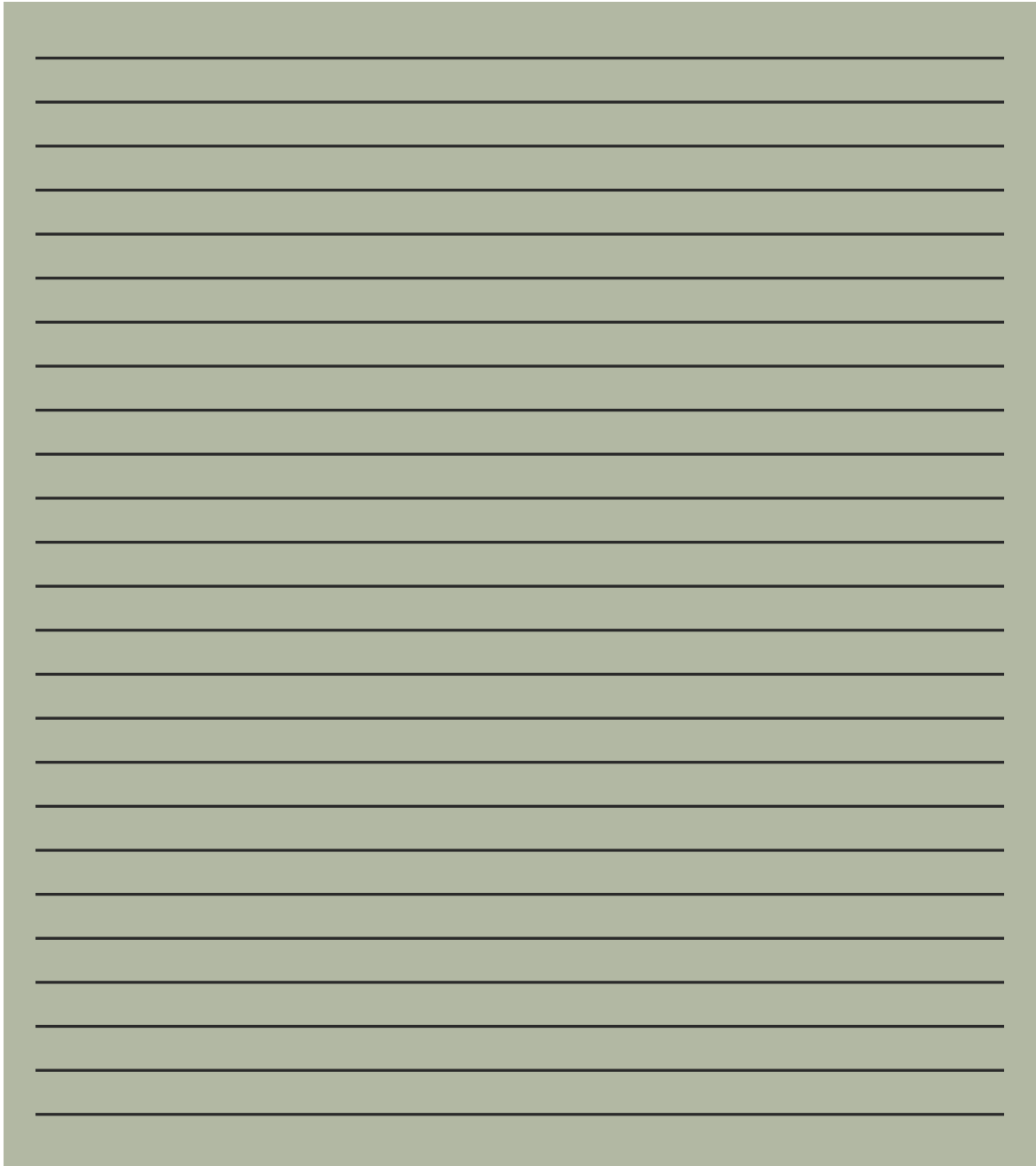
'And whoever puts all his trust in
Allah (SWT), He will be enough for
him'.

Surah At-Talaq 65:1-3

DAY 4

Ponder, Reflect and Connect - 'As - Salam'

The Flawless, The Source of peace, The One who grants peace and security to all his creation.





DAY 5

DUA OF THE DAY

'O Allah, forgive all of my sins: the small and great, the first and the last, the public and the private.'

DHIKR OF THE DAY

Recite 'Subhaanallahi, Walhamdu lillaahi, wa laa ilaaha illallahu, wallaahu akbar'

(Glory is to Allah, and praise is to Allah, and there is none worthy of worship but Allah, and Allah is the Most Great.)

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'The uttering of the words Subhanallah, Alhamdullilah, La ilaha illallah and allahu akbar, is dearer to me than anything over which the sun rises.

[MUSLIM]

DEED OF THE DAY

Sincerely seek forgiveness and repent from your sins. It takes just a moment for hearts to turn and be accepted.

To Do List

- Read 20 Pages of Quran
- Memorize fifth verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Make dua and/or give charity for a loved one who has passed away.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

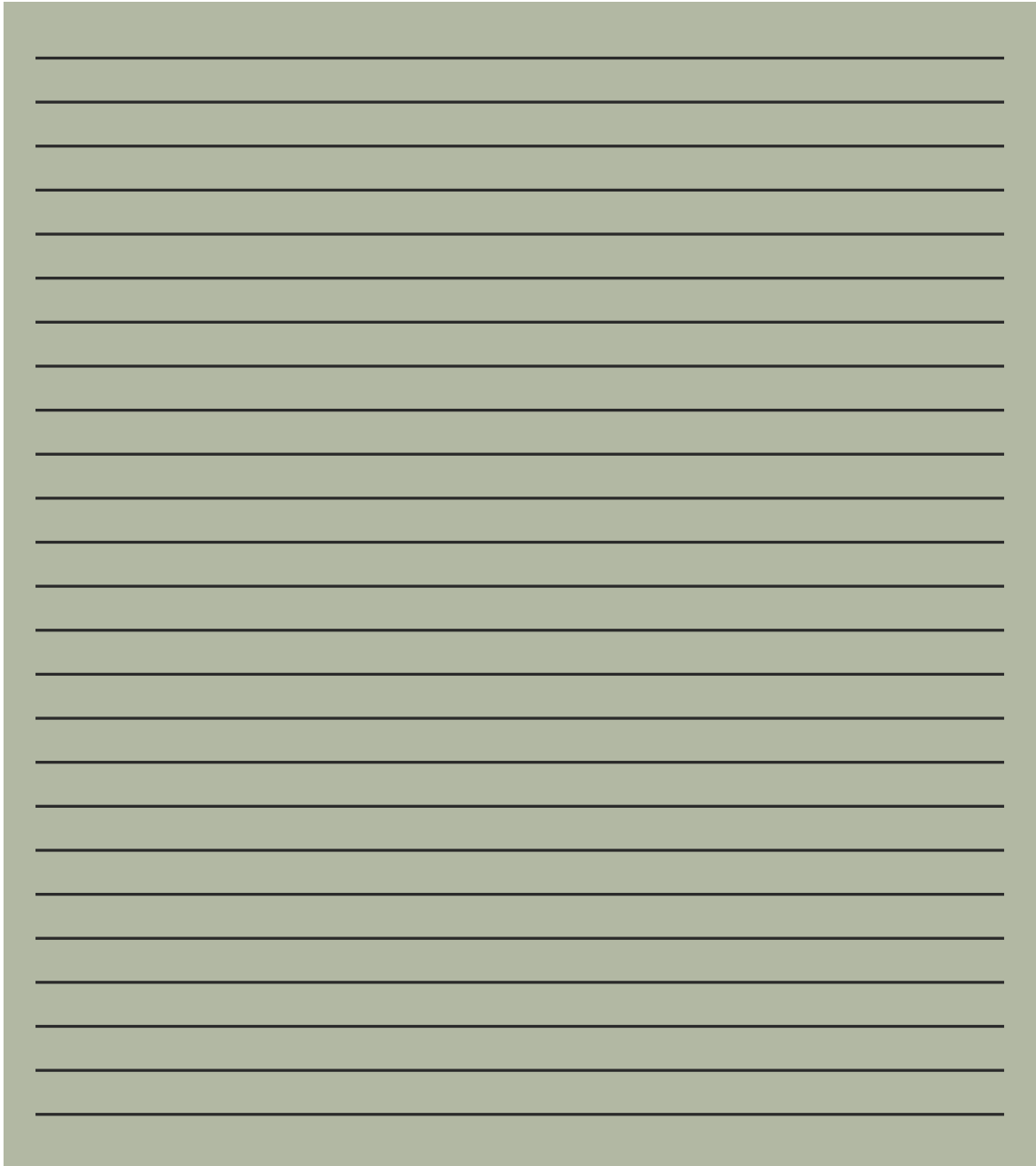
Quran Verse, Day 5

'If you are grateful, I will surely
increase you [in favor]'

Surah Ibrahim 14:7

Ponder, Reflect and Connect - 'Al - Mu'min'

The grantor of Security, The One who grants peace and security to His servants, assuring them that He will not wrong them in any way and provides peace and security to His righteous servants.





DAY 6

DUA OF THE DAY

'O Turner of hearts, set firm my
heart upon Your religion.'

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi Subhaanallahi Adheem'
(Glorified is Allah and Praise is He, Glorified is Allah the Most
Great.

Reward:

Narrated by Abu Hurairah(RA):
The Messenger of Allah (saw) said: 'There are two statements that
are light on the tongue to remember, heavy in the Scales and are
dear to the Merciful:
Subhaanalahi wa bihamdhi subhaanalahi adheem

[MUSLIM & BUKHARI]

DEED OF THE DAY

Clear something harmful from the
road or on your path.

To Do List

- Read 20 Pages of Quran
- Memorize sixth verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Post or share something beneficial with others on social media.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

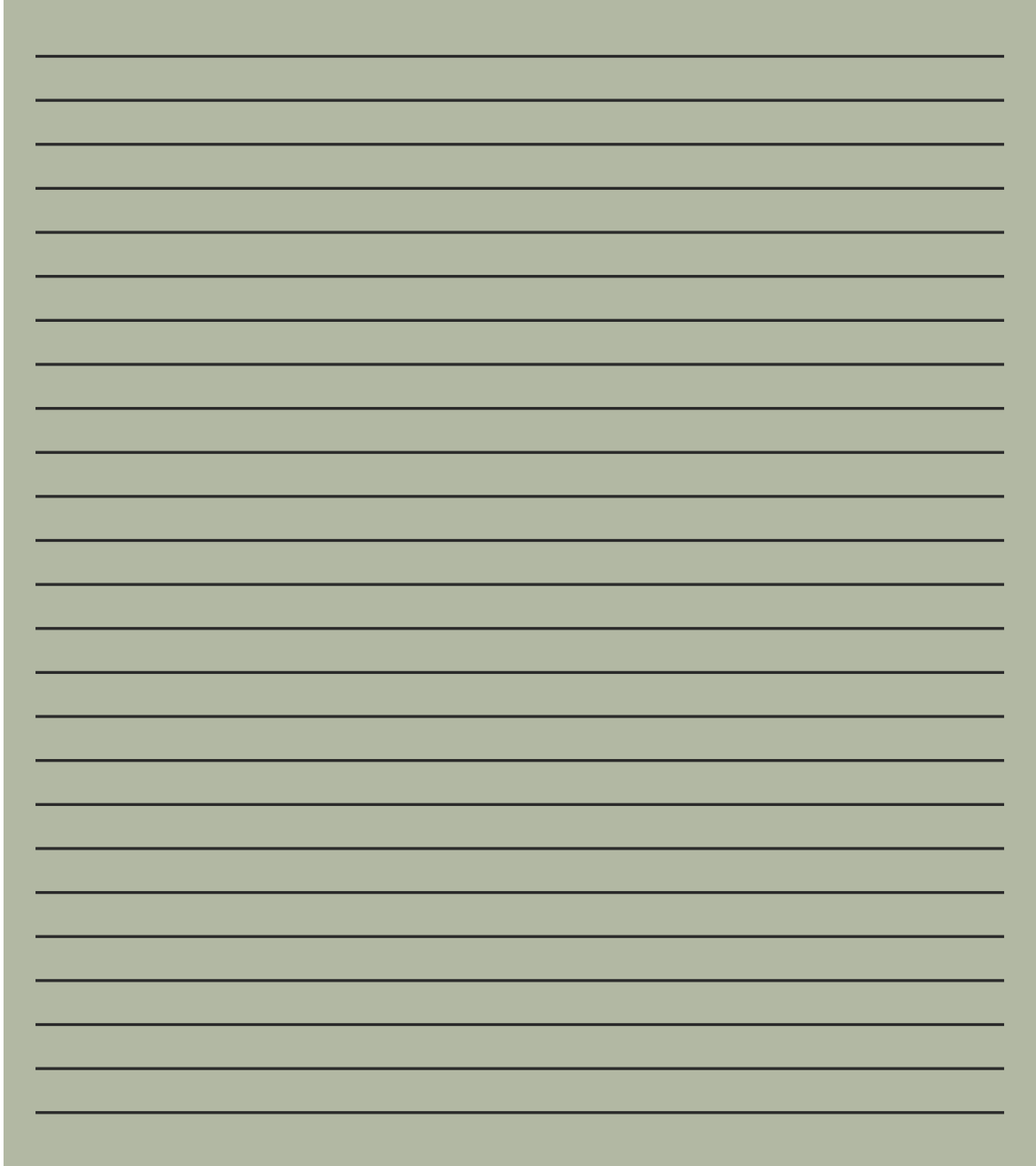
Quran Verse, Day 6

'And He found you lost and guided
[you]'

Surah Ad-Duhaa 93:7

Ponder, Reflect and Connect - 'Al - Muhaymin'

The Ever Watchful, The Witness, The Overseer, The Guardian, The One who watches over His creatures and is fully aware of all their actions, sustenance and the terms He has fixed for them in this life.





DAY 7

DUA OF THE DAY

O Allah, place light in my heart and light on my tongue.
Place light in my hearing and light in my seeing. Place light
behind me and light in front of me. Place light above me and
light below me. O Allah, grant me light!

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi, Adada Khalgih wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude I of His creation, by the weight of His Throne, and by the extent of His Words) 3 times.

Reward:

Narrated by Juwairiyah pint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as i was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there. The Prophet (saw) said 'Are you still in the same position as i left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above)...

[MUSLIM]

DEED OF THE DAY

Buy an islamic book you love for a
friend as a Ramadan gift.

To Do List

- Read 20 Pages of Quran
- Memorize seventh verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Call and check up on your grandparents and male uncles.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

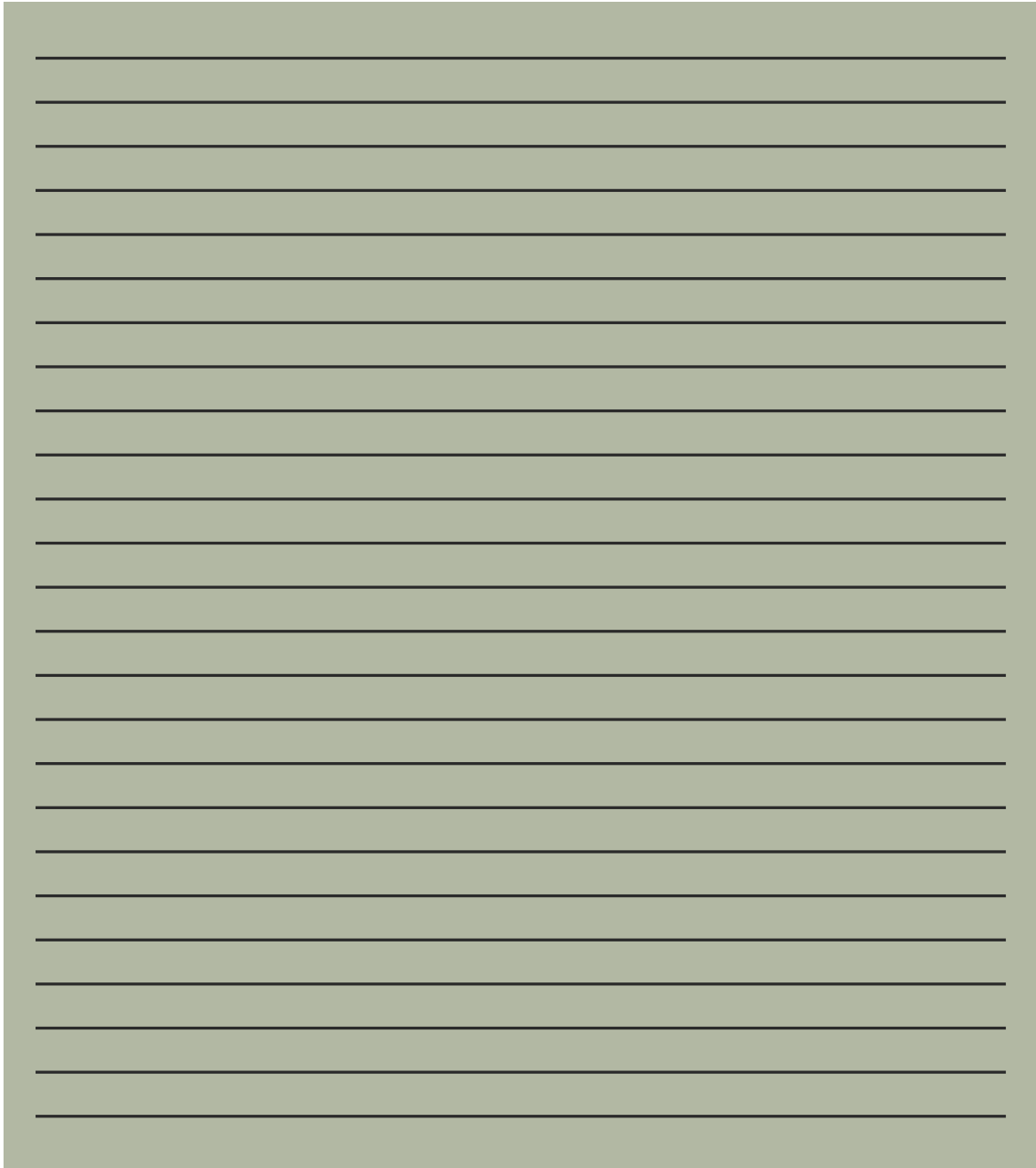
Quran Verse, Day 7

And let there be from you a nation
inviting to good, enjoining what is
right and forbidding what is wrong,
and those will be the successful.

Surah Ali 'Imran 3:104

Ponder, Reflect and Connect - 'Al - Jabbar'

The Most High, The Compeller, the Irresistible and the Sublime, whatever He decrees will come to pass without fail, He compels each and everything to His divine will but is never Himself compelled. He heals the broken-hearted and binds up their wounds, and brings comfort to the weak and to those who turn to Him and seek His refuge.





DAY 8

DUA OF THE DAY

O Allah, distance me from my sins as You have distanced the East from the West. O Allah, cleanse me of my transgressions as the white garment is cleansed of stains. O Allah, wash away my sins with water, snow, and hail.'

DHIKR OF THE DAY

Recite 'Laa ilaaha illallaahu wahdahu laa shareeka lahu, lahul mulku wa lahulhamdu wa huwa alaa kulli shayin qadeer' (None has the right to be worshipped but Allah alone, Who has no partner. He is the dominion and He is the praise and He is able to do all things x100 times

Reward:

Narrated by Abu Hurairah (RA):

The Messenger of Allah (saw) said 'He who utters a hundred times in a day these words (see above) he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against evil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.

[BUKHARI & MUSLIM]

DEED OF THE DAY

Visit an orphanage and volunteer your service and/or buy some toys for the children.

To Do List

- Read 20 Pages of Quran
- Memorize eight verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Control your anger and practice patience.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

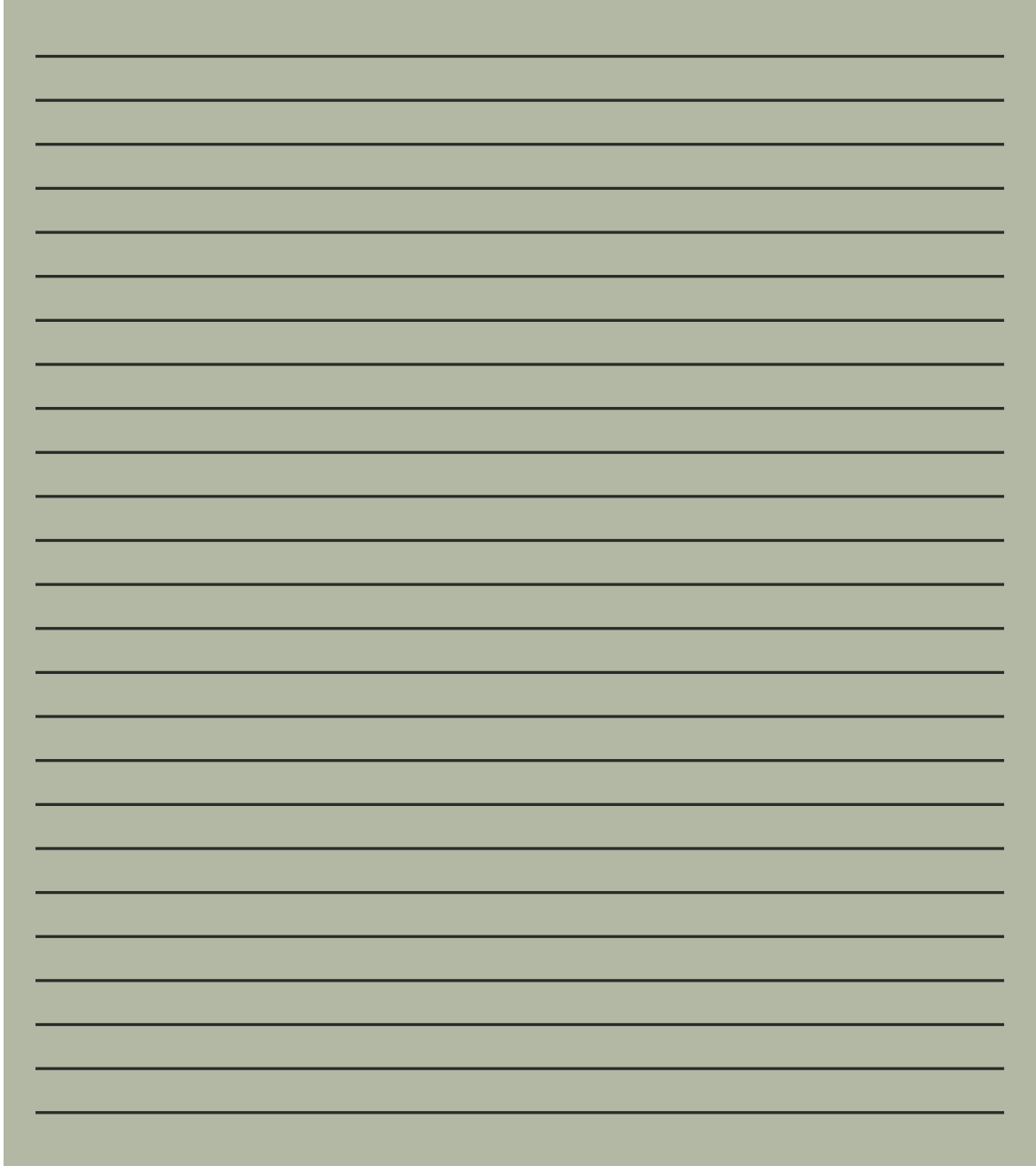
Quran Verse, Day 8

It may be that you dislike a thing
which is good for you and that you
like a thing which is bad for you.
Allah knows but you do not know.

Surah Al-Baqarah 2:216

Ponder, Reflect and Connect - 'Al - Mutakabbir'

The Supreme, The Majestic. He is exalted far above the attributes of all His creation and destroys the tyrants among them. He has rights and privileges and attributes which others do not have.





DAY 9

DUA OF THE DAY

O Allah aid me in remembering you, thanking you, and worshipping you properly.

DHIKR OF THE DAY

Recite 'Astaghfirullaaha wa atoobu ilayhi' (I seek Allah's pardon and turn to him in repentance) x 70 times

Reward:

Narrated by Abu Hurairah (RA):

I heard the Messenger of Allah (saw) saying "I swear by Allah that I seek Allah's pardon and turn to him in repentance more than seventy times a day.

[BUKHARI]

DEED OF THE DAY

Smile! Smile ! Smile! And wish you office janitor, driver, coffee barista a good day.

To Do List

- Read 20 Pages of Quran
- Memorize ninth verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Write down 10 things you are grateful and recite alhamdulillah slowly and meaningfully.

QURAN SCHEDULE

Fajr: 4 Pages
 Dhur: 4 Pages
 Asr: 4 Pages
 Maghreb: 4 Pages
 Isha: 4 Pages

or

Tahajjud: 10 Pages
 Dhur: 5 Pages
 Asr: 5 Pages

or

Personal goal

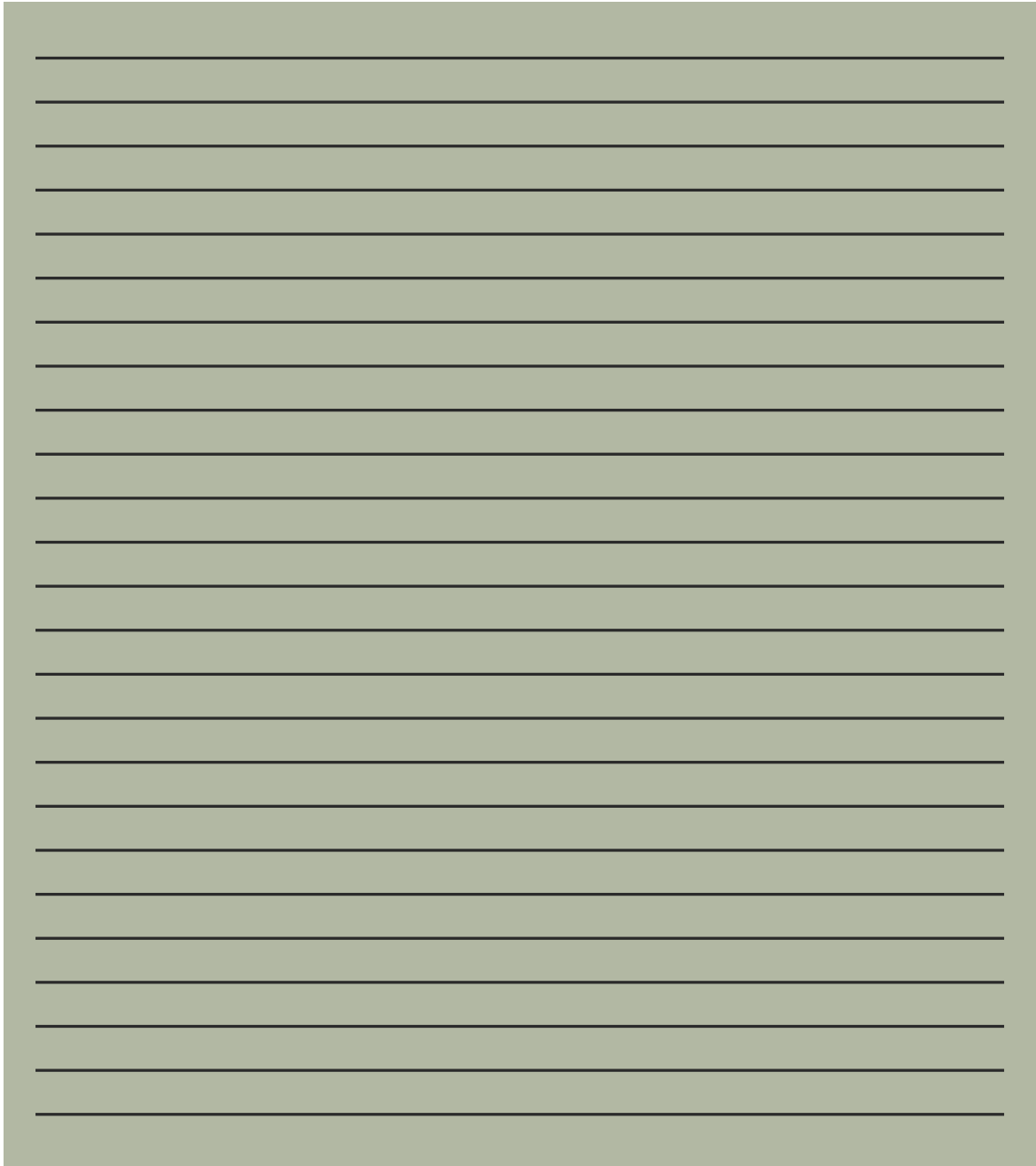
Quran Verse, Day 9

And who despairs from the mercy of
his Lord, except those astray?

Surah Al-Hijr (15:56)

Ponder, Reflect and Connect - 'Al - Khaaliq'

The Creator, The One who creates things from nothing with no precedents. He creates what He pleases and in a perfect manner.





DAY 10

DUA OF THE DAY

O Allah I seek refuge in You from disbelief (kufr), poverty,
and the torment of the grave.

DHIKR OF THE DAY

Recite 'Allahumma Anta Rabbee laa ilaaha lila anta, khalaqtanee wa anda abduka, wa
anda alaa ahdika wa wadika mastatatu, aoothu bika min sharri maa sanatu, abooo'u
laka binimatika alayya wa abooou bithanbee faghfir lee fainnahu la yaghfiruth
thunooba illaa anta' (O allah, You are my Lord, there is none worthy of worship but you.
You created me and I am your slave. I keep Your covenant, I seek refuge in you from
the evil of what i have done. I admit to your blessings upon me and I admit to my
misdeeds. Forgive me, for there is none who may forgive sins but You.

Reward:

Narrated by Shaddah bin Anus (RA):

The Prohet (saw) said 'the best supplication for seeking forgiveness (Syed-uk-Istigfar) is
to say (see above). He who supplicates in these terms during the day with firm belief in
it and dies on the same day (before the evening), he will be one of the dwellers of
Jannah; and if anyone supplicates in these terms during the night with firm belief in it
and dies before the morning, he will be one of the dwellers of Jannah.

[BUKHARI]

DEED OF THE DAY

Think of someone you need to apologise to and reach
out to them and apologise. If you can't, make dua for
them and/or give charity in their name.

To Do List

- Read 20 Pages of Quran
- Memorize tenth verse of Surah Al-Khaf or another surah of choice. "If anyone learns by heart the first ten verses of the Surah al-Kahf, he will be protected from the Dajjal." [Muslim]
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Compliment a friend, co-worker and family member today.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

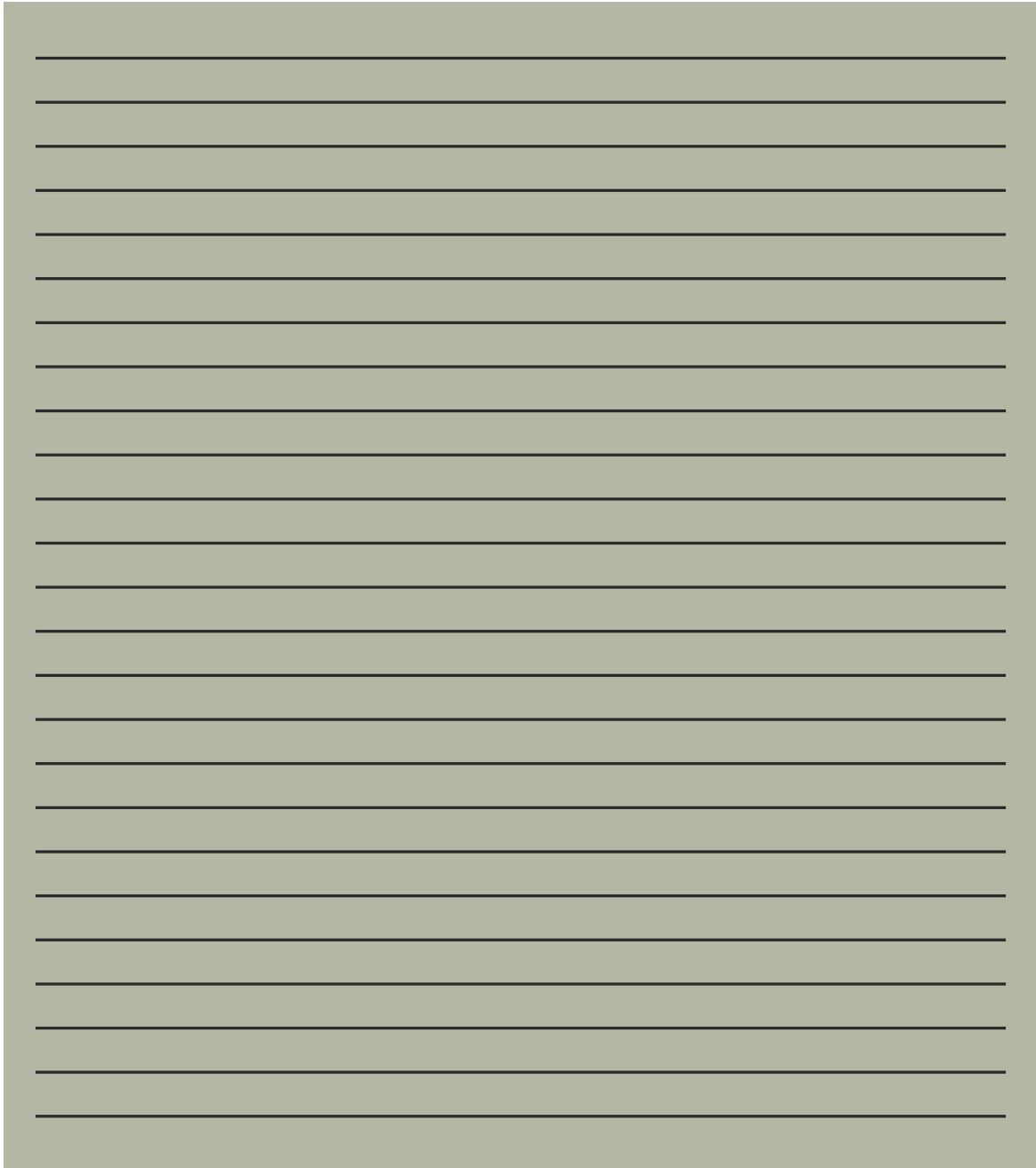
Quran Verse, Day 10

You prefer the life of this world,
while the hereafter is better & more
lasting

Surah Al-A'la (87:16)

Ponder, Reflect and Connect - 'Al - Musawwir'

The Fashioner, The Flawless Shaper. Allah brings into existence whatever He wills in the manner He wills it. He shapes and fashions His creatures in different forms and shapes in His infinite wisdom. He brings into existence whatever He wills and in whatever manner he wills it. He says “Be!” and it is.





DAY II

DUA OF THE DAY

O Allah, I seek refuge in You from the punishment of Hellfire, from the punishment of the grave, from the trials of life and death, and from the evil of the trial of the False Messiah.

DHIKR OF THE DAY

Recite 'Subhanallah' (Glory is to Allah) 100 times.

Reward:

Narrated by Sa'd bin Abu Waqqas (RA):

We were with the Messenger of Allah when he asked, 'Is anyone of you unable to earn a thousand deeds?' One of those present asked: 'How can one earn thousand good deeds in a day?' He (saw) replied, 'By saying Subhannah a hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.'

[MUSLIM]

DEED OF THE DAY

Think of someone you need to forgive and forgive them and make dua for them.

To Do List

- Read 20 Pages of Quran
- Memorize supplication said when wearing a garment: (Alhamdu lillahil-lathee kasanee hatha (aththawb) warazaqaneehi min ghayri hawlin minnee wala quwwah). 'All Praise is for Allah who has clothed me with this garment and provided it for me, with no power nor might from myself.'
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Kiss or hug a family member today and let them know how much you love them

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

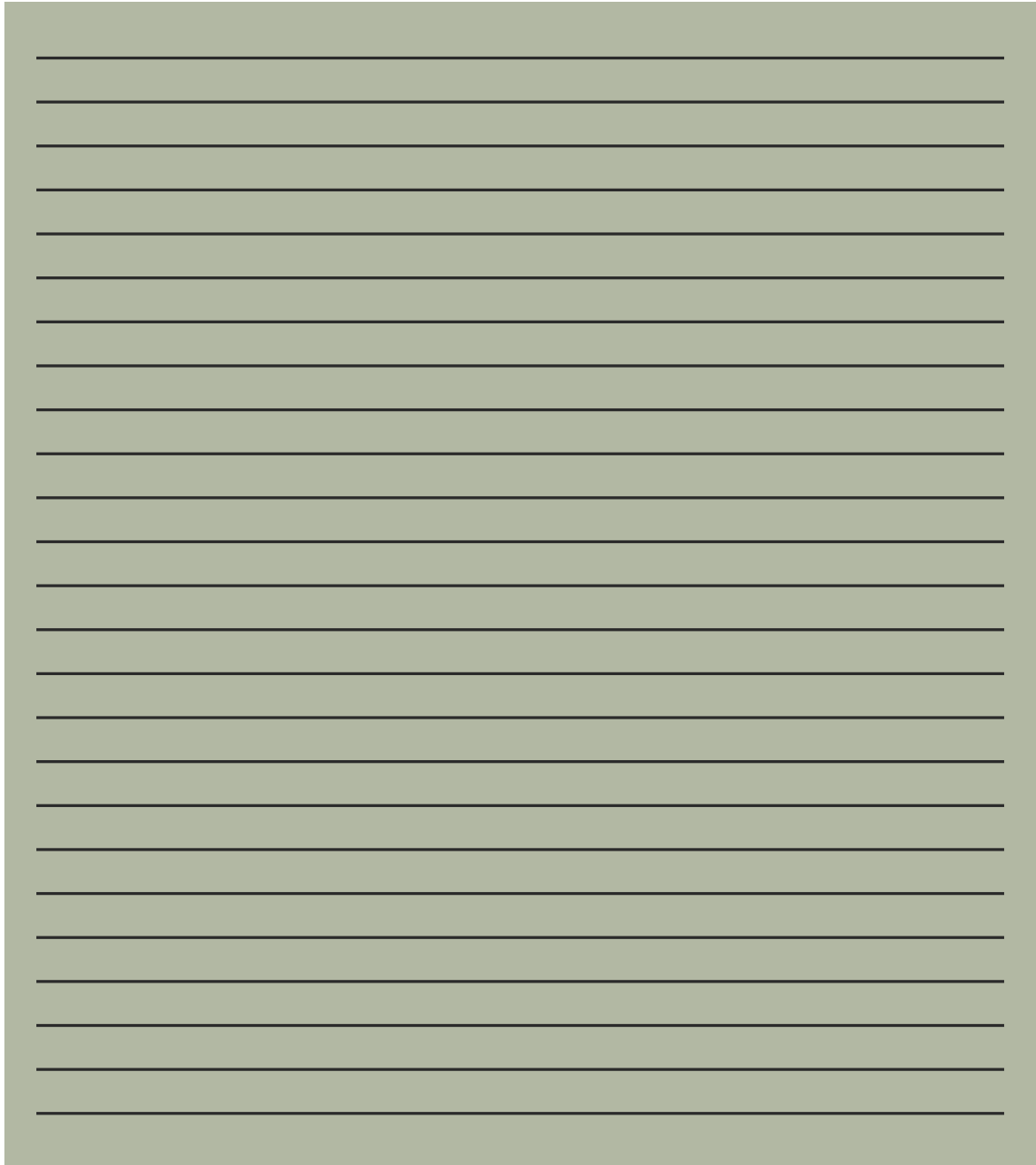
Quran Verse, Day 11

So when the Qur'an is recited, then
listen to it and pay attention that you
may receive mercy.

Surah Al-Araf (7:204)

Ponder, Reflect and Connect - 'Al - Ghaffar'

The Ever Forgiving, The Most Forgiving, The One who forgives sins and accepts the repentance of all those who turn to Him; He conceals the sins of His servants, shows never-ending compassion to them and lavishes kindness on them.





DAY 12

DUA OF THE DAY

My Lord, have mercy on them (my parents) as they raised me
when I was young.

DHIKR OF THE DAY

Recite 'Subhannallahi Wa Bihamdihi' (Glory is Allah and praised is He)
× 100 times.

Reward:

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a day, will be forgiven
all his sins even if they were as much as the foam of the sea."

[BUKHARI]

DEED OF THE DAY

Write a heartfelt thank you note to someone that is
not expecting it.

To Do List

- Read 20 Pages of Quran
- Memorize supplication said Before entering the toilet: (Bismillah allahumma innee aAAoothu bika minal-khubthi wal-khaba-ith.) In the name of Allah). O Allah, I take refuge with you from all evil and evil-doers.'
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Kiss or hug a family member today and let them know how much you love them.

QURAN SCHEDULE

Fajr: 4 Pages
 Dhur: 4 Pages
 Asr: 4 Pages
 Maghreb: 4 Pages
 Isha: 4 Pages

or

Tahajuud: 10 Pages
 Dhur: 5 Pages
 Asr: 5 Pages

or

Personal goal

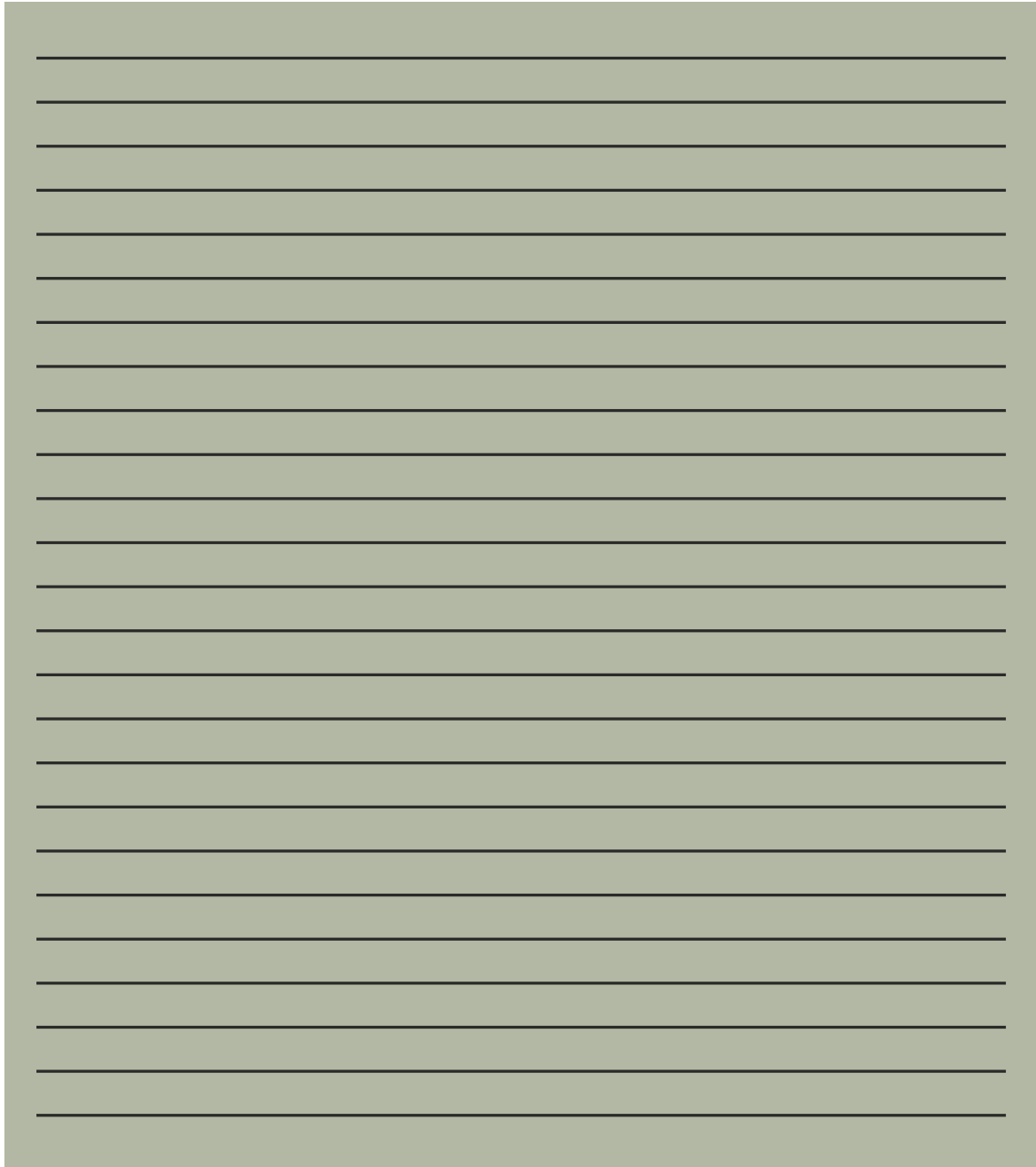
Quran Verse, Day 12

So whoever does an atom's weight of
good will see it

Surah Az-Zalzalah (99:7)

Ponder, Reflect and Connect - 'Al - Qahhar'

The All Dominant, The Prevailing One, He is the One before whom everyone, including tyrants, is humbled. He is also the One who prevails over all His creation and to whom everyone and everything submits.





DAY 13

DUA OF THE DAY

Our Lord, grant us comfort for our eyes among our spouses and offspring, and make us leaders among the righteous.

DHIKR OF THE DAY

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and no might except by Allah) x 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of Allah!' Thereupon he (saw) said, 'Recite "'Laa hawla wa la quwwata illa billaah'.

[BUKHARI & MUSLIM]

DEED OF THE DAY

Feed an animal.

To Do List

- Read 20 Pages of Quran
- Memorize supplication said when leaving the home::
(Bismil-lah, tawakkaltu AAalal-lah, wala hawla wala quwwata illa billah.) In the name of Allah, I place my trust in Allah, and there is no might nor power except with Allah.
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Donate some your clothes to family members that need and will appreciate it most.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 13

And never say of anything, “Indeed, I will do that tomorrow,” Except [when adding], “If Allah wills”

Surah Al-Kahf 18:23

Ponder, Reflect and Connect - 'Ar - Razzaq'

The Provider, The Sustainer, He takes it upon Himself to provide sustenance to all His creatures without exception. He also takes it upon Himself to grant, with His immense mercy and grace, His righteous servants, special provision, namely, blessings of faith and lawful earnings.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



DAY 14

DUA OF THE DAY

O Allah, I seek refuge in Your pleasure from Your wrath, and in Your forgiveness from Your punishment. I seek refuge in You from You. I cannot fully praise you. You are as You have praised Yourself.

DHIKR OF THE DAY

Recite 'Subhaanallahi, Walhamdu lillaahi, wa laa ilaaha illallahu, wallaahu akbar' (Glory is to Allah, and praise is to Allah, and there is none worthy of worship but Allah, and Allah is the Most Great.)

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'The uttering of the words Subhanallah, Alhamdullilah, La ilaha illallah and allahu akbar, is dearer to me than anything over which the sun rises.

[BUKHARI & MUSLIM]

DEED OF THE DAY

Go to the mosque to pray.

To Do List

- Read 20 Pages of Quran
- Memorize supplication said when entering the home: (Bismil-lahi walajna, wabismil-lahi kharajna, waAAala rabbina tawakkalna.) In the name of Allah we enter and in the name of Allah we leave, and upon our Lord we place our trust.
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Be kind to your domestic staff and express your gratitude to them.

QURAN SCHEDULE

Fajr: 4 Pages
 Dhur: 4 Pages
 Asr: 4 Pages
 Maghreb: 4 Pages
 Isha: 4 Pages

or

Tahajuud: 10 Pages
 Dhur: 5 Pages
 Asr: 5 Pages

or

Personal goal

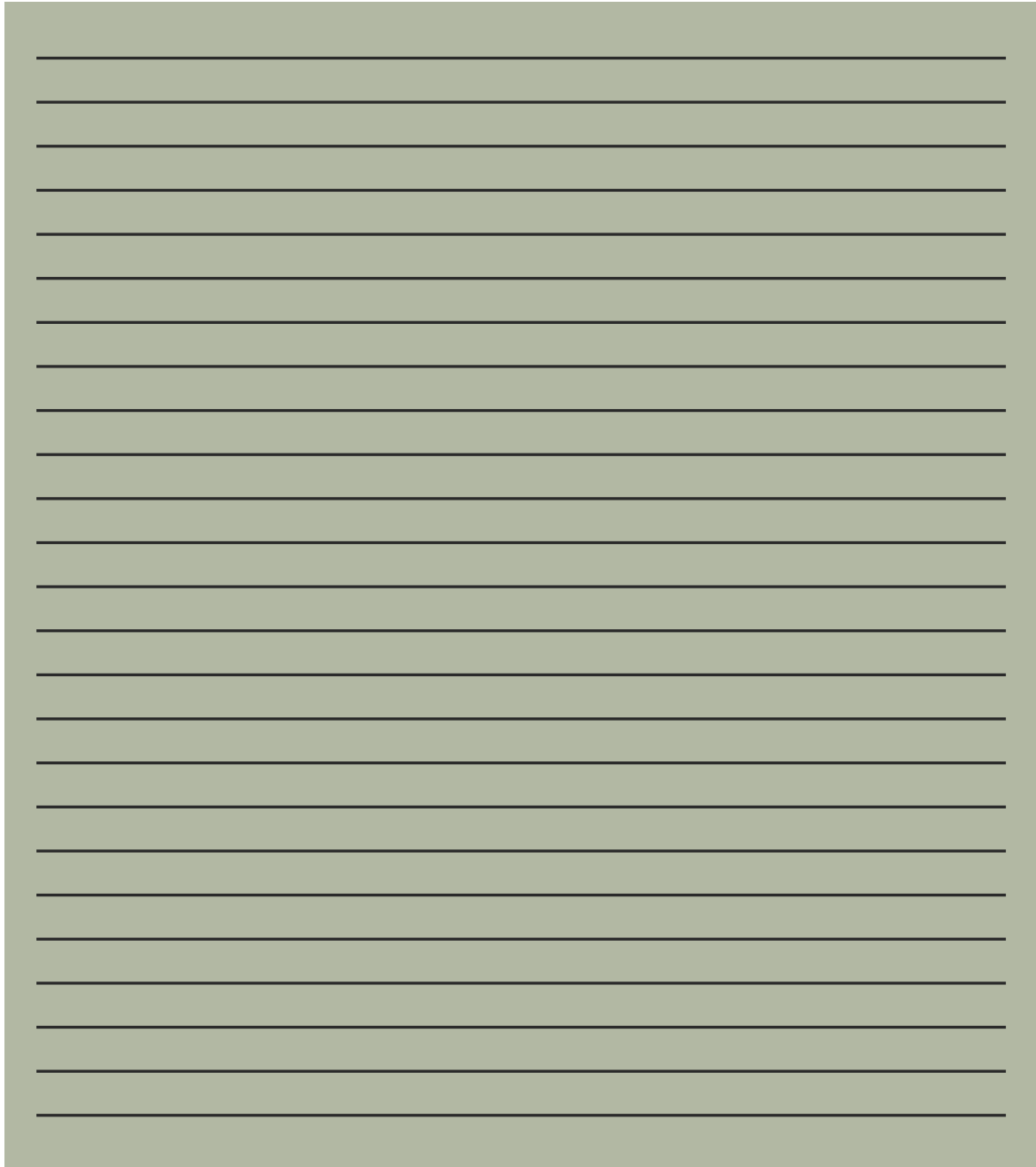
Quran Verse, Day 14

There is no compulsion in religion.

Al-Baqarah 2:256

Ponder, Reflect and Connect - 'Al - Fattah'

The Opener, The Reliever, The superb Arbiter, He judges between His servants, opens the doors of sustenance and mercy for them, as well as the doors closed in their faces and thus makes things easy for them.





DAY 15

DUA OF THE DAY

O Allah, I ask You from all that is good, in this world and in the hereafter, what I know and what I do not know. O Allah, I seek refuge with You from all evil, in this world and in the hereafter, what I know and what I do not know. O Allah, I ask You for the good that Your slave and Prophet has asked You for, and I seek refuge with You from the evil from which Your slave and Prophet sought refuge.

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi Subhaanallahi Adheem' (Glorified is Allah and Praise is He. Glorified is Allah the Most Great.

Reward:

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw said: 'There are two statements that are light on the tongue to remember, heavy in the Scales and are dear to the Merciful: Subhaanalahi wa bihamdhi subhaanalahi adheem.'

[BUKHARI & MUSLIM]

DEED OF THE DAY

Call and check up on all your aunts.

To Do List

- Read 20 Pages of Quran
- Memorize supplication said upon experiencing unrest, fear, apprehensiveness and the like during sleep (aAAoothu bikalimatil-lahit-tammat min ghadabih, waAAaiqabih, washarri AAibadih, wamin hamazatish-shayateen, wa-an yahduroon.) I take refuge in the perfect words of Allah from His anger and punishment, and from the evil of His servants, and from the madness and appearance of devils.
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Give Sadaqah

QURAN SCHEDULE

Fajr: 4 Pages
 Dhur: 4 Pages
 Asr: 4 Pages
 Maghreb: 4 Pages
 Isha: 4 Pages

or

Tahajuud: 10 Pages
 Dhur: 5 Pages
 Asr: 5 Pages

or

Personal goal

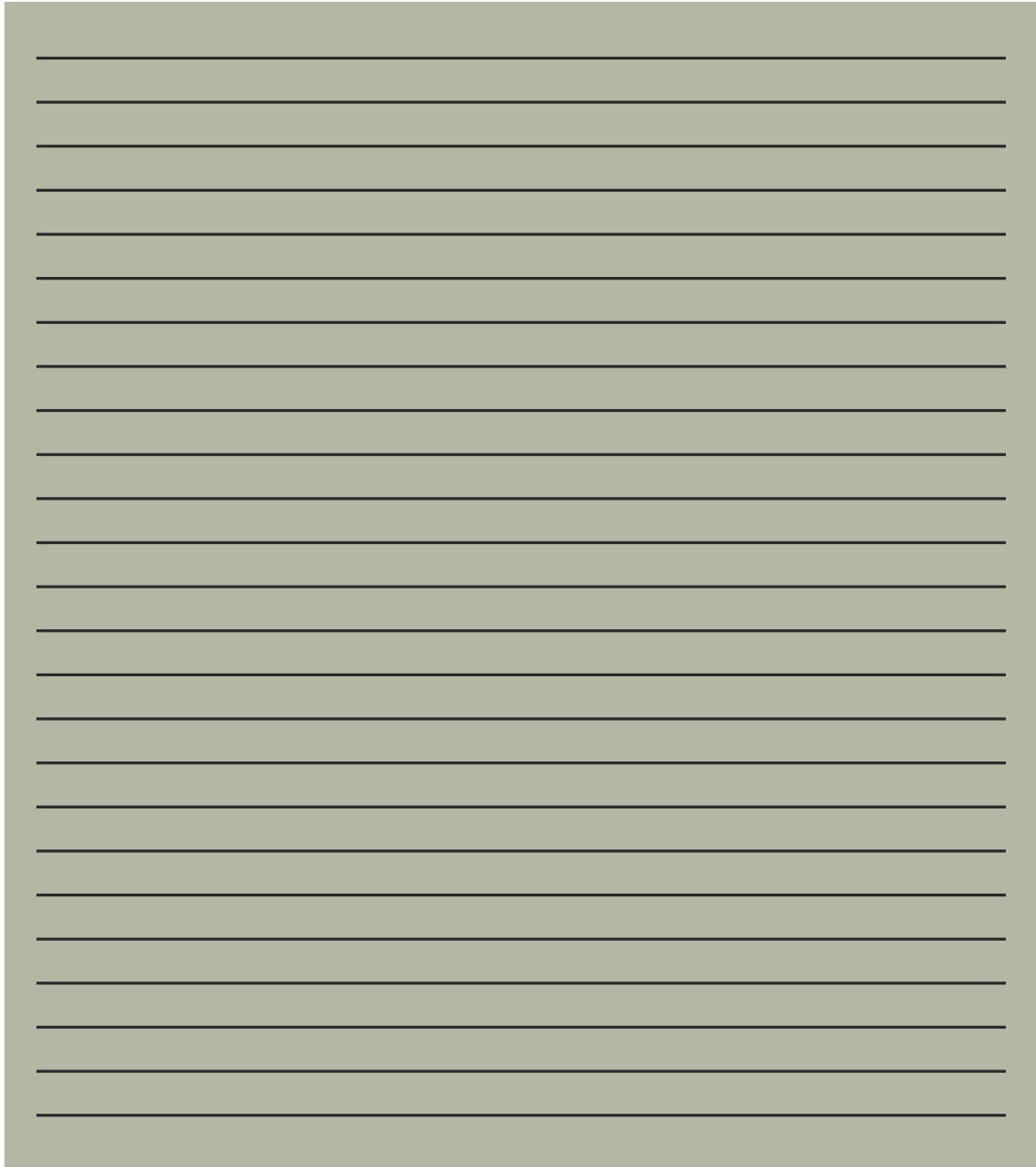
Quran Verse, Day 15

Do not follow that of which you have
no knowledge. Indeed! The hearing,
the sight and the heart – about each
of these you will be questioned

Al-Isra 17:36

Ponder, Reflect and Connect - 'Al - Alim'

The All-Knowing One, The Omniscient One, Allah's knowledge is comprehensive and extends to all that is seen and unseen, apparent and hidden, present and future, near and far. His knowledge precedes and he is intuitively aware of all things, even before they happen.





DAY 16

DUA OF THE DAY

O Allah, I ask You for Paradise and for that which brings one closer to it, in word and deed. And I seek refuge in You from Hell and from that which brings one closer to it, in word and deed. And I ask You to make every decree that You decree concerning me good.

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi, Adada Khalgihi wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude of His creation, by the weight of His Throne, and by the extent of His Words) 3 times.

Reward:

Narrated by Juwairiyah pint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there. The Prophet (saw) said 'Are you still in the same position as I left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above).

[MUSLIM]

DEED OF THE DAY

Maintain the bonds of kinship.

Have a sit-down with your parents and ask them about their brothers/sisters/step siblings/uncles/aunts, etc. Draw a family tree and keep a digital copy on your computer or phone and try to get all their contacts and reach out and reconnect to a relative you haven't spoken to in a while.

To Do List

- Read 20 Pages of Quran
- Memorize supplication for anxiety and sorrow
(Allahumma innee aAoothu bika minal-hammi walhuzn, walAAajzi walkasali walbukhli waljubn, wadalAAid-dayni waghalabatir-rijal) O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debts and from being over powered by men.
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Spend quality time with your kids, niece/nephew, godchildren or any other child.

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 16

And do not let your dislike of a
people lead you to be unjust

Al-Ma-idah 5:8

Ponder, Reflect and Connect - 'Al - Baar'

The Source of all goodness, The Righteous, The One who is the great benefactor, He is ample in kindness and desires good to people bestowing them with health, wealth, and happiness. He is ever merciful and compassionate. He is The One who covered them with His sustenance and specified whoever He willed among them by His support, protection, and special mercy.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly aged or off-white appearance.



DAY 17

DUA OF THE DAY

O Allah, set right for me my religion which is the safeguard of my affairs. And set right for me the affairs of my world in which is my livelihood. And set right for me my hereafter to which is my return. And make life for me a means of accumulating good, and make death for me a source of relief from every evil.

DHIKR OF THE DAY

Recite 'Laa ilaaha illallaahu wahdahu la shareeka lahu, lahul mulku wa la hulhamdu wa huwa alaa kulli shayin qadeer' (None has the right to be worshipped but Allah alone, Who has no partner. He is the dominion and He is the praise and He is able to do all things ×100 times

Reward:

Narrated by Abu Hurairah (RA):

The Messenger of Allah (saw) said 'He who utters a hundred times in a day these words (see above) he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against evil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him

[BUKHARI & MUSLIM]

DEED OF THE DAY

Do something extra kind for your spouse or parents.

To Do List

- Read 20 Pages of Quran
- Memorize supplication for Supplication for one whose affairs have become difficult (Allahumma la sahla illa ma jaAAaltahu sahla, wa-anta tajAAalul- hazana in shi/ta sahla.) 'O Allah, there is no ease except in that which You have made easy, and You make the difficulty, if You wish, easy.'
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Delete unnecessary apps from your phone.

QURAN SCHEDULE

Fajr: 4 Pages
 Dhur: 4 Pages
 Asr: 4 Pages
 Maghreb: 4 Pages
 Isha: 4 Pages

or

Tahajuud: 10 Pages
 Dhur: 5 Pages
 Asr: 5 Pages

or

Personal goal

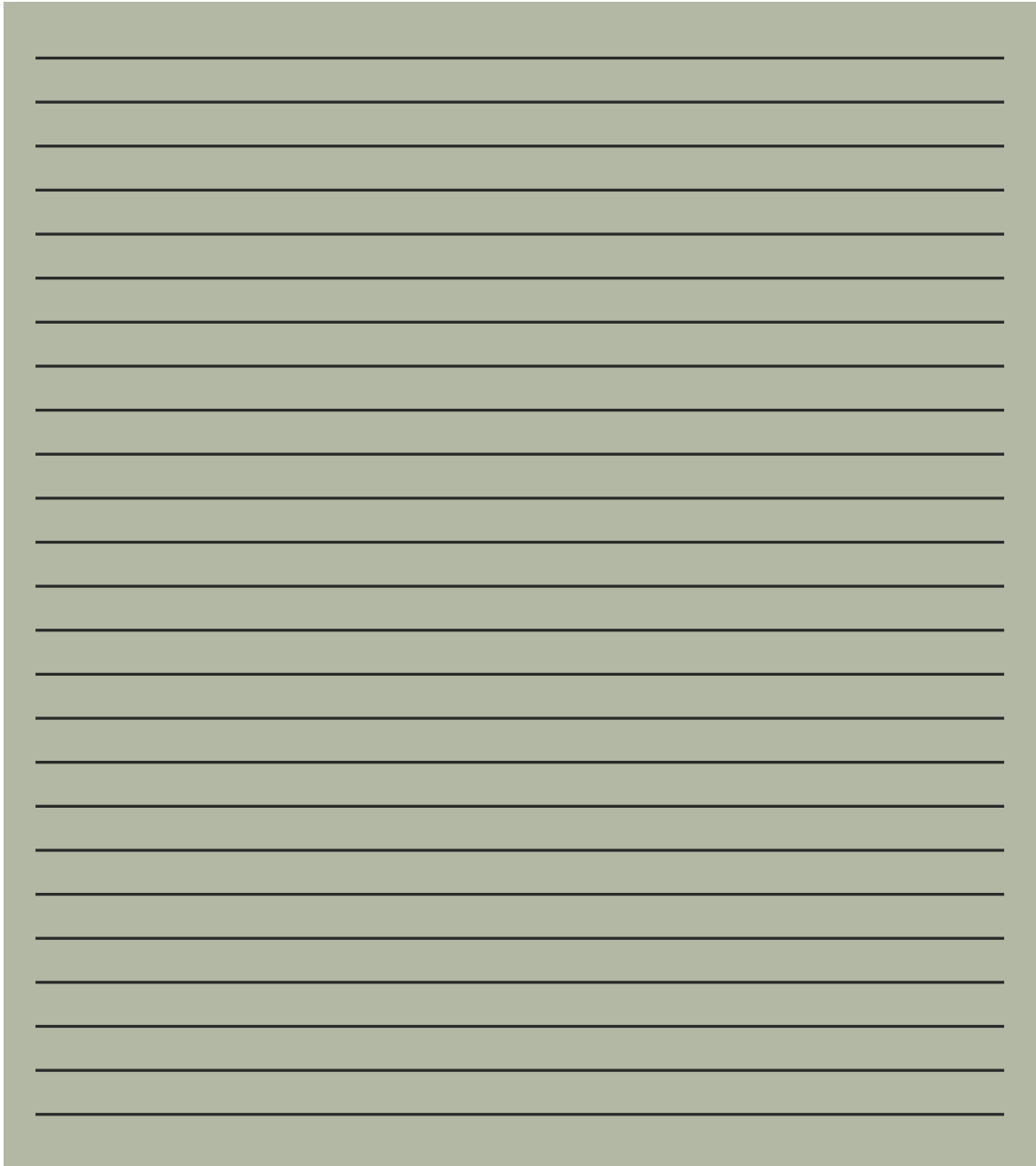
Quran Verse, Day 17

Allah (SWT) does not burden a soul
except with that within its capacity

Al-Baqarah 2:286

Ponder, Reflect and Connect - 'Al - Haleem'

The All-Forbearing, Allah is so patient and forbearing that He does not punish His slaves for any sin they commit; rather, He gives them the opportunity to make amends and turn to Him in repentance. He is ever calm and deliberate, never acting hastily, even with the wrongdoers. He forgives them, in His infinite mercy, even though He can punish them for the sins they commit.





DAY 18

DUA OF THE DAY

O Allah, I ask you for guidance, piety, abstinence (from the unlawful) and contentment.

DHIKR OF THE DAY

Recite 'Astaghfirullaaha wa atoobu ilayhi' (I seek Allah's pardon and turn to him in repentance x 70 times

Reward:

Narrated by Abu Hurairah (RA):

I heard the Messenger of Allah (saw) saying 'I swear by Allah that I seek Allah's pardon and turn to him in repentance more than seventy times a day.

[BUKHARI]

DEED OF THE DAY

Fulfil a promise you made to someone.

To Do List

- Read 20 Pages of Quran
- Memorize supplication for one afflicted by a calamity (Inna lillahi wa-inna ilayhi rajiAAoon, allahumma/- jurnee fee museebatee wakhluf lee khayran minha) To Allah we belong and unto Him is our return. O Allah, recompense me for my affliction and replace it for me with something better.
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Assist with the house chores and help to prepare Iftar.

QURAN SCHEDULE

Fajr: 4 Pages
 Dhur: 4 Pages
 Asr: 4 Pages
 Maghreb: 4 Pages
 Isha: 4 Pages

or

Tahajuud: 10 Pages
 Dhur: 5 Pages
 Asr: 5 Pages

or

Personal goal

Quran Verse, Day 18

Allah (SWT) wants to lighten for you
your difficulties, and mankind was
created weak

An-Nisa 4:28

DAY 18

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.





DAY 19

DUA OF THE DAY

Ya Allah, bless my siblings and their marriages. Bind us together with love. Do not let Shaytan break our bond.

DHIKR OF THE DAY

Recite 'Allahumma Anta Rabbee laa ilaaha lila anta, khalaatanee wa anaa abduka, wa anda alaa ahdika wa wadika mastatatu, aoothu bika min sharri maa sanatu, abooo u laka binimatika alayya wa aboooo bithanbee faghfir lee fainnahu la yaghfiruth thunooba illaa anta' (O allah, You are my Lord, there is none worthy of worship but you. You created me and I am your slave. I keep Your covenant, I seek refuge in you from the evil of what i have done. I admit to your blessings upon me and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Reward:

Narrated by Shaddah bin Anus (RA):

The Prohet (saw) said 'the best supplication for seeking forgiveness (Syed-uk-Istigfar) is to say (see above). He who supplicates in these terms during the dayw ith firm belief in it and dies on the same day (before the evening), he will be one of the dwellers of Jannah; and if anyone supplicates in these terms during the night with firm belief in it and dies before the morning, he will be one of the dwellers of Jannah.

[BUKHARI]

DEED OF THE DAY

Recite surah ikhlas x3 and earn the reward of completing the whole Quran.

To Do List

- Read 20 Pages of Quran
- Memorize supplication for when it rains (Allahumma sayyiban nafiAAa). O Allah, may it be a beneficial rain cloud.
- Pray Taraweeh
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Try your best to maintain khushoo (full concentration and devotion) in your salat.
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 19

Allah (SWT) will not change the
condition of a people until they
change what is in their hearts

Ar-Ra'd 13:11

Ponder, Reflect and Connect - 'Al - Mujeeb'

The Responsive, Allah favourably responds to the supplications and requests of His slaves. He answers their supplications and grants their requests. He is the responder to all needs, invitations, and prayers.

[illegible]



DAY 20

DUA OF THE DAY

Ya Allah, make me love You, The Prophet (SAW),
Your Deep, Your Quran the way it deserves to be
loved.

DHIKR OF THE DAY

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and
no might except by Allah) × 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a
treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of
Allah!' Thereupon he (saw) said, 'Recite
'"Laa hawla wa la quwwata illa billaah'.

[BUKHARI & MUSLIM]

DEED OF THE DAY

Host a friend or colleague and their family for iftar.

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for fajr
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

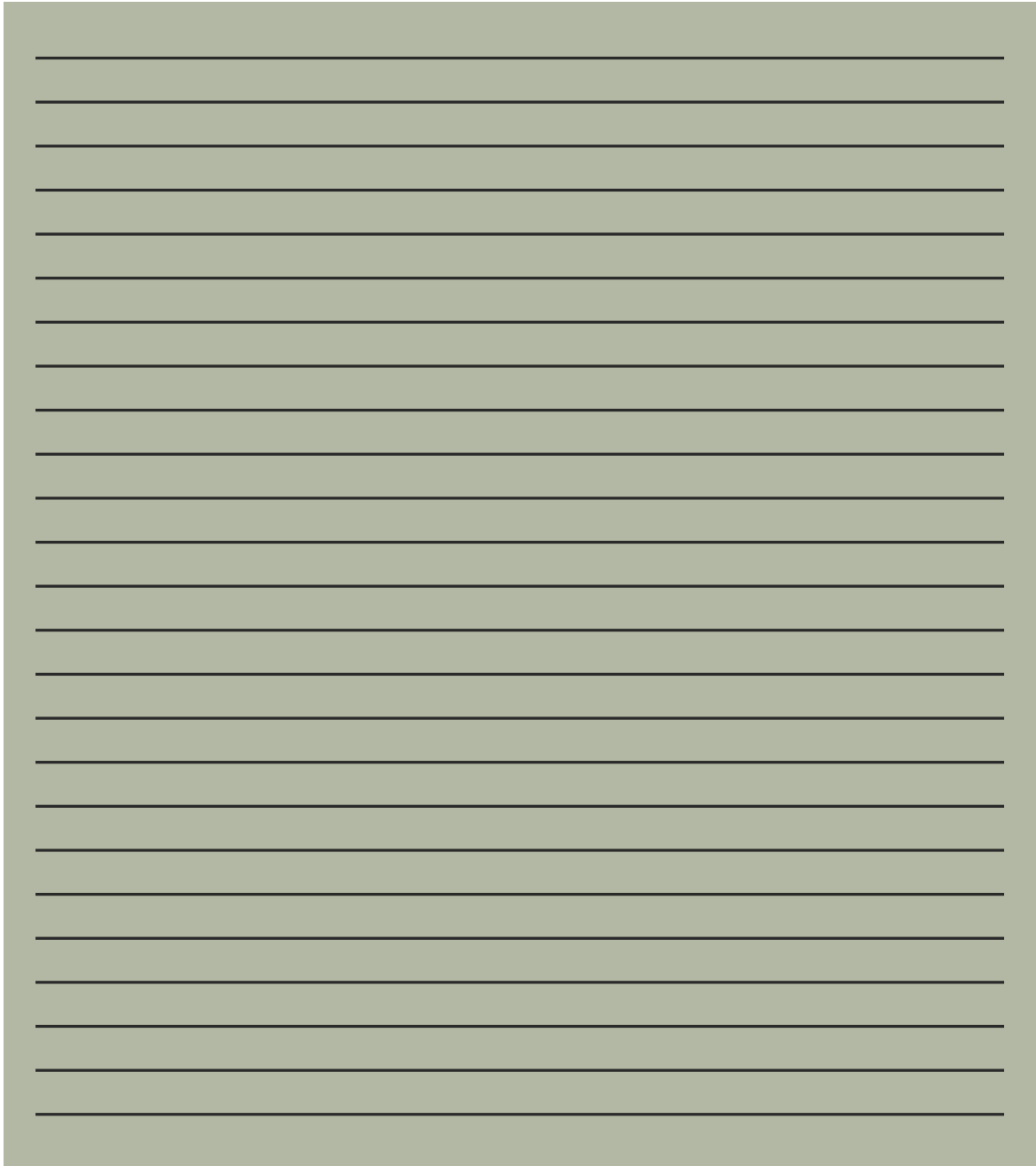
Quran Verse, Day 20

So endure patiently, with beautiful
patience

Al-Ma'arij 70:5

Ponder, Reflect and Connect - 'Al - Hayy'

The Ever-Living, He is the One who will remain and will never die. He is perfect and not subject to death or sickness. He is eternally whole and sound whom all life arises from





DAY 21

DUA OF THE DAY

Ya Allah, make me love You, The Prophet (SAW),
Your Deep, Your Quran the way it deserves to be
loved.

DHIKR OF THE DAY

Recite 'Subhannallahi Wa Bihamdihi' (Glory is Allah and praised is
He) × 100 times.

Narrated by Abu Hurairah (RA):

"Whoever says 'Subhannallahi wa Bihamdihi', one hundred times a
day, will be forgiven all his sins even if they were as much as the
foam of the sea."

Reward:

[BUKHARI]

DEED OF THE DAY

Volunteer to clean up your local masjid

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Dhur
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

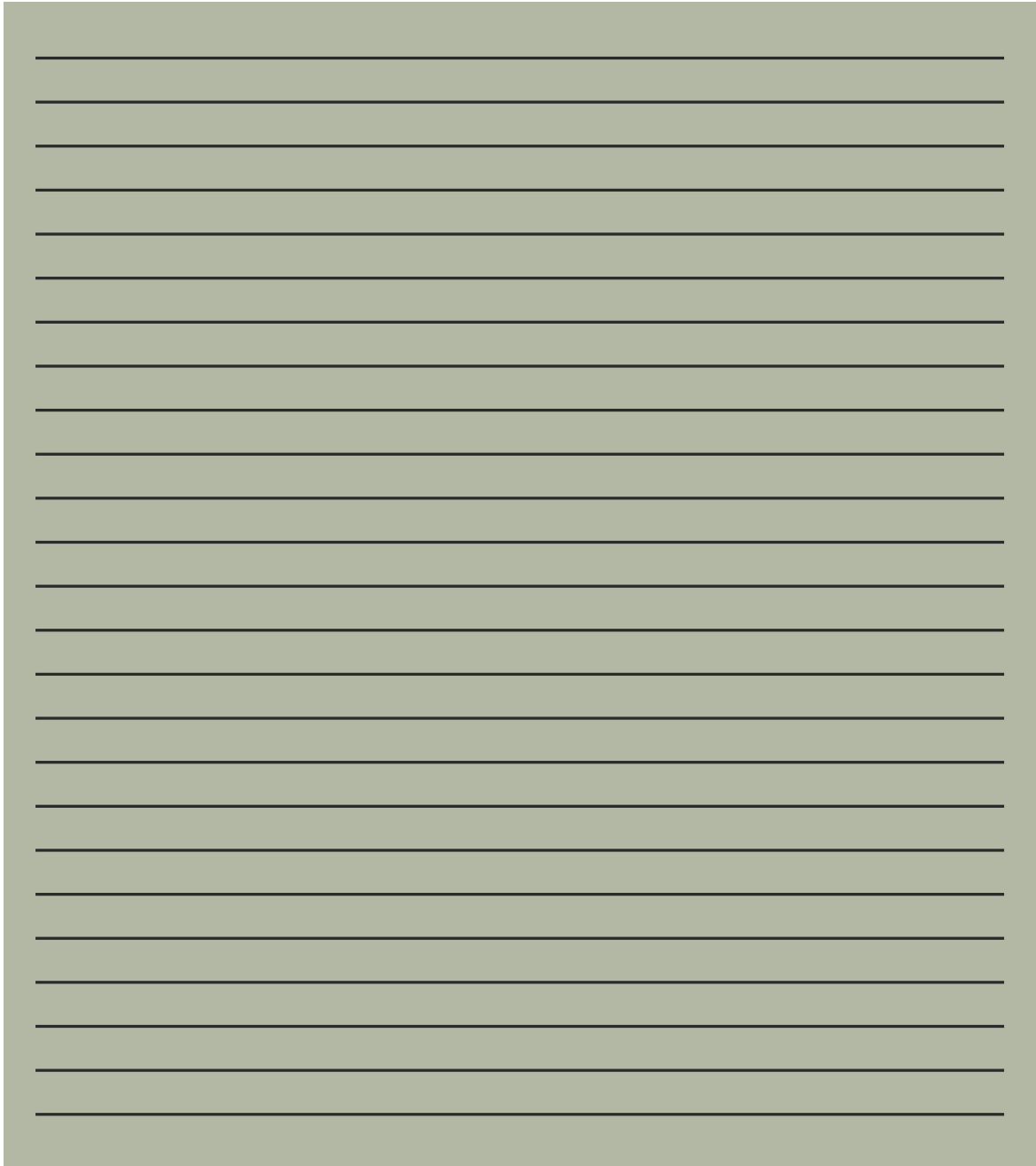
Quran Verse, Day 21

Do not be afraid; I am with you all
the time, listening and seeing

Surah Taha 20:46

Ponder, Reflect and Connect - 'An - Noor'

The Light, The One who guides. The One who illuminates and reveals the divine light of all the worlds. His light illuminates the heart and provides clarity and guidance.





DAY 22

DUA OF THE DAY

Ya Allah, make me among the Muhsineen, the
Muttaqeen, the Mukhliseen, the Sabiqoon fit ilm

DHIKR OF THE DAY

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and
no might except by Allah) x 100

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a
treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of
Allah!' Thereupon he (saw) said, 'Recite
'''Laa hawla wa la quwwata illa billaah'.

Reward:

[BUKHARI & MUSLIM]

DEED OF THE DAY

Water a plant

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Asr
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 22

When you have taken a decision put
your trust in Allah (SWT)

Al-'Imran 3:159

Ponder, Reflect and Connect - 'At - Tawwab'

The Acceptor of Repentance, The Oft-Forgiving, The Acceptor of our Return, The One who beckons for our return. He repeatedly turns mankind towards repentance should they journey temporarily on the wrong path. Allah is lenient and restores grace to those who repent and forgives those who seek forgiveness.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly aged or off-white appearance.



DAY 23

DUA OF THE DAY

Ya Allah, remove the love of this world in its degrees and forms from my heart.

DHIKR OF THE DAY

Recite 'Subhaanallahi, Walhamdu lillaahi, wa laa ilaaha illallahu, wallaahu akbar' (Glory is to Allah, and praise is to Allah, and there is none worthy of worship but Allah, and Allah is the Most Great.)

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw) said: 'The uttering of the words Subhanallah, Alhamdullilah, La ilaha illallah and allahu akbar, is dearer to me than anything over which the sun rises.

Reward:

[MUSLIM]

DEED OF THE DAY

Attend a blessed gathering or participate in an online islamic discussion

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Maghreb
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

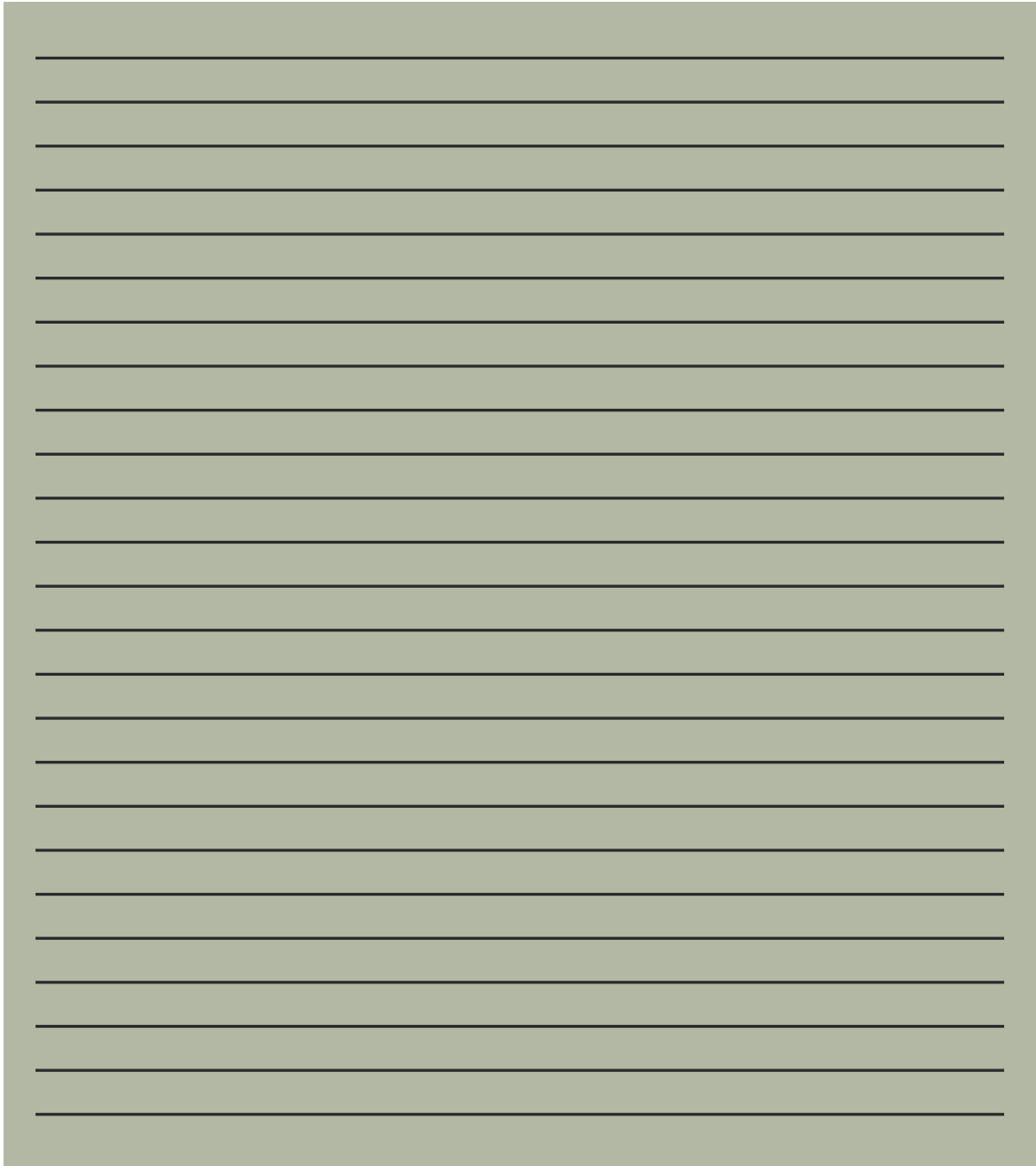
Quran Verse, Day 23

If Allah (SWT) knows any good in
your hearts, He will give you
something better than what has been
taken from you

Al-Anfal 8:70

Ponder, Reflect and Connect - 'Al - Afuw'

The Supreme Pardoner, The Forgiver, The Eliminator of sins, The One who pardons sins and leaves no trace of any fault. He also pardons evil intentions if they do not materialize.





DAY 24

DUA OF THE DAY

Ya Allah, shield, increase and protect the love,
mercy, Barakah, between me and my spouse for as
long as we live and reward my spouse Your best
reward for her/his striving for my family

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi Subhaanallahi Adheem'
(Glorified is Allah and Praise is He. Glorified is Allah the Most
Great.

Narrated by Abu Hurairah(RA):

The Messenger of Allah (saw said: 'There are two statements that are
light on the tongue to remember, heavy in the Scales and are dear to
the Merciful: Subhaanalahi wa bihamdhi subhaanalahi adheem.'

Reward:

[MUSLIM & BUKHARI]

DEED OF THE DAY

Share beneficial knowledge

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Isha
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

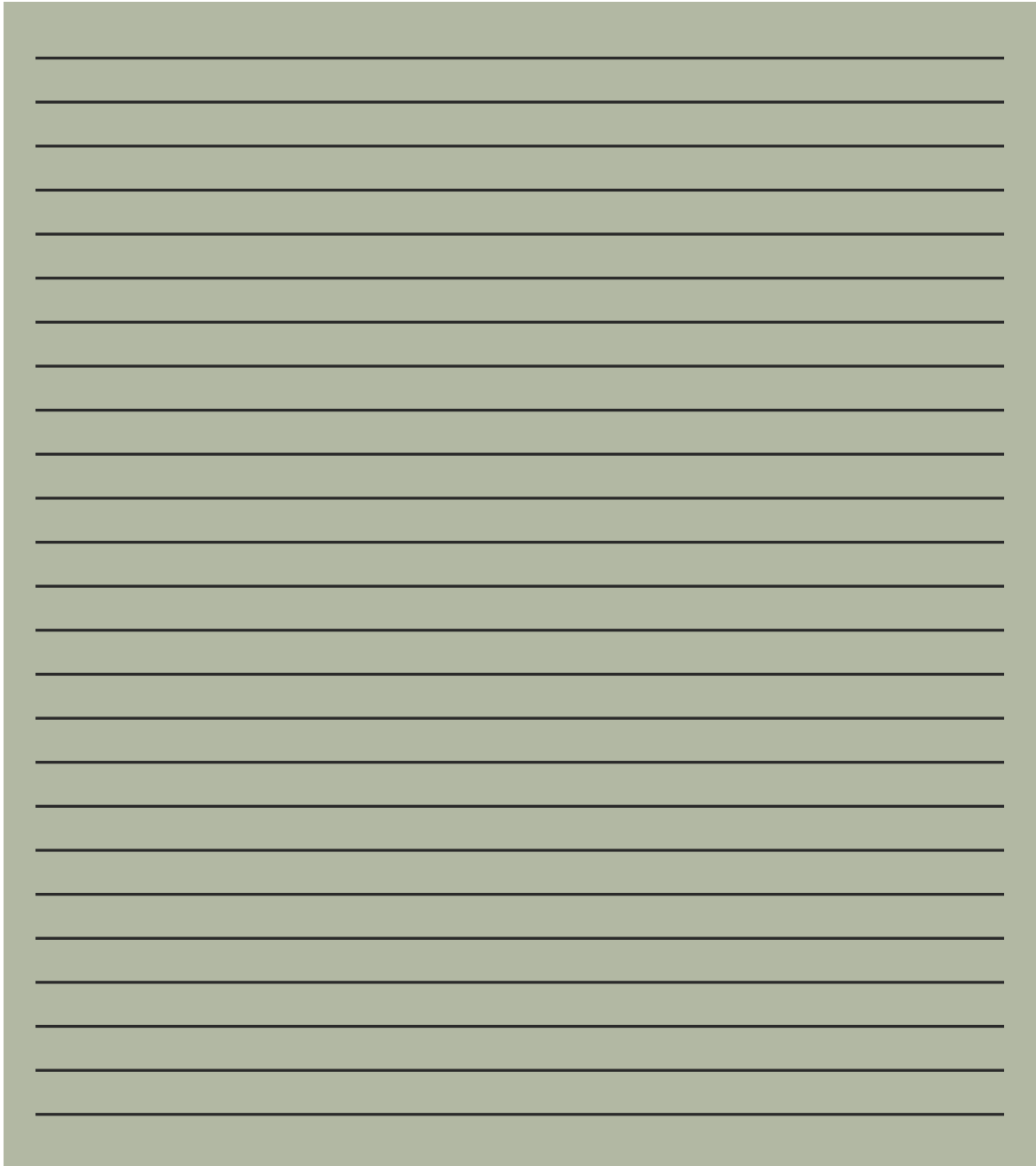
Quran Verse, Day 24

Do not claim yourselves to be pure.
He is Most Knowing of who is pious

An-Najm 53:32

Ponder, Reflect and Connect - 'Al - Mughni'

The Enricher, The One who satisfies the necessities of the creatures. He is The One who gives abundantly and provides all that is needed. He enriches all of creation so that they may be satisfied and content.





DAY 25

DUA OF THE DAY

Ya Allah, protect my family from evil, calamities, envious, the shayateen, from man and jinn.

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi, Adada Khalgihi wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude of His creation, by the weight of His Throne, and by the extent of His Words) 3 times.

Narrated by Juwairiyah bint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there. The Prophet (saw) said 'Are you still in the same position as I left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above).

Reward:

[MUSLIM]

DEED OF THE DAY

Go one day without complaining

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Fajr
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

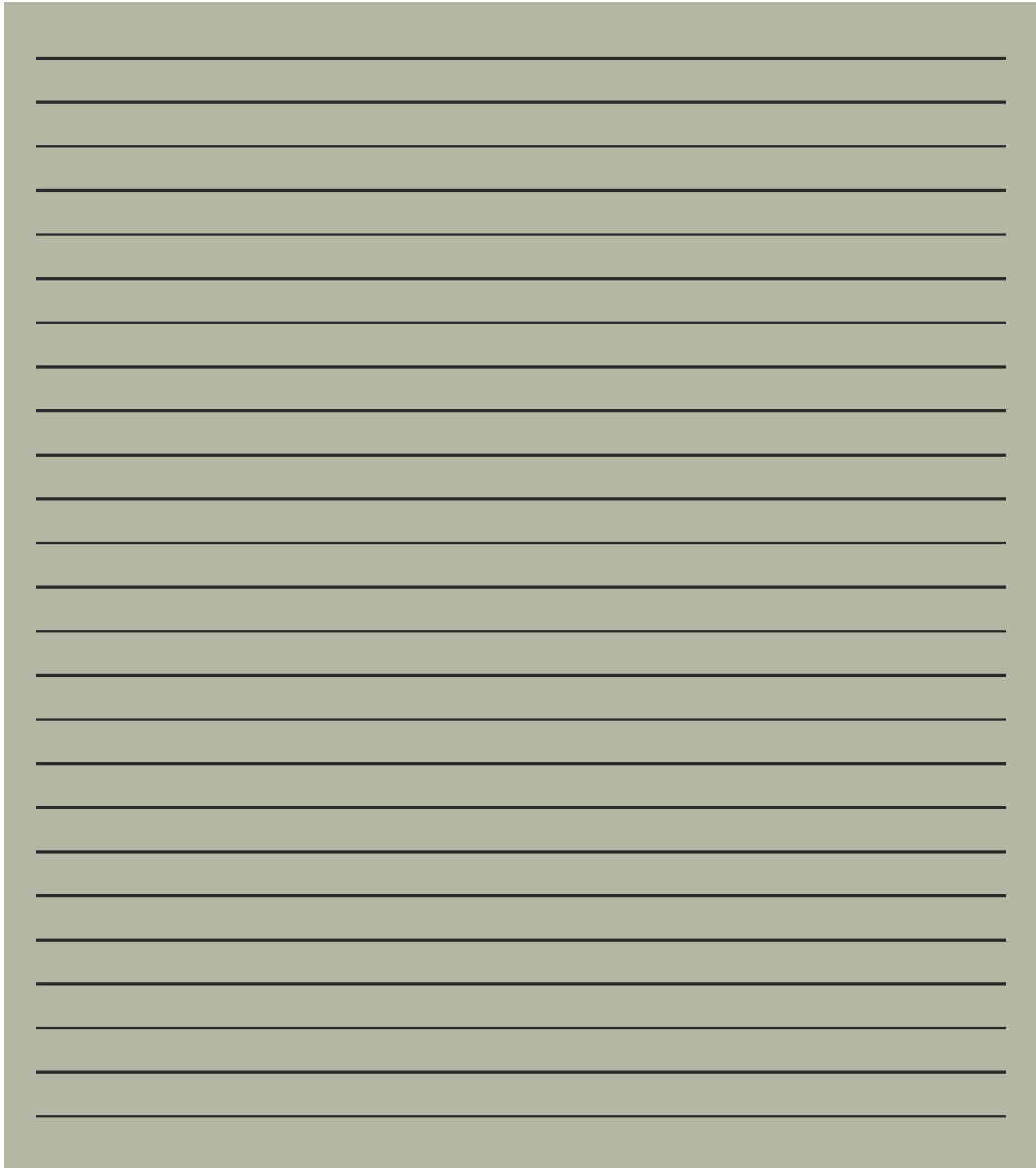
Quran Verse, Day 25

“He created the heavens and earth in truth and formed you and perfected your forms; and to Him is the [final] destination”

At-Taghabun 64:3

Ponder, Reflect and Connect - 'Al - Mughni'

The Enricher, The One who satisfies the necessities of the creatures. He is The One who gives abundantly and provides all that is needed. He enriches all of creation so that they may be satisfied and content.





DAY 26

DUA OF THE DAY

Ya Allah, protect my family from evil, calamities, enviers, the shayateen, from man and jinn.

DHIKR OF THE DAY

Recite 'Subhaanallahi wa bihamdihi, Adada Khalgihi wa ridhaa nafsihi, wa zinata arshihi, wa midaada kalimaatihi' (Glory is to Allah and praise is to Him, by the multitude of His creation, by the weight of His Throne, and by the extent of His Words) 3 times.

Narrated by Juwairiyah pint Al-Harith (RA):

The Prophet (saw) came out from my apartment in the morning as i was busy in performing the dawn prayer. He came back in the afternoon and found me sitting there. The Prophet (saw) said 'Are you still in the same position as i left you?' I replied in the affirmative. Thereupon the Prophet said 'I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are (see above).

Reward:

[MUSLIM]

DEED OF THE DAY

Go one day without complaining

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Dhur
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

Quran Verse, Day 26

And whoever relies upon Allah –
then He is sufficient for him. Indeed,
Allah will accomplish His purpose.
Allah has already set for everything a
[decreed] extent

At-Talaq 65:3

Ponder, Reflect and Connect - 'Al - Wakeel'

The Disposer of Affairs, The Trustee, the One who disposes of the affairs of all His creatures, the One who provides for them, grants their requests and fulfils their needs. He assists and protects those who seek His refuge, takes charge of His righteous servants' affairs by guiding them to all that is easy, keeping them away from all that causes them hardship and assists them in everything. He is the supreme trustee, guardian and administrator.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly aged or off-white appearance.



DAY 27

DUA OF THE DAY

Ya Allah, elevate the ranks of my parents, spouse's parents, my sisters and brothers, my elders and the entire Ummah..

DHIKR OF THE DAY

Recite 'Laa ilaaha illallaahu wahdahu la shareeka lahu, lahu mulku wa lahulhamdu wa huwa alaa kulli shayin qadeer' (None has the right to be worshipped but Allah alone, Who has no partner. He is the dominion and He is the praise and He is able to do all things ×100 times

Reward:

Narrated by Abu Hurairah (RA): The Messenger of Allah (saw) said 'He who utters a hundred times in a day these words (see above) he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against evil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.

Reward:

[BUKHARI & MUSLIM]

DEED OF THE DAY

Make dua for every sick person including those battling with a terminal and mental illness.

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Asr
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

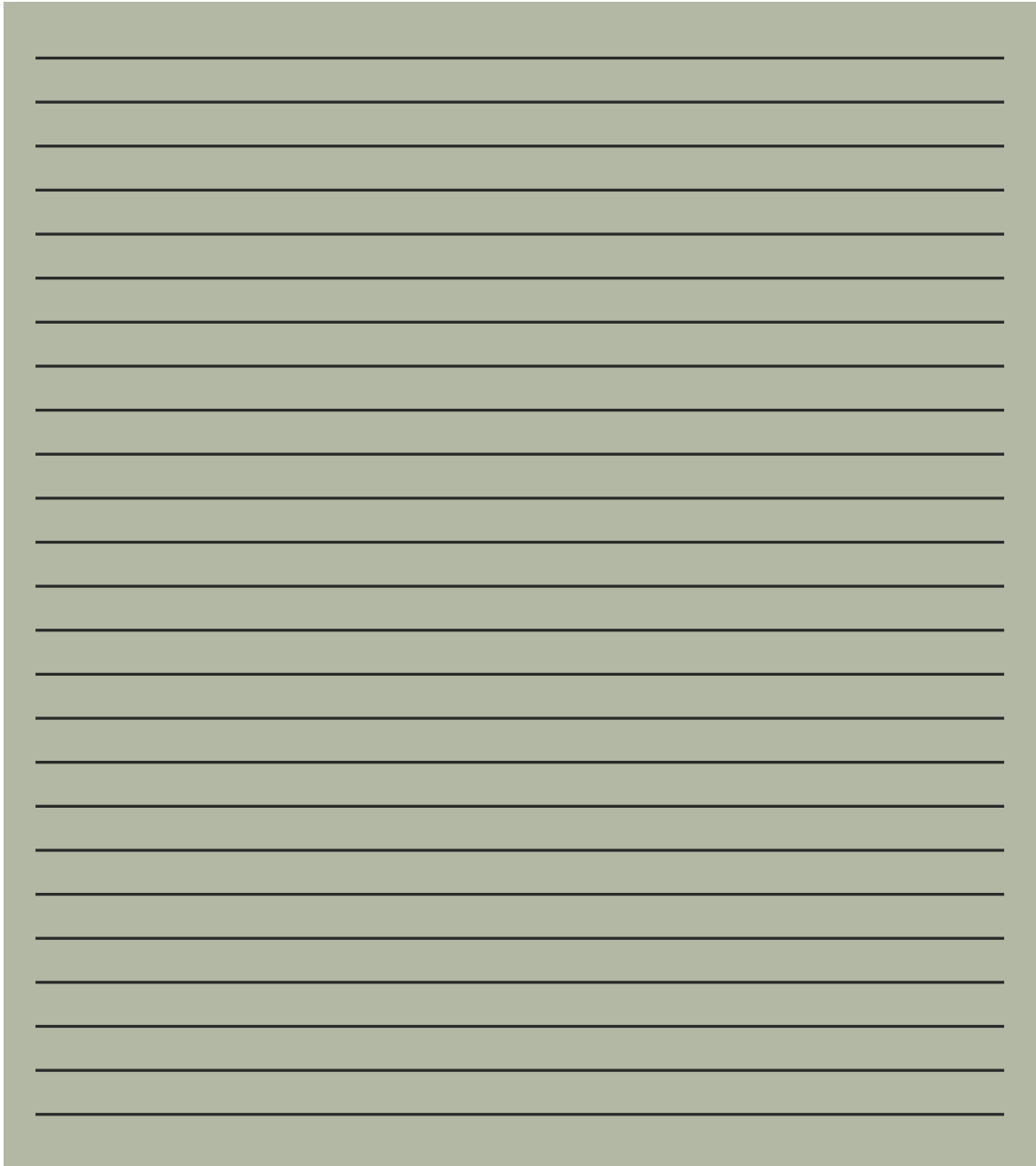
Quran Verse, Day 27

The truth is from your Lord, so do
not be among the doubters

Al Imran 3:60

Ponder, Reflect and Connect - 'Al - Qadir'

The, Able, The Capable, the Perfect In Ability, the One attributed with Power, the One who is able to do whatever He wills, nothing in the heavens or the earth escapes Him or frustrates His plan. He is the One whose ability is complete and perfect.





DAY 28

DUA OF THE DAY

Ya Allah, protect my brothers and sisters across
the warzones and from the persecution, rape,
slaughter and humiliation.

DHIKR OF THE DAY

Recite 'Astaghfirullaaha wa atoobu ilayhi' (I seek Allah's pardon and
turn to him in repentance x 70 times

Reward:

Narrated by Abu Hurairah (RA): I heard the Messenger of Allah
(saw) saying 'I swear by Allah that I seek Allah's pardon
and turn to him in repentance more than seventy times a day.

[BUKHARI]

DEED OF THE DAY

Spend your day solely in remembrance of Allah. Find a
quiet place (your room, the masjid, sitting under a tree,
etc.) and remember Allah and all He has done for you
and give thanks to Himm.

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Maghreb
- Pray Taraweeh
- Pray Tahajjud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

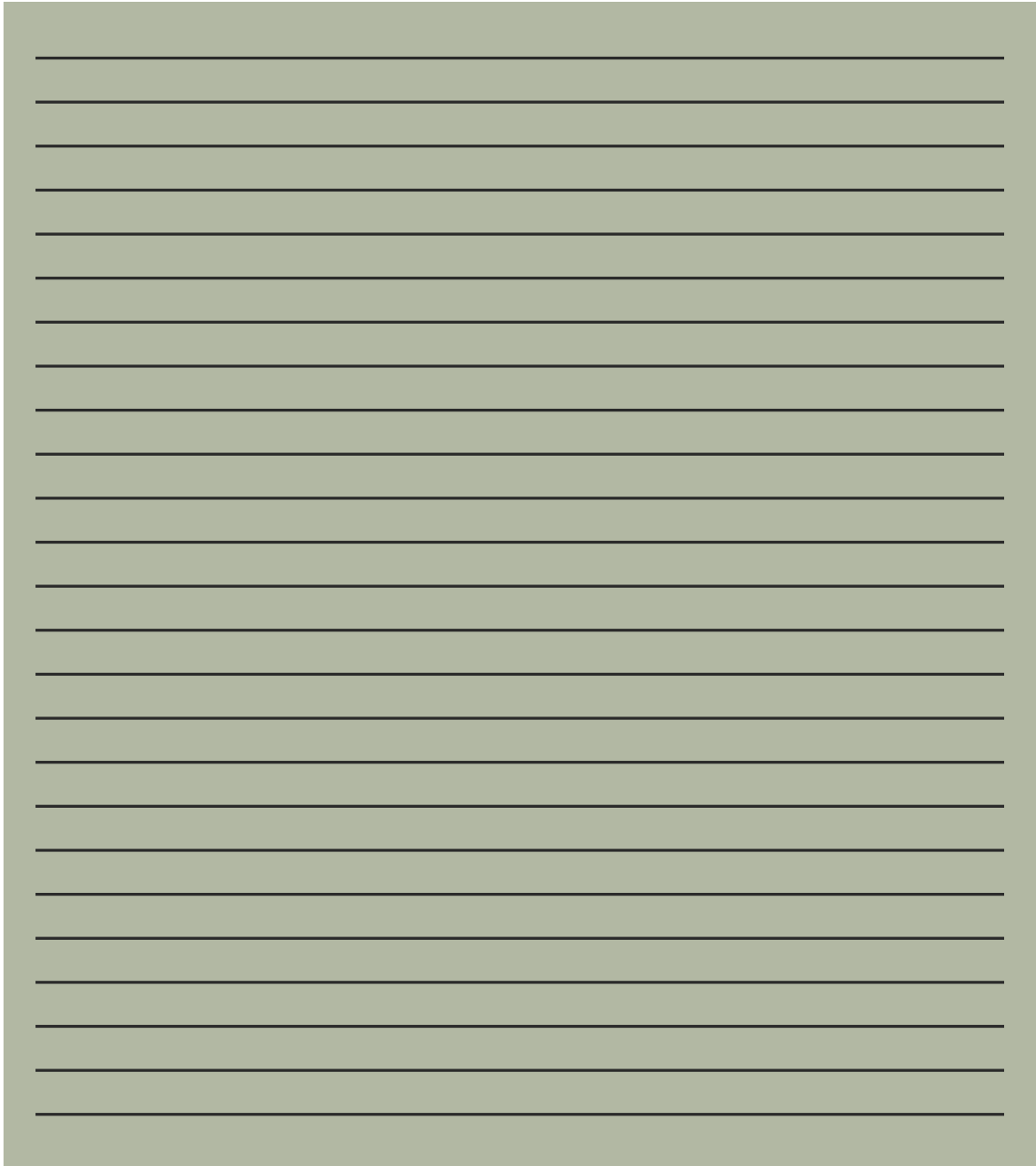
Quran Verse, Day 28

Is there any reward for good other
than good?

Ar Rahman 55:60

Ponder, Reflect and Connect - 'Zul-Jalaali-Wal-Ikram'

The Possessor of Majesty and Honour, The One who is glorious and majestic. He is the possessor of all glory and honor. He is The One who deserves to be Exalted and not denied.





DAY 29



DUA OF THE DAY

Ya Allah, bring the downfall of those (modern-day Pharaohs) oppressors, and relive those who are deprived, burdened, oppressed and in debt

DHIKR OF THE DAY

Recite 'Allahumma Anta Rabbee laa ilaaha lila anta, khalaatanee wa anaa abduka, wa anda alaa ahduka wa wadika mastatatu, aoothu bika min sharri maa sanatu, aboooo u laka binimatika alayya wa aboooo bithanbee faghfir lee fainnahu la yaghfiruth thunooba illaa anta' (O Allah, You are my Lord, there is none worthy of worship but you. You created me and I am your slave. I keep Your covenant, I seek refuge in you from the evil of what i have done. I admit to your blessings upon me and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Reward:

Narrated by Shaddah bin Anus (RA):

The Prophet (saw) said 'the best supplication for seeking forgiveness (Syed-uk-Istigfar) is to say (see above). He who supplicates in these terms during the day with firm belief in it and dies on the same day (before the evening), he will be one of the dwellers of Jannah; and if anyone supplicates in these terms during the night with firm belief in it and dies before the morning, he will be one of the dwellers of Jannah.

[BUKHARI]

DEED OF THE DAY

Forgive yourself

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Isha
- Pray Taraweeh
- Pray Tahajuud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajuud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

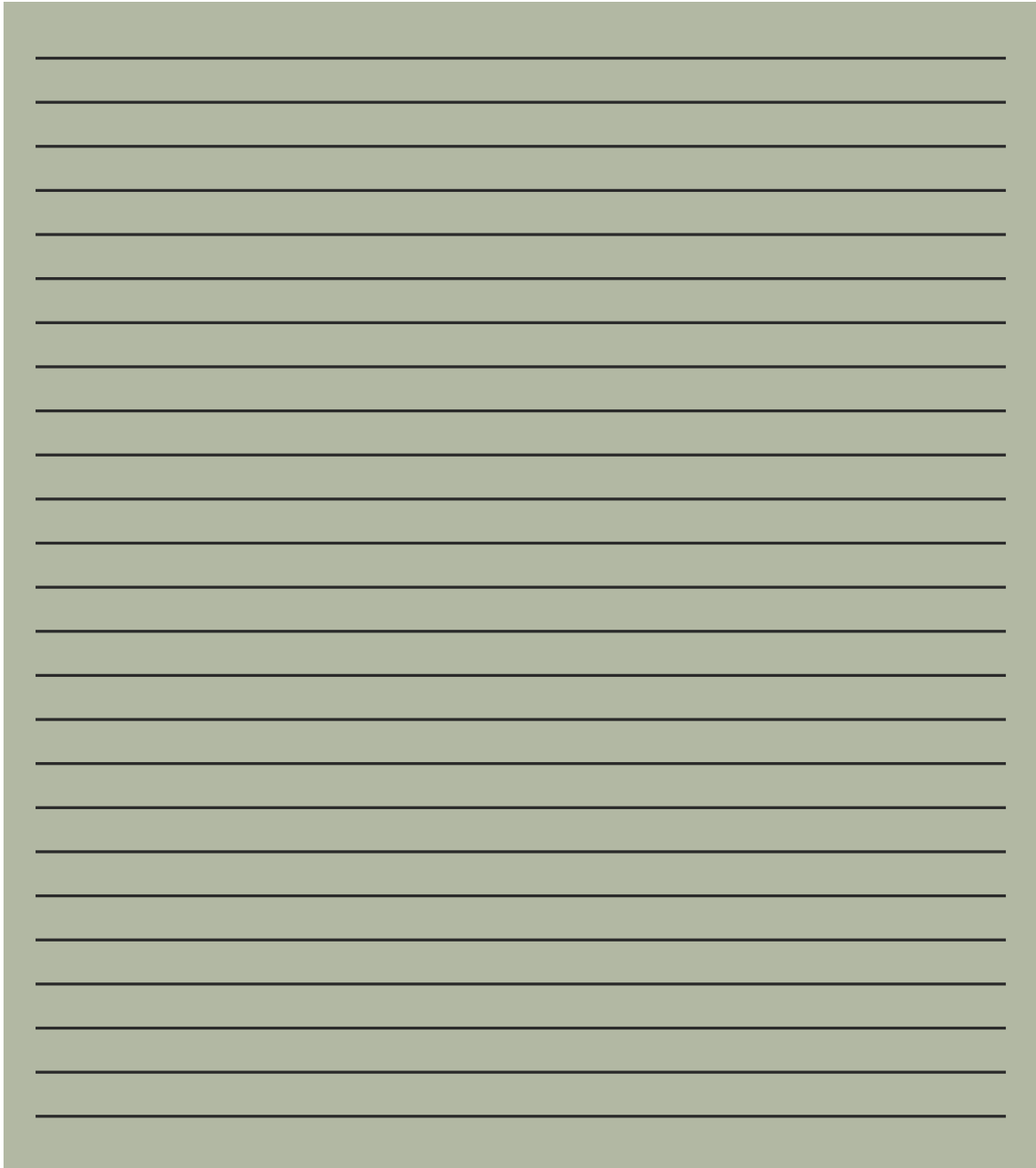
Quran Verse, Day 29

And the slaves of the Most Beneficent
(Allah) are those who walk on the
earth in humility and sedateness, and
when the foolish address them (with
bad words) they reply back with mild
words of gentleness

Al Furqan 25:63

Ponder, Reflect and Connect - 'Al Ahad'

The Sole One, He is incomparable, unequalled, and indivisible. He is, and has always been, one, without anyone else with Him. He is unique and there is no one like Him in His being, just as He is unique in His attributes, actions and Lordship. He is the only One who deserves to be worshipped.





DAY 30

DUA OF THE DAY

Ya Allah, accept my deeds, forgive all my sins, make me successful in this life and the next and reunite me with my family in Jannah in the best of companies.

DHIKR OF THE DAY

Recite 'Laa hawla wa laa quwwata illaa bilaah' (The is no power and no might except by Allah) × 100

Reward:

Narrated by Abu Musa (RA):

'The Messenger of Allah (saw) said to me, 'Shall I not guide you to a treasure from the treasure of Jannah?' I said: 'Yes, O Messenger of Allah!' Thereupon he (saw) said, 'Recite "'Laa hawla wa la quwwata illa billaah'.

[BUKHARI & MUSLIM]

DEED OF THE DAY

Take care of your body. Pamper yourself after a long day of fasting with a relaxing bath or a cup of tea & the recitation of the Qur'an from your favorite reciter.

To Do List

- Read 20 Pages of Quran
- Watch new episode of Yaqeen Institute Ramadan Special - Judgement Day 'Deeds that Light the Way'
- Pray sunnah namaz for Fajr, Dhur, Asr, Maghreb and Isha
- Pray Taraweeh
- Pray Tahajjud

QURAN SCHEDULE

Fajr: 4 Pages
Dhur: 4 Pages
Asr: 4 Pages
Maghreb: 4 Pages
Isha: 4 Pages

or

Tahajjud: 10 Pages
Dhur: 5 Pages
Asr: 5 Pages

or

Personal goal

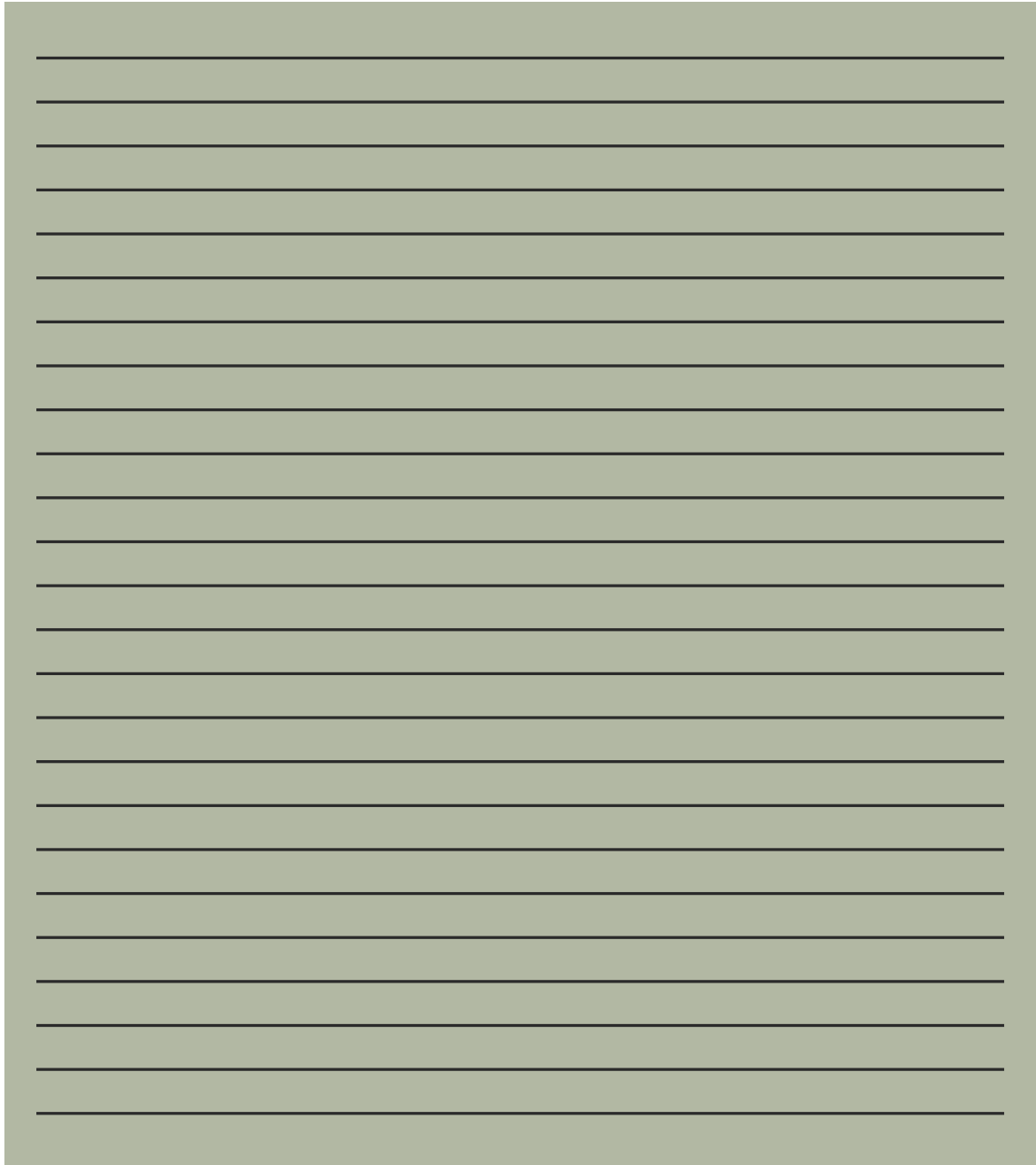
Quran Verse, Day 30

And seek help through patience and prayer, and indeed, it is difficult except for the humbly submissive [to Allah].

Al Baqarah 2:45

Ponder, Reflect and Connect - 'Al Wadud'

The Most Loving, The Most Affectionate, The Beloved, the most loving and affectionate. He is faithful to his servants and shows them the purest love. He is the singular source of all love and kindness. The One who loves His believing slaves and His believing slaves love Him.





LAYLATUL QADR PRAYER PLAN + DUA
CHECKLIST

Sample Prayer Schedule

1. Offer Nafilat Prayer(2-8 rakats)
2. Recitation of the Quran (15-30 mins); you will be rewarded with 10 hasanats/rewards for each letter read
3. Dhikr (30mins)
4. Glorification of Allah
5. Recite Laylatul Qadr Dua (at least 100 times)
6. Offer many Supplications and Dua
7. Recite Durood (send salawat to the Prophet (saw))

Dhikr

Allah (swt) mentioned in suratul al-ahzab:

“O You who believe! Remember Allah with much remembrance.”

[33:41]

IMPORTANCE OF DHIKR

The Prophet (ﷺ) said:

“Allah says: I am as My slave thinks I am (i.e I am able to do for him what he thinks I can do for him) and I am with him if He remembers Me. If he remembers Me in himself, I too remember him in Myself; and if he remembers Me in a group of people, I remember him in a group that is better than they; and if he comes one span nearer to Me, I go a distance of two outstretched arms nearer to him; and if he comes to Me walking, I go to him running.”

[Sahih Bukhari]

Dhikr

EXAMPLES OF DHIKR TO RECITE

Dhikr	Translation	Reward
Subhanallah wa bihamdhi subhanallahi azhim	Glory be to Allah and He is the praise and Allah is free from imperfections.	A tree will be planted for you in Paradise. So, start growing your own beautiful forest in Jannah!
Alhamdulillah	All praise and gratitude belong to Allah	Your scales will be tipped on the Day of Judgement, full of rewards.
Subhanallah wal hamdulillah wa la ilahaillallah wa Allahuakbar	Glorified is God, all praise is due to Allah, there is no God but Allah, God is the greatest.	This combination of dhikr is the one most beloved by Allah, subhana wa ta'ala. When you say them, sins fall off of you like leaves off of trees.
La hawla wa la quwwata illa billah	There is no power or might except (by) Allah.	You will enter through a special door in Paradise for those who oft use this remembrance.
Astagfirullah	I seek Allah's forgiveness	You will get the protection from Allah's punishment.

Dhikr

EXAMPLES OF DHIKR TO RECITE

Dhikr	Translation	Reward
La ilaha illallahu, wahdahu la sharika lahu, lahul-mulku wa lahul-hamdu, wa huwa ala kulli sha'in qadir	There is no true God except Allah. He is One and He has no partner with Him; His is the sovereignty and His is the praise, and He is Omnipotent.	He who recites this will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundreds of his sins will be blotted out from his scroll, and he will be safe guarded against the devil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.

Glorification of Allah

Glorifying Allah simply means exalting and praising Him. It's a manifestation of how much you love Allah and are in awe of Him. There's no better way to seek a favour or a blessing from Allah but for having first repented and sought forgiveness for your sins and praising the Almighty.

You can choose to glorify Allah either in your own words/creative way or by reciting the different verses in the Quran wherein Allah glorified Himself.

EXAMPLE OF A WAY YOU CAN PERSONALLY GLORIFY ALLAH:

In the name of Allah, the beneficent the Merciful.

Glory be to Allah who dispels off the sorrow of the aggrieved.

Glory be to Allah who relieves the debtor of his debts.

Praise be to He whose treasures are between kaf and nun.

Praise be to He who commands something to be and it will instantly be!

Praise be to Allah, the reliever of anxiety.

Praise be to you Allah, the lord of the universe, the beneficent and the merciful.

Praise be to you Allah who relieves the debtor of his debts.

Praise be to you Allah, the rescuer of the prisoners.

Praise be to you Allah, the reliever of the aggrieved.

Praise be to you Allah, who makes the water to be flowing in the rivers and the seas.

Praise be to you Allah, the knower of what is hidden. Praise be to you Allah, who only says be and it will!

Praise be to our Lord, who is mightier and greater than how He has been praised and described.

Glorification of Allah

O Allah! Oh Allah!! Oh Allah!!!

The Near, The Listener, The Affectionate, The Generous, The Owner of the Glorious Throne, The Beginner, The Returner who does whatever He wishes.

I beseech You by the illumination of your beautiful face which covers the area of your throne and by your power with which you control all your creatures and your mercy which covers everything with blessings and knowledge.

Oh Allah, the helper of the help seekers, help me.

Oh Allah, Lord of the seven heavens, Lord of the magnificent throne, mighty is your patronage and glorious are your praises!

There is none worthy of worship but you!

Oh Allah you are the greatest, mightier than all your creations.

You are mightier than what I fear and dread. I seek refuge in you Allah, who there is none worthy of worship but you. You are the one who holds the seven heavens from falling upon the earth except by your command. Glorious are Your praises and mighty is your patronage.

Blessed is your name, there is no true God but You.

Glorification of Allah

EXAMPLES OF SOME QURAN VERSES WHERE ALLAH GLORIFIED HIMSELF:

Quran Verse	Glorification of Allah
43:82	Exalted be the Lord of the heavens and the earth, the Lord of the Throne - He is far above the things they attribute to him.
55:78	Blessed is the name of the Lord, full of Majesty, Bounty and Honour.
6:100	Yet, they made the jinns partners with God, though He created them; and without any true knowledge they attribute to Him sons and daughters to Him. Glory be to Him! He is far higher than what they ascribe to Him.
6:101	The Creator of the heavens and earth! How could He have children when He has no spouse, when He created all things, and has full knowledge of all things?
23:14	Then We placed him as a drop of fluid in a safe place, then We Made that droop into a clinging form, and We made that form into a lump of flesh, and We made that lump into bones, and We clothed those bones with flesh, and later We made him into other forms – glory be to God, the best of creators!

Glorification of Allah

EXAMPLES OF SOME QURAN VERSES WHERE ALLAH GLORIFIED HIMSELF:

Quran Verse	Glorification of Allah
43:85	Exalted is He who has control of the heavens and earth and everything between them; He has knowledge of the Hour; you will all be returned to Him.
25:61	Exalted is He who put constellations in the heavens, a radiant light, and an illuminating moon.
7:54	Your Lord is God, who created the heavens and earth in six Days, then established Himself on the throne; He makes the night cover the day in swift pursuit; He created the sun, moon, and stars to be subservient to His command; all creation and command belong to Him. Exalted be God, Lord of the worlds!
15:98	Celebrate the glory of your Lord and be among those who bow down to Him.
17:108	And they say: glory to our Lord! Our Lord's promise has been fulfilled.

Glorification of Allah

EXAMPLES OF SOME QURAN VERSES WHERE ALLAH GLORIFIED HIMSELF:

Quran Verse	Glorification of Allah
36:83	So glory be to Him in Whose hands lies control over all things. It is to Him that you will all be brought back.
67:1	Exalted is He who holds all control in His hands; who has power over all things.

Laylatul Qadr Dua

Aisha (ra) reported:

I asked: "O Messenger of Allah! If I realize Laylatul Qadr (Night of Decree), what should I supplicate in it?"

He (saw) replied, "You should supplicate: Allahumma innaka afuwwun, tuhibbul-afwa, fa'fu anni (O Allah, you are the Most Forgiving, and You love forgiveness; so forgive me)."

[At-Tirmidhi]

Recite with a sincere heart: **Allahumma innaka afuwwun, tuhibbul-afwa, fa'fu anni** (at least 100x).

Supplications & Dua Checklist

GRATITUDE

(Firstly, give thanks to Allah for the blessings in your life)

☐

SELF

Seek Forgiveness for all sins (Major & Minor) (recall as many sins as you can and resolve not to repeat them)

☐

Supplicate for increase in Iman & taqwa

☐

Supplicate for true love and sincere devotion to Allah, His commands, the deen and the teachings of the Prophet (ﷺ)

☐

Supplicate to overcome bad habits & to replace with good habits (mention all your bad habits)

☐

Character

- Beautiful and righteous qualities
- Sincere & purified intentions
- Supplicate against hypocrisy, envy, malice, jealousy, self admiration, showing off, pride & ego
- Purity of soul, heart & body

☐

Supplications & Dua Checklist

Dunya (health, rizq/wealth, happiness, peace of mind, job, education, business, growth, deen)

☐

Protection

- Calamities, evil, misfortune, adversity
- Shaytan, Shayateen, Jinns
- Nafs/unlawful desires/weakness
- Disbelievers
- All known and unknown evil

☐

Akhira

- Righteous death
- Pass the trial in the grave
- Ease and success on the day of judgement
- Jannatul Firdaus

☐

Other Specific Requests

☐

FAMILY & RELATIONSHIP

☐

Parents (living & dead)

- Longlife/Ease in Barzakh
- Happiness, Success, Fulfilment
- Good health
- Forgiveness
- Akhira
- Other Specific dua

Supplications & Dua Checklist

Spouse

☐

- Peace, Comfort, Understanding, Respect, Compassion, Happiness, Patience, Faithfulness
- Everlasting Love and Friendship
- Communication
- Long life and Good Health
- Fulfilment of Rights
- Guidance and Protection
- Rizq, Job Security & Success
- Intimacy
- Forgiveness
- Character and Personal Development (i.e Flaws/Shortcomings)
- Other specific dua

Children

☐

- Righteous and Successful Children of Jannah
- Excellent Character (model the Prophet (ﷺ), Sahabas, Righteous Women of Islam)
- God fearing and Steadfast in Deen/ Ambassadors of Islam
- Children that will be a coolness of your eyes
- Long life, Good Health, Mental Health
- Righteous companions throughout their life
- Guidance and Protection
- Other specific dua

Supplications & Dua Checklist

Siblings

- Long Life & Good Health, Well-being
- Forgiveness
- Akhirah
- Righteous and Loving spouse and Children

☐

Extended Family/In-laws

☐

Family Friends/Close Friends

☐

UMMAH/WORLD

- Peace, Healing
- Forgiveness
- Prosperity, Growth, Success
- Scholars, Imam, Students of Knowledge
- Global Warming/Climate Change
- Diseases Outbreak
- War
- The Sick, Poor, Orphans, People in Debt,
Safe Return of Missing Persons

☐

DON'T FORGET:

- Dua is the only thing that has the power to change your qadr/destiny!
Whatever you think your fate or destiny is you can alter it with dua!
- The sunnah is to repeat dua 3 times.

Durood

Send salawat to the Prophet (ﷺ)

“Allahumma sal-li ala Muhammadin wa ala ahli Muhammadin kama sallaita ala Ibrahiima wa ala ali Ibrahiima, in-naka Hamiidun-Majid. Allahumma baarik ala Muhammadin wa ala aali Muhammadin kamaa baarakta ala ibrahiima wa ala aali Ibrahiima, in nakaHamIIDun-Majiid.

O Lord! Shower prayer on Muhammad, and on the household of Muhammad, as You have showered Your prayer on Ibrahim and the household of Ibrahim; Indeed, You are the Praiseworthy, Full of glory. O Lord! Bless Muhammad, and the household of Muhammad as You have blessed Ibrahim, and the household of Ibrahim, Indeed, Your are the Praiseworthy, Full of Glory.

[Al-Bukhari, Ahmad, Muslim, Abu Dawud]

Assalam Aalaykum Wa Rahmatullahi Wa Barakatuh

Alhamdullilah for witnessing the end of another Ramadan. I hope you found this Ramadan Planner a little bit useful and beneficial. I pray Allah (swt) forgives all your sins, accepts all our fasts and ibadahs, and May He be pleased with and reward you in full for all good deeds you've occupied yourself with during this blessed month.

Much love from your sister,

Altiné Nagode



2ND EDITION

