



THE DAILY PRAYER  
**HANDBOOK**

ADHKĀRS AND DHIKR BASED ON THE QURAN AND SUNNAH

COMPILED BY  
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**THIS EDITION IS NOT FOR SALE.**

Any mistakes and errors that are made are mine and every goodness is from Allah. A humble appeal is made to readers to offer suggestions or corrections to improve the quality of this publication in the future. May Allah Ta'ala reward you for this.

I humbly request your dua for me and my family if you find the contents of this publication beneficial.

FI SABILILLAH

This book is a compilation of authentic and powerful adkhars, dhikrs and duas that have been specially curated and made available to all Muslims that seek to attain and reap the maximum rewards from every salat performed by following the sunnah of our beloved Prophet Muhammad ﷺ.

May Allah azzawajal who is Ar-Rahman (The Most Merciful), Al-Barr (The Beneficent), Al-Wahab (The Supreme Bestower), As-Sami (The All-Hearer), Al-Ghaffur (The All and Oft-Forgiving), forgive and erase all of the sins of the user of this prayer handbook, honour and count us among those who uphold and follow the sunnah of the Prophet Muhammed ﷺ and May Allah shower His infinite mercy, blessings and special favour upon us all.

Ameen.

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# **ADHKĀR AT THE BEGINNING OF SALAT**



## I.

Narrated Abu Huraira: Allah's Messenger ﷺ used to keep silent between the Takbir and the recitation of Qur'an and that interval of silence used to be a short one. I said to the Prophet ﷺ, "May my parents be sacrificed for you! What do you say in the pause between Takbir and recitation?" The Prophet ﷺ said, "I say,

**اللَّهُمَّ بَاعِدْ بَيْنَ وَبَيْنَ خَطَايَايِي كَمَا بَاعَدْتَ بَيْنَ  
الْمَشْرِقِ وَالْمَغْرِبِ، اللَّهُمَّ نَقِّنِي مِنْ خَطَايَايِي،  
كَمَا يُنَقَّى الثَّوْبُ إِلَّا بِيُضْ مِنَ الدَّنَسِ، اللَّهُمَّ  
اغْسِلْنِي مِنْ خَطَايَايِي بِالثَّلْجِ وَالْمَاءِ وَالْبَرَدِ**

Allaahumma baa'id baynee wa bayna  
khataayaaya kamaa baa'adta baynal-mashriqi  
walmaghribi, Allaahumma naqqinee min  
khataayaaya kamaa yunaqqath-  
thawbul-'abyadhu minad-danasi, Allaahum-  
maghsilnee min khataayaaya, bith-thalji  
walmaa'i walbarad

O Allah, separate me from my sins as You have separated the East from the West. O Allah, cleanse me of my transgressions as the white garment is cleansed of stains. O Allah, wash away my sins with ice and water and frost.

Reference:

Al-Bukhari 1/181, Muslim 1/419



2.

At the start of prayer (after takbeer)

اللَّهُ أَكْبَرُ كَبِيرًا ،  
 اللَّهُ أَكْبَرُ كَبِيرًا ،  
 اللَّهُ أَكْبَرُ كَبِيرًا ،  
 وَالْحَمْدُ لِلَّهِ كَثِيرًا ،  
 وَالْحَمْدُ لِلَّهِ كَثِيرًا ،  
 وَالْحَمْدُ لِلَّهِ كَثِيرًا ،  
 وَسُبْحَانَ اللَّهِ بِكْرَةً وَأَصِيلًا (ثَلَاثًا)  
 أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ  
 مِنْ نَفْخِهِ وَنَفْثِهِ وَهَمْزِهِ

Allāhu 'Akbar Kabīra,  
 Allāhu 'Akbar Kabīra,  
 Allāhu 'Akbar Kabīra,  
 walhamdu lillāhi kathīra,  
 walhamdu lillāhi kathīra,  
 walhamdu lillāhi kathīra,  
 wa Subhānallāhi bukratan wa'aṣīla.

[Recite three times in Arabic.]

'A 'ūdhu billāhi min ash-shayṭān min nafkhihi,  
 wa nafthihi, wa hamzīhi.



### 3.

Allah is the Greatest, Most Great.

Allah is the Greatest, Most Great.

Allah is the Greatest, Most Great.

Praise is to Allah, abundantly.

Praise is to Allah, abundantly.

Praise is to Allah, abundantly.

Glory is to Allah, at the break of day and at its end.

[Recite three times in Arabic.]

I seek refuge in Allah from Satan. From his breath, and from his voice, and from his whisper.

Reference: Abu Dawud 1/203, Ibn Majah 1/265, ai Ahmad 4/85. Muslim recorded a similar Hadil 1/420.

Hisn al-Muslim 31



## 4.

It was narrated from Aisha that when the Prophet ﷺ started salat he would say (before Fatiha) :

**سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، وَتَبَارَكَ اسْمُكَ،  
وَتَعَالَى جَدُّكَ، وَلَا إِلَهَ غَيْرُكَ**

Subhānaka Allāhumma wa bihamdika, wa tabāraka 'smuka, wa ta'ālā jadduka, wa lā 'ilāha ghayruk.

Glory is to You O Allah, and praise. Blessed is Your Name and Exalted is Your Majesty. There is none worthy of worship but You.

Reference: Sunan Abu Dawud 775, Ibn Majah 806, An-Nasa'I 899. See Al-Albani, Sahih At-Tirmidhi 1/77 and Sahih Ibn Majah

# **ADHKĀR AT THE END OF SALAT**

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The Messenger of Allah (SAW) said: "The angels supplicate for one of you so long as he remains in the place where he has performed salah in a state of wudhū. They say: 'O Allah! Forgive him, O Allah! Have mercy on him!'

**Reference :** Al Bukhari, Riyad as-Salihin 1062  
**In-book reference:** Book 8, Hadith 72



## I.

According to the Sunnah, the worshipper should recite the following supplication immediately after the Fard Salat:

أَسْتَغْفِرُ اللَّهَ x3  
 Astaǵfirullāh x3  
 I seek forgiveness from Allah x3

اللَّهُمَّ أَنْتَ السَّلَامُ وَ مِنْكَ السَّلَامُ ۝ تَبَارَكْتَ  
 يَا ذَلِكَ جَلَالٌ وَ لَا كُرَامٌ

Allahumma, anta's-salam wa minkas'salam,  
 Tabarakta-ya-dhal'Jalali wa'l-Ikram.

O' Allah, You are the Peace, and You are the Source of Peace, You are Blessed, Oh Possessor of Glory and Honour.

Reference: Muslim, Riyad as-Salihin 1876  
 In-book reference: Book 19, Hadith 8

After this,

The audhu-bismillah (A'udhu Billahi min ash-shaytaan-i'r rajeem. Bismillah-i'r Rahman-i'r Raheem) is said together with Ayat al Kursi (The Throne Verse).

Reference: An-Nasa'i reported it, and Ibn Hibban graded it Sahih (authentic).



2.

Then these tasbeeh duas are said (Always recite the following du'as silently):

**سُبْحَانَ اللَّهِ**

Subhanallah: 33 times  
(Glory be to Allah)

**الْحَمْدُ لِلَّهِ**

Alhamdulillah: 33 times  
(Praise be to Allah)

**اللَّهُ أَكْبَرُ**

Allahu Akbar: 33 times  
(Allah is the Greatest)

**لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ**

La-ilaha-ill'Allahu wahdahu-la-sharikalah, Lahul-mulku wa lahul-hamdu wa huwa ala-kulli-shay'in-Qadir

There is no god but Allah alone, He has no partners, to Him belongs dominion and to Him belongs praises, and He has power over all things

Reference: Muslim, Riyad as-Salihin 1420  
In-book reference: Book 15, Hadith 13



### 3.

Mu'adh ibn Jabal reported: The Messenger of Allah ﷺ took me by the hand and he said, "O Mu'adh, I swear by Allah that I love you. I swear by Allah that I love you. O Mu'adh, I advise you not to forget supplicating at the end of every prayer, saying:

**اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ  
عِبَادَتِكَ**

Allahumma a'inni ala dhikrika, wa shukrika, wa husni 'ibadatika

O Allah! Help me to remember You, to be grateful to You, and to worship You in an excellent manner.

Reference: Sunan Abī Dāwūd 1522  
In-book reference: Book 8, Hadith 107  
English translation: Book 8, Hadith 1517

# **SUNNAH ADKHĀRS**



## I.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، وَمِنْ  
 عَذَابِ جَهَنَّمَ، وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ،  
 وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَّالِ

Allāhummā ‘innī ‘a’ūdhu bika min ‘adhābi ‘l-qabri, wa min ‘adhābi jahannam, wa min fitnati ‘l-mahyā wa ‘l-mamāti, wa min sharri fitnati ‘l-masīhid-dajjāl.

O Allah, I seek refuge in You from the punishment of the grave, and from the punishment of Hell-fire, and from the trials of life and death, and from the evil of the trial of the False Messiah.



2.

اللَّهُمَّ إِنِّي أَسْأَلُكَ الثَّبَاتَ فِي الْأَمْرِ وَالْعَزِيمَةِ  
 عَلَى الرُّشْدِ وَأَسْأَلُكَ شُكْرَ نِعْمَتِكَ وَحُسْنَنِ  
 عِبَادَتِكَ وَأَسْأَلُكَ قَلْبًا سَلِيمًا وَلِسَانًا صَادِقًا  
 وَأَسْأَلُكَ مِنْ خَيْرِ مَا تَعْلَمُ وَأَعُوذُ بِكَ مِنْ شَرِّ  
 مَا تَعْلَمُ وَأَسْتَغْفِرُكَ لِمَا تَعْلَمُ

Allahumma inni as'aluka at-thabbuta fi al-amr  
 wal-'azimata 'alar-rushdi wa as'aluka shukr  
 ni'matik wa husna 'ibadatik wa as'aluka qalban  
 saliman wa lisanan sadiqan wa as'aluka min khairi  
 ma at'lamu wa author bika min sharri ma at'lamu  
 wastaghfiruka lima ta'lamu

O Allah, I beg you for steadfastness in all matters and the determination to take the right course. I ask You for all that which will necessitate Your mercy and the determination to do all that which will necessitate Your forgiveness. I ask You to make me grateful for Your blessings and to worship You in an excellent manner. I ask You for a sound heart and a truthful tongue. I ask You for the good of what You know, I seek Your protection from the worst of what You know, and I seek Your forgiveness for what You know.

Reference : Sunan an-Nasa'i 1304  
 In-book reference: Book 13, Hadith 126  
 English translation : Vol. 2, Book 13, Hadith 1305



3.

اللَّهُمَّ اغْفِرْ لِي خَطَّيْتِي وَجَهْلِي، وَإِسْرَافِي فِي  
أَمْرِي، وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي، اللَّهُمَّ اغْفِرْ لِي جِدِّي  
وَهَزْلِي، وَخَطَّيْ وَعَمْدِي، وَكُلَّ ذَلِكَ عِنْدِي، اللَّهُمَّ  
اغْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخْرَتُ، وَمَا أَسْرَرْتُ وَمَا  
أَعْلَنْتُ، وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي، أَنْتَ الْمُقَدَّمُ وَأَنْتَ  
الْمُؤَخَّرُ، وَأَنْتَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Allahumm-aqhfir li khati'ati, wajahli, wa israfi fi amri,  
wa ma Anta a'lamu bihi minni. Allahumm-aqhfir li jiddi  
wa hazli, wa khata'i wa 'amdi, wa kullu dhalika 'indi.  
Allahumm-aqhfir li ma qaddamtu wa ma akhkhartu, wa  
ma asrartu, wa ma a'lantu, wa ma Anta a'lamu bihi  
minni. Antal-Muqaddimu, wa Antal-Mu'akhkhiru; wa  
Anta 'ala kulli shai'in Qadir

O Allah, forgive my mistakes, ignorance,  
transgression in my matters, and what You  
are more Knowledgeable of than me. O Allah,  
forgive me for what I did in earnestness and in  
jest; unintentionally or intentionally; as I have  
committed all of these (types of sins). O Allah,  
forgive me for what I have already done, what I am  
yet to do, what I did publicly, what I did privately,  
and what You are more Knowledgeable of than  
me. You are the One who brings forward and You  
are the One who defers. You are All-Powerful over  
everything.

Reference: Al-Bukhari, Al-Muslim, Riyad as-Salihin 1476  
In-book reference: Book 16, Hadith 12



4.

**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَرَصِ وَالْجُنُونِ  
وَالْجُذَامِ وَمِنْ وَسَيِّئِ الْأَسْقَامِ**

Allāhumma innī a‘ūdu bika min al-barāṣi wa-al-junūni wa-al-judhāmi wa-min sayyi’i al-asqām

Oh Allah! I seek refuge in you from vitiligo, madness, leprosy, and evil diseases.

Reference: Sunan Abī Dāwūd, no. 1554;  
Sunan an-Nasa'i, no. 5493.

5.

**يَا مُقَلِّبَ الْقُلُوبِ, ثَبِّتْ قَلْبِي عَلَى دِينِكَ**

Yaa Muqallibal Qulooob Thabbit Qalbee ‘alaa Deenik

O Allah, O Overturner of hearts, make my heart firm in Your deen.

Reference: Jami' at-Tirmidhi 3522  
In-book reference: Book 48, Hadith 153  
English translation: Vol. 6, Book 45, Hadith 3522



6.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلَّ، أَوْ أَضِلَّ، أَوْ أَزِلَّ، أَوْ  
أَزِلَّ، أَوْ أَظْلَمُ، أَوْ أَظْلَمُ، أَوْ أَجْهَلُ، أَوْ يُجْهَلُ عَلَيَّ

Allaahumma 'innee 'a'oodhu bika 'an 'adhilla, 'aw 'udhalla, 'aw 'azilla, 'aw 'uzalla, 'aw 'adhlima, 'aw 'udhlama, 'aw 'ajhala 'aw yujhala 'alayya

O Allah, I seek refuge in You lest I misguide others, or I am misguided by others, lest I cause others to err or I am caused to err, lest I abuse others or be abused, and lest I behave foolishly or meet with the foolishness of others.

Reference: Abu Dawud, Sahih At-Tirmidhi 3/152  
and Sahih Ibn Majah 2/336

7.

لَلَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ سَمْعِي، وَمِنْ شَرِّ  
بَصِيرِي، وَمِنْ شَرِّ لِسَانِي، وَمِنْ شَرِّ قَلْبِي، وَمِنْ شَرِّ  
مَنِيَّيِّ

Allaahumma innee a'oothu bika min sharri sam'ee, wa min sharri basaree, wa min sharri lisaanee, wa min sharri qalbee, wa min sharri maniyee

O Allah, I seek refuge in You from the evil of my hearing, and from the evil of my sight, and from the evil of my tongue, and from the evil of my heart and from the evil of my issue.

Reference: Sunan Abi Dawud 1551  
In-book reference : Book 8, Hadith 136  
English translation: Book 8, Hadith 1546



8.

**بُخْلٍ وَالْهَرَمٍ وَعَذَابَ الْقَبْرِ**  
**اللَّهُمَّ آتِنَفْسِي تَقْوَاهَا وَزَكِّهَا أَنْتَ خَيْرُ مَنْ**  
**زَكَّاهَا أَنْتَ وَلِيُّهَا وَمَوْلَاهَا**  
**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عِلْمٍ لَا يَنْفَعُ وَمِنْ قَلْبٍ**  
**لَا يَخْشَعُ وَمِنْ نَفْسٍ لَا تَشْبَعُ وَمِنْ دَعْوَةٍ لَا**  
**يُسْتَجَابُ لَهَا**

Allaahumma innee a'oodhu bika minal-'ajzi wal-kasali wal-jubni wal-bukhli wal-harami wa 'adhaabil-qabr. Allaahumma Aati nafsee taqwaahaa, wa zakkihaha, Anta khayru man zakkaahaa, Anta Waliyyuhaa wa Mawlaahaa.

Allaahummaa innee a'oodhu bika min 'ilmin laa yanfa'u, wa min qalbin laa yakh-sha'u, wa min nafsin laa tashba'u, wa min da'watin laa yustajaabu lahaa.

O Allah, I seek refuge in You from incapacity, laziness, miserliness, cowardice, old age, the torment of the grave. O Allah, make my soul obedient and purify it, for You are the best One to purify it, You are its Guardian and Lord. O Allah, I seek refuge in You from a heart that is not humble, a soul that is not satisfied, knowledge that is of no benefit and a supplication that is not answered.

Reference: Sunan an-Nasa'i 5458

In-book reference: Book 50, Hadith 31

English translation: Vol. 6, Book 50, Hadith 5460



9.

**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ مَا عَمِلْتُ وَمِنْ  
شَرِّ مَا لَمْ أَعْمَلْ**

Allaahumma 'innee a'oothu bika min sharri maa  
'amiltu, wa min sharri maa lam a'mal

O Allah! I seek refuge in You from the evil of  
what I have done, and from the evil of what I have  
not done.

Reference: Sunan an-Nasa'i 5526  
In-book reference : Book 50, Hadith 99  
English translation: Vol. 6, Book 50, Hadith 5528

IO.

**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ مُنْكَرَاتِ الْأَخْلَاقِ،  
وَالْأَعْمَالِ، وَالْأَهْوَاءِ**

Allaahumma 'innee a'oothu bika min  
munkaraatil-akhlaaqi, wal-a'mali, wal- 'ahwaa'

O Allah! I seek refuge in You from evil character,  
evil actions, and evil desires.

Reference: Jami' at-Tirmidhi 3591  
In-book reference: Book 48, Hadith 222  
English translation: Vol. 6, Book 46, Hadith 3591



## II.

اللَّهُمَّ إِنِّي أَسْأَلُكَ فِعْلَ الْخَيْرَاتِ، وَتَرْكَ  
 الْمُنْكَرَاتِ، وَحُبَّ الْمَسَاكِينِ، وَأَنْ تَغْفِرَ لِي،  
 وَتَرْحَمَنِي، وَإِذَا أَرْدَتَ فِتْنَةً قَوْمٍ فَتَوَفَّنِي غَيْرَ  
 مَفْتُونٍ، وَأَسْأَلُكَ حُبَّكَ، وَحُبَّ مَنْ يُحِبُّكَ،  
 وَحُبَّ عَمَلٍ يُقَرِّبُنِي إِلَى حُبِّكَ

Allaahumma 'innee as'aluka fi'lal-khayraat wa tarkal-munkaraat wa hubbal-masaakeen wa an taghfara lee wa tarhamanee wa ithaa aradta fitnata qawmin fatawaffanee ghayra maftoon, wa as'aluka hubbaka wa hubba man yuhibbuka wa hubba 'amalin yuqarribunee ilaa hubbik

O Allah, I ask You to grant me the performance of good deeds, abandonment of bad ones, and love of the poor; and (I ask You) that You forgive me and have mercy upon me; and if You intend to try a people, cause me to die without being tested; and I ask You for Your love, and the love of those who love you, and the love of actions which draw me closer to Your love.

Reference: Jami' at-Tirmidhi 3235

In-book reference: Book 47, Hadith 287

English translation: Vol. 5, Book 44, Hadith 3235



12.

**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ، وَتَحْوُلِ  
عَافِيَّتِكَ، وَفُجَاءَةِ نِقْمَتِكَ، وَجَمِيعِ سَخَطِكَ**

Allaahumma 'innee a'oothu bika min zawaali  
ni'matika, wa tahawwuli 'aafiyatika, wa fujaa'ati  
niqmatika, wa jamee'i sakhatik.

O Allah, I seek refuge in You that Your blessings are lifted, and Your protection (of me) is changed, and in the suddenness of Your punishment, and from all Your anger.

Reference: Sunan Abu Dawud 1545  
In-book reference : Book 8, Hadith 130  
English translation: Book 8, Hadith 1540

13.

**اللَّهُمَّ إِنِّي أَسْأَلُكَ الْهُدَى وَالْتَّقَى وَالْعَفَافَ  
وَالْغِنَى**

Allahumma inni as'alukal-huda, wat-tuqa,  
wal-'afafa, wal-ghina

O Allah! I ask You for guidance, piety, chastity and contentment.

Reference: Sunan Ibn Majah 3832  
In-book reference: Book 34, Hadith 6  
English translation: Vol. 5, Book 34, Hadith 3832



14.

**اللَّهُمَّ أَلْهِمْنِي رُشْدِي وَأَعِذْنِي مِنْ شَرِّ نَفْسِي**

Allahumma al-himni rushdi, wa a'ihni min sharri  
nafsi

O Allah! Inspire in me guidance and deliver me  
from the evils within myself.

Reference: At-Tirmidhi  
Riyad as-Salihin 1487  
In-book reference: Book 16, Hadith 23

15.

**رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ  
حَسَنَةً وَقِنَا عَذَابَ النَّارِ**

Rabbanā ātinā fid-dunyā ḥasanah wa fi 'l-ākhirati  
ḥasanah wa qinā 'adhāban-nār.

Our Lord, grant us the good things in this world,  
and the good things in the next life,  
and save us from the punishment of the Fire.

Reference: Abu Dawud 2/179, Ahmad 3/411, Al-Baghawi, Sharhus-Sunnah  
7/128. Sahih Abu Dawud 1/354.  
The Ayat is from Surat Al-Baqarah, 2:201



16.

اللَّهُمَّ يَعْلَمُكَ الْغَيْبَ وَقُدْرَتَكَ عَلَى الْخَلْقِ أَحِينِي  
 مَا عَلِمْتَ الْحَيَاةَ خَيْرًا لِي وَتَوَفَّنِي إِذَا عَلِمْتَ  
 الْوَفَاءَ خَيْرًا لِي اللَّهُمَّ وَأَسْأَلُكَ خَشِيَّتَكَ فِي  
 الْغَيْبِ وَالشَّهَادَةِ وَأَسْأَلُكَ كَلِمَةَ الْحَقِّ فِي الرَّضَا  
 وَالْغَضَبِ وَأَسْأَلُكَ الْقَصْدَ فِي الْفَقْرِ وَالْغَنَى  
 وَأَسْأَلُكَ نَعِيْمًا لَا يَنْفَدُ وَأَسْأَلُكَ قُرَّةَ عَيْنٍ لَا  
 تَنْقَطِعُ وَأَسْأَلُكَ الرَّضَاءَ بَعْدَ الْقَضَاءِ وَأَسْأَلُكَ بَرْدَةَ  
 الْعَيْشِ بَعْدَ الْمَوْتِ وَأَسْأَلُكَ لَذَّةَ النَّظَرِ إِلَى  
 وَجْهِكَ وَالشَّوْقَ إِلَى لِقَائِكَ فِي غَيْرِ ضَرَاءٍ مُضِرَّةٍ  
 وَلَا فَتْنَةٍ مُضْلِلَةٍ اللَّهُمَّ زَيِّنَا بِزِينَةِ الإِيمَانِ وَاجْعَلْنَا  
 هُدَاةً مُهْتَدِينَ

Allāhumma bi 'ilmikal-ghaiba wa qudratika 'alal-  
 khalqi ahyinī mā 'alimtal-hayāta khairan lī, wa  
 tawaffanī idhā 'alimtal-wafāta khairan lī. Allāhumma  
 wa 'as'aluka khashyataka fil-ghaibi wash-shahādati wa  
 'as'aluka kalimatal-haqqi fir-ridā'i wal għadab, wa  
 as'alukal-qasda fil-faqri wal-ghina, wa 'as'aluka  
 na'imān lā yanfadu wa 'as'aluka qurrata 'ainin lā  
 tanqaṭi' u wa as'alukar-ridā'i ba'dal-qadā'i wa 'as'aluka  
 bardal 'aishi ba'dal-mawti, wa 'as'aluka ladhdhhatan-  
 nażari ilā wajhika wash-shawqa ilā liqā'ika fi ghairi  
 darrā'a muđirratin wa lā fitnatin muđillatin,  
 Allāhumma zayyinnā bizinatil-īmāni waj'alna  
 hudātan muhtadīn



O Allah, by Your knowledge of the unseen and Your power over creation, keep me alive so long as You know that living is good for me and cause me to die when You know that death is better for me. O Allah, cause me to fear You in secret and in public. I ask You to make me true in speech in times of pleasure and of anger. I ask

You to make me moderate in times of wealth and poverty. And I ask You for everlasting delight and joy that will never cease. I ask You to make me pleased with that which You have decreed and for an easy life after death. I ask You for the sweetness of looking upon Your face and a longing to meet You in a manner that does not entail a calamity that will bring about harm or a trial that will cause deviation. O Allah, beautify us with the adornment of faith and make us among those who guide and are rightly guided.

Reference: Sunan an-Nasa'i 1305

In-book reference : Book 13, Hadith 127

English translation: Vol. 2, Book 13, Hadith 1306

17.

اللَّهُمَّ اجْعَلْنِي مِنَ الَّذِينَ إِذَا أَحْسَنُوا اسْتَبْشِرُوا ،  
وَ إِذَا أَسَاءُوا اسْتَغْفِرُوا

Allahumaj 'alna minal ladhina idha ahsanus  
tabasharti, wa idha asa'us-taghfaru

O Allah! make me among those who, when they commit an act of virtue, rejoice; and when they commit a mistake, seek forgiveness.

Reference: Sunan Ibn Majah 3820

In-book reference : Book 33, Hadith 164

English translation: Vol. 5, Book 33, Hadith 3820



18.

اللَّهُمَّ أَصْلِحْ لِي دِينِي الَّذِي هُوَ عِصْمَةُ أَمْرِي،  
وَأَصْلِحْ لِي دُنْيَايَ الَّتِي فِيهَا مَعَاشِي، وَأَصْلِحْ لِي  
آخِرَتِي الَّتِي فِيهَا مَعَادِي، وَاجْعَلْ الْحَيَاةَ زِيَادَةً لِي  
فِي كُلِّ خَيْرٍ، وَاجْعَلْ الْمَوْتَ رَاحَةً لِي مِنْ كُلِّ شَرٍّ

Allahumm-aslih li diniyalladhi huwa ismatu amri, wa aslih li dunyaya-llati fiha ma'ashi, wa aslih li akhirati-llati fiha ma'adi, waj'alil-hayata ziyadatan li fi kulli khair, waj'alil-mauta rahatan li min kulli sharrin

O Allah! Order well for me my religion which is the support of my affairs; order well for me my worldly affairs in which my livelihood is found; order well for me my life to come where is my ultimate destination; make life for me a means of increase in all that is good; and make death a rest for me from every evil.

Reference: Muslim  
Mishkat al-Masabih 2483  
In-book reference : Book 9, Hadith 251

19.



اللّهُمَّ إِنِّي عَبْدُكَ ابْنُ عَبْدِكَ ابْنُ أَمْتِكَ نَاصِيَتِي  
 بِيَدِكَ مَاضٍ فِي حُكْمِكَ عَدْلٌ فِي قَضَاؤُكَ أَسْأَلُكَ  
 بِكُلِّ اسْمٍ هُوَ لَكَ سَمِّيَّتْ بِهِ نَفْسَكَ أَوْ أَنْزَلْتُهُ فِي  
 كِتَابِكَ أَوْ عَلَمْتَهُ أَحَدًا مِنْ خَلْقِكَ أَوْ اسْتَأْتِرْتُ بِهِ فِي  
 عِلْمِ الْغَيْبِ عِنْدَكَ أَنْ تَجْعَلَ الْقُرْآنَ رَبِيعَ قَلْبِي وَنُورَ  
 صَدْرِي وَجَلَاءَ حُزْنِي وَذَهَابَ هَمِّي

Allahumma inni 'abduka, ibnu 'abdiha, ibnu amatika, naasiyati biyadika, maadhin fiyya hukumuka, 'adhlun fiyya qadha'uka asaluka bi kulli ismin huwa laka, sammaita bihi nafsaka, aw an-zaltahu fi kitabika, aw 'allamtahu ahadan min khalqika, awista'tharta bihi fi 'ilmil-ghaibi 'indaka, an taj'alal-Qur'ana Rabbi'a qalbi, wa nura sadri, wa jalaa'a huzni, wa dhahaba hammi

O Allah, I am Your slave, and the son of Your male slave, and the son of your female slave. My forehead is in Your Hand (i.e. you have control over me). Your Judgment upon me is assured, and Your Decree concerning me is just. I ask You by every Name that You have named Yourself with, revealed in Your Book, taught any one of Your creation, or kept unto Yourself in the knowledge of the unseen that is with You, to make the Qur'an the spring of my heart, and the light of my chest, the banisher of my sadness, and the reliever of my distress.

**DHIKR**  
**(REMEMBRANCE OF ALLAH)**



I.

**سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، سُبْحَانَ اللَّهِ الْعَظِيمِ**

Subhan Allahi wa bi hamdihi, Subhānallāhi  
‘l-‘Azīm.

Glorified is Allah and praised is He, Glorified is  
Allah the Most Great

**Virtue:** Two words are light on the tongue,  
weigh heavily in the balance, and are loved by  
the Most Merciful One.

Reference: Al-Bukhari 7/168, Muslim 4/2072.

Reference: Hisn al-Muslim 256

2.

**سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ،  
وَاللَّهُ أَكْبَرُ**

Subhan-Allah, wal-hamdu lillah, wa la ilaha  
illallah wa allahu Akbar

Allah is free from imperfection; praise be to  
Allah; there is no true God except Allah; and  
Allah is the Greatest.

**Virtue:** Plants grow in Jannah from reciting  
the above.

Reference: At Tirmidhi, Riyad as-Salihin 1440

In-book reference: Book 15, Hadith 33



3.

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Laa hawla wa laa quwwata Illaa billaah

There is no power and no might except by Allah

Virtue: One of the treasures of Paradise

Reference: Sunan Ibn Majah 3824

In-book reference: Book 33, Hadith 168

English translation : Vol. 5, Book 33, Hadith 3824;  
Mishkat al-Masabih 2320

4.

أَسْتَغْفِرُ اللَّهَ وَ أَتُوبُ إِلَيْهِ

Astaghfirullah wa atūūbu ilai(hi)

I seek the Forgiveness of Allah and repent to Him.

To be recited 100 times (100x) during the day

Reference:

Al-Bukhari, cf. Al-Asqalani, Fathul-Bari 11/101, Muslim 4/2075.



5.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā ilāha illallāh wahdahu lā sharīka lah, lahu'l-mulku wa lahu'l-hamd, yuhyī wa yumīt wa huwa 'alā kulli shay'in qadīr

None has the right to be worshipped but Allah alone, Who has no partner. His is the dominion and His is the praise. He brings life and He causes death, and He is Able to do all things.

**Virtue:** He/She who recites this will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundreds of his sins will be blotted out from his scroll, and he will be safe guarded against the devil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him.

Reference: Al-Bukhari 4/95, Muslim 4/2071.

Sahih Muslim 2691

In-book reference: Book 48, Hadith 38



6.

لَا إِلَهَ إِلَّا اللَّهُ

Lā ilāha illallāh

None has the right to be worshipped but Allah

**Virtue:** The most fortunate person who will have the intercession of the Prophet Muhammed (SAW) will be the one who said 'Lā ilāha illallāh' sincerely from his heart.

Reference: Sahih al-Bukhari 99  
In-book reference : Book 3, Hadith 41

# **MORNING AND EVENING ADHKĀRS**

"...And glorify and praise your Lord before sunrise and  
before sunset"  
(50:39)

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## NOTE:

Morning adhkār should be recited between Fajr and Sunrise.

Evening adkhār should be recited between Asr and Maghrib.



## I.

The Messenger of Allah (ﷺ) said: "Recite Surah al-Ikhlas and al Mu'awwidhtayn (Surah al-Falaq, and Surah al-Nas) three times (3x) in the morning and the evening. It will suffice you in all respects."

Reference: Abu Dawud and At-Tirmidhi , Riyad as-Salihin 1456

In-book reference: Book 15, Hadith 49

## 2.

**بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِشِيءٌ فِي  
الْأَرْضِ وَلَا فِي السَّمَاوَاتِ وَهُوَ السَّمِيعُ الْعَلِيمُ**

Bismillāhi 'l-ladhī lā yadurru ma'a-smihi shay'un fil-'arḍi wa lā fis-samā' wa huwas-Samī 'ul-'Alīm

In the Name of Allah, Who with His Name nothing can cause harm in the earth nor in the heavens, and He is the All-Hearing, the All-Knowing.  
(Recite three times in Arabic).

Whoever recites it three times in the morning will not be afflicted by any calamity before evening, and whoever recites it three times in the evening will not be overtaken by any calamity before morning.

Reference: Abu Dawud 4/323, At-Tirmidhi 5/465,  
Ibn Majah 2/332



3.

اللّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا  
عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدُكَ مَا  
أَسْتَطِعْتُ أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتَ بِأَبُوءُ  
لَكَ بِنْعَمَتِكَ عَلَيَّوْا بِأَبُوءُ بِذَنْبِي فَاغْفِرْ  
لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allāhumma anta Rabbī lā ilāha illā ant, khalaqtanī  
wa anā 'abduk, wa anā 'alā 'ahdika wa wa'dika  
mastaṭa't, a'ūdhu bika min sharri mā şana't, abū'u  
laka bi ni'matika 'alay, wa abū'u bidhanbī faghfir lī  
fa'innahu lā yaghfirudh-dhunūba illā ant.

O Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Whoever recites this with conviction in the evening and dies during that night shall enter Paradise, and whoever recites it with conviction in the morning and dies during that day shall enter Paradise.

Reference: Al-Bukhari 7/150. Other reports are in An-Nasa'i and At-Tirmidhi



4.

اللَّهُمَّ إِنِّي أَصْبَحْتُ أَشْهِدُكَ، وَأَشْهُدُ  
 حَمْلَةَ عَرْشِكَ، وَمَلَائِكَتِكَ، وَجَمِيعَ خَلْقِكَ  
 أَنَّكَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ  
 لَكَ، وَأَنَّ مُحَمَّداً عَبْدُكَ وَرَسُولُكَ

Allāhumma innī aṣbaḥtu (amsaytu) ush-hiduka wa  
 ush-hidu ḥamalata 'arshik, wa malā'ikatka  
 wajamī'a khalqik, annaka antallāhu lā ilāha illā  
 ant, wahdaka lā sharīka lak, wa anna  
 Muḥammadan 'abduka wa rasūluk.

O Allah, I have entered a new morning (evening) and call upon You and upon the bearers of Your Throne, upon Your angels and all creation to bear witness that surely You are Allah, there is none worthy of worship but You alone, You have no partners, and that Muhammad is Your slave and Your Messenger.

(Recite four times (4x) in Arabic)

When you say this in the evening you should say,  
 Allāhumma innī amsaytu. . . . : "O Allah, I have ended another day..." Allah will spare whoever says this four times in the morning or evening from the fire of Hell.

Abu Dawud 4/317. It was also reported by Al-Bukhari in Al-'Adab Al-Mufrad, An-Nasa'i in 'Amalul-Yawm wal-Laylah and Ibn As-Sunni.



## 5.

It was narrated that Ibn Umar said: The Messenger of Allah ﷺ never abandoned these supplications, every morning and evening:

**اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا  
 وَالْآخِرَةِ اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي  
 دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي اللَّهُمَّ اسْتَرْ عَوْرَاتِي  
 وَأَمِنْ رَوْعَاتِي وَاحْفَظْنِي مِنْ بَيْنِ يَدَيَ وَمِنْ خَلْفِي  
 وَعَنْ يَمِينِي وَعَنْ شِمَائِلِي وَمِنْ فُوقِي وَأَعُوذُ بِكَ  
 أَنْ أُغْتَالَ مِنْ تَحْتِي**

Allahumma inni as'alukal-'afwa wal-'afiyah fid-dunya wal-akhirah. Allahumma inni as'alukal-'afwa wal-'afiyah fi dini wa dunyaya wa ahli wa mali. Allahum-mastur 'awrati, wa amin raw'ati wahfazni min bayni yadayya, wa min khalfi, wa 'an yamini wa 'an shimali, wa min fawqi, wa 'audhu bika an ughtala min tahti

O Allah, I ask You for well-being in this world and the Hereafter. O Allah, I ask You for pardon and well-being in my religion, my worldly affairs, my family and my property. O Allah, conceal my faults and keep me safe from what I fear. O Allah, guard me from in front of me and behind me, on my right and on my left, and from above me. And I seek refuge in Your Magnificence from being swallowed up from beneath me.



## 6.

The Messenger of Allah ﷺ said "There is no Muslim - or no person, or slave (of Allah) - who says, in the morning and evening (three times/3x):

**رَضِيَتْ بِاللَّهِ رَبِّاً، وَبِالْإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) نَبِيًّاً**

Raditu Billahi Rabban wa bil Islami dinan wa bi Muhamadin (sallAllahu 'alayhi wa sallama)  
Nabiyyan.

I am content with Allah as my Lord, Islam as my religion and Muhammad (SallaAllahu 'alayhi wasallam) as my Prophet"- but he will have a promise from Allah to make him pleased on the Day of Resurrection.

Reference: Sunan Ibn Majah 3870

In-book reference: Book 34, Hadith 44

English translation: Vol. 5, Book 34, Hadith 3870



7.

اللّهُمَّ عالِمَ الْغَيْبِ وَالشَّهادَةِ فاطِرَ  
 السَّمَاوَاتِ وَالْأَرْضَ رَبُّ كُلِّ شَيْءٍ  
 وَمَلِيكُهَا شَهِدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَأَعُوذُ بِكَ مِنْ شَرِّ  
 نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّ كِهْوَانِ أَقْتَرَفَ  
 عَلَى نَفْسِي سَوْءًا وَأَجْرَهُ إِلَى مُسْلِمٍ

Allāhumma 'ālima 'l-ghaybi wash-shahādah, fātiras-samāwāti wa 'l-ardh, Rabba kulli shay'in wa malīkah, ash-hadu an lā ilāha illā ant, a'ūdhu bika min sharri nafsī, wa min sharrish-shayṭāni wa shirkih, wa an aqtarifa 'alā nafsī sū'an, aw ajurrahū ilā Muslim.

O Allah, Knower of the unseen and the evident,  
 Maker of the heavens and the earth, Lord of  
 everything and its Master, I bear witness that there is  
 none worthy of worship but You. I seek refuge in You  
 from the evil of my soul, and from the evil of Satan  
 and his helpers. (I seek refuge in You) from bringing  
 evil upon my soul and from harming any Muslim.

Reference : At Tirmidhi, Musnad Ahmad 63  
 In-book reference: Book 1, Hadith 60



8.

## حَسْبِنَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ، وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

HasbiAllahu la illaha illa Huwa, 'alayhi tawakkaltu, wa Huwa Rabbul arshil adheem

Allah is sufficient for me. There is none worthy of worship but Him. I have placed my trust in Him, and He is the lord of the Majestic Throne.

Allah will Grant whoever recites this 7 times in the morning or evening whatever he desires from this world or the next

Reference:

Ibn As-Sunni (no. 71), Abu Dawud 4/321  
Hisn al-Muslim 83

**FAJR  
ADHKĀR**



## I.

It was narrated from Umm Salamah that when the Prophet ﷺ performed the Subh (morning prayer), while he said the Salam, he would say:

**اللّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا طَيِّبًا،  
وَعَمَلاً مُتَقَبِّلًا**

‘Allahumma inni as’aluka ‘ilman nafi’an, wa rizqan tayyiban, wa ‘amalan mutaqabbalan

O Allah, I ask You for beneficial knowledge, goodly provision and acceptable deeds.

Reference: Sunan Ibn Majah

English reference: Vol. 1, Book 5, Hadith 925

Arabic reference: Book 5, Hadith 978



## 2.

Juwairiyah bint Al-Harith (May Allah be pleased with her), the Mother of the Believers, reported: The Prophet (ﷺ) came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the forenoon and found me sitting there. The Prophet (ﷺ) said, "Are you still in the same position as I left you." I replied in the affirmative. Thereupon the Prophet said, "I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are:

**سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَّدَ خَلْقَهُ وَرَضَا نَفْسَهُ وَزَنَةَ  
عَزْشَهُ وَمِدَادَ كَلِمَاتِهِ**

Subhan-Allahi wa bihamdihi, 'adada khalqahi, wa  
rida nafsihi, wa zinatah 'arshihi, wa midada  
kalimatihi

Allah is free from imperfection and I begin with His praise, as many times as the number of His creatures, in accordance with His Good Pleasure, equal to the weight of His Throne and equal to the ink that may be used in recording the words (for His Praise).

(To be recited 3 times in Arabic after Fajr)



3.

**لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُلَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ يُحْمِي وَيُمْتَوْهُ عَلَى كُلِّ شَيْءٍ قَدِيرٌ**

Lā ilāha illallāh wahdahu lā sharīka lah, lahu'l-mulku  
wa lahu'l-hamd, yuhyī wa yumīt wa huwa 'alā kulli  
shay'in qadīr.

None has the right to be worshipped but Allah alone,  
Who has no partner. His is the dominion and His is  
the praise. He brings life and He causes death, and  
He is Able to do all things.

(To be recited 10 times in arabic after fajr salat and  
before moving from his place or talking to anyone).

Virtue: Ten good deeds will be recorded for him, ten  
sins will be eliminated from him, he will be upgraded  
ten degrees (in reward), he will be safeguarded from  
all kinds of harm all that day, he will be guarded  
against shaytan and no sin can overtake him on that  
day (and nullify his good deeds) except associating  
others in worship with Allah.

Reference:

At-Tirmidhi 3484 (5/515), Ahmad 4/227  
See its checking in Ibn Al-Qayyim Al-Jawziyyah's Zddul-Ma'ad 1/300.

# MAGHREB ADHKĀR



## I.

**لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُلَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ يُحْمِدُهُ وَيُمِتُّهُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ**

Lā ilāha illallāh wahdahu lā sharīka lah, lahu'l-mulku  
wa lahu'l-hamd, yuḥyī wa yumīt wa huwa 'alā kulli  
shay'in qadīr.

None has the right to be worshipped but Allah alone,  
Who has no partner. His is the dominion and His is  
the praise. He brings life and He causes death, and  
He is Able to do all things.

(To be recited 10 times in arabic after Maghreb salat  
before moving from his place or talking to anyone)

**Virtue:** Ten good deeds will be recorded for him, ten  
sins will be eliminated from him, he will be upgraded  
ten degrees (in reward), he will be safeguarded from  
all kinds of harm all that day, he will be guarded  
against shaytan and no sin can overtake him on that  
day (and nullify his good deeds) except associating  
others in worship with Allah.

## Reference:

At-Tirmidhi 3484 (5/515), Ahmad 4/227

See its checking in Ibn Al-Qayyim Al-Jawziyyah's Zddul-Ma'ad 1/300.

# **ADHKĀR BEFORE GOING TO SLEEP**



## I.

When anyone of you goes to bed, he should shake out his covers, for he does not know what has come onto it after him. Then he should say:

**بِاسْمِكَ رَبِّي وَضَعْتُ جَنِي، وَبِكَ أَرْفَعُهُ، فَإِنْ  
أَمْسَكْتَ نَفْسِي فَارْحَمْهَا، وَإِنْ أَرْسَلْتَهَا  
فَاحْفَظْهَا، بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ**

Bismika rabbi wada'tu janbi wabika arfa uhu, 'in amsakta nafsi farhamha, wa'in arsaltaha fahfath ha bima tahfathu bihi ibadaka salihin.

With Your Name my Lord, I lay myself down and with Your Name I will rise therefrom. If You take my soul, bestow mercy on it, and if You release it, protect it as You protect Your righteous slaves.

Reference: Al-Bukhari 11/126 and Muslim 4/2084.  
Hisn al-Muslim 102

## 2.

**اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا**

Allahumma bismika amutu wa ahya,

With Your name, O Allah, I die and I live.

Reference : Sahih al-Bukhari 6324  
In-book reference : Book 80, Hadith 21



3.

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهادَةِ فَاطِرَ  
 السَّمَاوَاتِ وَالْأَرْضِ بَرَّ كُلَّ شَيْءٍ  
 وَمَلِيكَهَا شَهِدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَنْتَ عَوْذُ بِكَ مِنْ شَرِّ  
 نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ وَأَنْ أَقْتَرِفَ  
 عَلَى نَفْسِي سَوْءًا أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

Allāhumma 'ālima 'l-ghaybi wash-shahādah, fātiras-samāwāti wa 'l-ardh, Rabba kulli shay'in wa malīkah, ash-hadu an lā ilāha illā ant, a'ūdhu bika min sharri nafṣī, wa min sharrish-shayṭāni wa shirkih, wa an aqtarifa 'alā nafṣī sū'an, aw ajurrahu ilā Muslim.

O Allah, Knower of the unseen and the evident, Maker of the heavens and the earth, Lord of everything and its Master, I bear witness that there is none worthy of worship but You. I seek refuge in You from the evil of my soul, and from the evil of Satan and his helpers. (I seek refuge in You) from bringing evil upon my soul and from harming any Muslim.

Reference: Abu Dawud 4/317.

See also Al-Albani, Sahih At-Tirmidhi 3/142.  
 Hisn al-Muslim 109

## 4.

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَةٌ وَلَا  
 نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا  
 الَّذِي يَشْفَعُ عِنْهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ  
 وَمَا خَلْفُهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا  
 شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَنْوِدُهُ  
 حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

Allaahu laa 'ilaaha 'illaa Huwal-Hayyul-Qayyoom, laa  
 ta'khuthuhu sinatun wa laa nawm, lahu maa fis-  
 samaawaati wa maa fil-'ardh, man thal-lathee  
 yashfa'u 'indahu 'illaa bi'ithnihi, ya'lamu maa bayna  
 'aydeehim wa maa khalfahum, wa laa yuheetoona  
 bishay'im-min 'ilmahi 'illaa bimaa shaa'a, wasi'a  
 kursiyyuhus-samaawaati wal'ardha, wa laa ya'ooduhu  
 hifdhuhumaa, wa Huwal- 'Aliyyul- 'Adheem

Allah – There is no God but He, the Ever-Living, the  
 One Who sustains and protects all that exists.

Neither slumber nor sleep overtakes Him. To Him  
 belongs whatever is in the heavens and whatever is on  
 the earth. Who is he that can intercede with Him  
 except with His Permission? He knows what happens  
 to them in this world, and what will happen to them  
 in the Hereafter. And they will never encompass  
 anything of His Knowledge except that which He  
 wills. His Throne extends over the heavens and the  
 earth, and He feels no fatigue in guarding and  
 preserving them. And He is the Most Elevated, the  
 Most Exalted.



Whoever reads this when he lies down to sleep will have a guardian from Allah remain with him and Satan will not be able to come near him until he rises in the morning.”

Reference: Sahih al-Bukhari 3275  
In-book reference: Book 59, Hadith 84

5.

These two verses will be sufficient for anyone who recites them at night before sleeping.

آمَنَ الرَّسُولُ بِمَا أُنْزِلَ إِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُونَ كُلُّ  
آمَنَ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ لَا نُفَرِّقُ بَيْنَ أَحَدٍ  
مِنْ رُسُلِهِ وَقَالُوا سَمِعْنَا وَأَطْعَنَا عُفْرَانَكَ رَبَّنَا وَإِلَيْكَ  
الْمَصِيرُ (285) لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا  
كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا  
أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إِصْرًا كَمَا حَمَلْتَهُ عَلَى  
الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ  
وَاعْفُ عَنَّا وَاغْفِرْ لَنَا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانْصُرْنَا  
عَلَى الْقَوْمِ الْكَافِرِينَ



Aamanar-Rasoolu bimaa 'unzila ilaihi mir-Rabbihu  
 walmu'minoon, kullun 'aamana billaahi wa  
 malaa'ikatihii wa Kutubihi wa Rusulihi, laa nufarriqu  
 bayna 'ahadim-mir-Rusulihi, wa qaaloo sam'i'naa wa  
 'ata'naa ghufraanaka Rabbanaa wa 'ilaykal-maseer.  
 Laa yukallifullaahu nafsan 'illaa wus'aha, lahaa maa  
 kasabat wa 'alayhaa mak-tasabat, Rabbanaa laa  
 tu'aakhithnaa 'in naseenaa 'aw 'akhta'naa, Rabbanaa  
 wa laa tahmil 'alaynaa 'isran kamaa hamaltahu 'alal-  
 latheena min qablinaa, Rabbanaa wa laa  
 tuhammilnaa maa laa taaqata lanaa bihi, wa'fu  
 'anna, waghfir lanaa warhamnaa, 'Anta Mawlaanaa  
 fansurnaa 'alal-qawmil-kaafireen.

The Messenger believes in what has been sent down to him from his Lord, and so do the believers. Each one believes in Allah, His Angels, His Books, and His

Messengers. They say: "We make no distinction between any of His Messengers," and they say: "We hear, and we obey. (We seek) Your Forgiveness, our Lord, and to You is the return." Allah burdens not a person beyond what he can bear. He gets the reward for that (good) which he has earned, and he is punished for that (evil) which he has earned. Our Lord! Punish us not if we forget or fall into error. Our Lord! Lay not on us a burden like that which You did lay on those before us. Our Lord! Put not on us a burden greater than we have strength to bear. Pardon us and grant us forgiveness. Have mercy on us. You are our Protector, and help us against the disbelieving people."

## 6.

A'isha said: When Allah's Messenger (Allah bless him and give him peace) went to his mattress each night, he joined the palms of his hands, then breathed into them and recited into them:

“Say: ‘He is Allah, One [qul Huwa'llahu Ahad]!’ (Al-Qur'an; 112:1), and:

**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ {قُلْ هُوَ اللَّهُ أَحَدٌ \* اللَّهُ الصَّمَدُ \* لَمْ يَلِدْ وَلَمْ يُوَلَّدْ \* وَلَمْ يَكُنْ لَّهُ كُفُواً أَحَدٌ}**

Bismillāhir-Rahmānir-Rahīm. Qul huwallāhu ahad. Allāhu-ṣ-ṣamad. Lam yalid wa lam yūlad. Wa lam yakun lahu kufuwan ahad.

In the Name of Allah, the Most Gracious, the Most Merciful. Say: He is Allah (the) One. The Self-Sufficient Master, Whom all creatures need, He begets not nor was He begotten, and there is none equal to Him.

...



“Say: ‘I take refuge with the Lord of the Daybreak [qul a'udhu bi-Rabbil-falaq]!’ (Al-Qur'an; 113:1), and:

**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ {قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ**  
**\*مِنْ شَرِّ مَا خَلَقَ \* وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ \***  
**وَمِنْ شَرِّ النَّفَاثَاتِ فِي الْعُقَدِ \* وَمِنْ شَرِّ حَاسِدٍ**  
**إِذَا حَسَدَ}**

Bismillāhir-Rahmānir-Rahīm. Qul a'ūdhu birabbil-falaq. Min sharri mā khalaq. Wa min sharri ghāsiqin idhā waqab. Wa min sharrin-naffāthāti fil-'uqad. Wa min sharri hāsidin idhā hāsad.

In the Name of Allah, the Most Gracious, the Most Merciful. Say: I seek refuge with (Allah) the Lord of the daybreak, from the evil of what He has created, and from the evil of the darkening (night) as it comes with its darkness, and from the evil of those who practice witchcraft when they blow in the knots, and from the evil of the envier when he envies.

. . .



“Say: ‘I take refuge with the Lord of humankind [qul a’udhu bi-Rabbī’n-nas]!’ (Al-Qur'an; 114:1),

**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ {قُلْ أَعُوذُ بِرَبِّ النَّاسِ  
مَلِكِ النَّاسِ إِلَهِ النَّاسِ مِنْ شَرِّ الْوَسْوَاسِ  
الْخَنَّاسِ الَّذِي يُوْسُوسُ فِي صُدُورِ النَّاسِ مِنْ  
الْجِنَّةِ وَالنَّاسِ}**

Bismillāhir-Rahmānir-Rahīm. Qul a’udhu birabbin-nās. Malikin-nās. Ilāhin-nās. Min sharri ‘l-waswāsil-khannās. Alladhī yuwaswisu fī šudūrin-nās. Minal-jinnati wannās.

In the Name of Allah, the Most Gracious, the Most Merciful. Say: I seek refuge with (Allah) the Lord of mankind, the King of mankind, the God of mankind, from the evil of the whisperer who withdraws, who whispers in the breasts of mankind, of jinns and men.

Then he passed them over as much of his body as he could, beginning with his head and his face and the front of his body, doing that three times.

Reference: Sahih  
Ash-Shama'il Al-Muhammadiyah 256  
In-book reference: Book 39, Hadith 3

7.

Recite the following:

**سُبْحَانَ اللَّهِ (ثَلَاثًا وَثَلَاثِينَ)**

**وَالْحَمْدُ لِلَّهِ (ثَلَاثًا وَثَلَاثِينَ)**

**وَاللَّهُ أَكْبَرُ (أَرْبَعًا وَثَلَاثِينَ)**

Subḥānallāh (33x)

Wa 'l-ḥamdu lillāh (33x)

Wallāhu Akbar (34x)

Glory is to Allah (thirty-three times in Arabic),

Praise is to Allah (thirty-three times),

Allah is the Most Great (thirty-four times).



8.

The Prophet (ﷺ) used to recite the following chapters of the Quran before going to bed:

Chapter 32, Surah As-Sajdah (The Postration)

and

Chapter 67, Surah Al-Mulk (The Sovereignty)

in Arabic.

Reference: At-Tirmidhi, An-Nasa'i.  
See also Al-Albani, Sahihul-Jami 'As-Saghir 4/255  
Hisn al-Muslim 110

# **ADHKĀR AFTER WAKING UP FROM SLEEP**



I.

**الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ التُّشُورُ**

Alhamdu lillahil ladhe ahyaana ba'da ma amaatana  
wa ilayhin nushur

Praise be to Allah Who gives us life after He has  
caused us to die and unto Him is the return.

Reference: Al-Bukhari,  
cf. Al-Asqalani, Fathul-Bari 11/113; Muslim 4/2083

2.

**الْحَمْدُ لِلَّهِ الَّذِي عَافَنِي فِي جَسَدِي وَرَدَّ عَلَيَّ  
رُوحِي وَأَدَنَ لِي بِذِكْرِهِ**

Al-hamdu lillāhil-ladhī 'afānī fī jasadī, wa radda  
'alayya rūhī, wa 'adhina lī bidhikrihi.

Praise is to Allah Who gave strength to my body and  
returned my soul to me and permitted me to  
remember Him.

Reference: At-Tirmidhi 5/473.  
See Al-Albani's Sahih Tirmidhi 3/144.

# ADHKĀR AT THE BEGINNING OF TAHAJUUD



## I.

## Adkhar at the beginning of Tahajuud

Narrated Abu Sa'id al-Khudri: When the Messenger ﷺ got up to pray at night (for tahajjud prayer) he uttered the takbir (اللَّهُ أَكْبَرُ ) and then said:

**سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، وَتَبَارَكَ اسْمُكَ،  
وَتَعَالَى جَدُّكَ، وَلَا إِلَهَ غَيْرُكَ**

Glory is to You O Allah, and praise. Blessed is Your Name and Exalted is Your Majesty. There is none worthy of worship but You.

He then said:

**(لَا إِلَهَ إِلَّا اللَّهُ)**

"There is no god but Allah" three times;

He then said:

**(اللَّهُ أَكْبَرُ كَبِيرًا)**

"Allah is altogether great" three times:

**أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ  
(مِنْ هَمْزَهُ وَنَفْخَهُ وَنَفْثَهُ)**



"I seek refuge in Allah, All-Hearing and All-Knowing from the accursed devil, from his evil suggestion (hamz), from his puffing up (nafkh), and from his spitting (nafth)".

He then recited (the Qur'an).

Reference Sunan Abi Dawud 775  
In-book reference: Book 2, Hadith 385  
English translation: Book 3, Hadith 774

# WITR ADHKĀR



## I.

The Prophet ﷺ taught his grandson, al-Hasan ibn Ali ibn Abi Talib, to say this supplication during qunut in the witr prayer.

اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ وَعَافِنِي فِيمَنْ عَافَيْتَ وَ  
تَوَلَّنِي فِيمَنْ تَوَلَّيْتَ وَبَارِكْ لِي فِيمَا أَعْطَيْتَ وَقِنِي  
شَرًّا مَا قَضَيْتَ إِنَّكَ تَقْضِي وَلَا يُقْضَى عَلَيْكَ إِنَّهُ لَا  
يَذِلُّ مَنْ وَالَّيْتَ تَبَارَكْتَ وَتَعَالَيْتَ

Allāhumma ihdinī fī-man hadayta wa-‘afinī fī-man  
‘afayta wa-tawallanī fī-man tawwalayta wa-bārik lī fī-  
mā a‘ṭayta wa-qinī sharra mā qaḍayta innaka taqđī  
wa-lā yuqđā ‘alayka innahu lā yadhillu man wālayta  
tabārakta wa-ta‘ālayt

O Allah, guide me among those whom You have guided, grant me well-being among those whom You have granted well-being, turn to me in friendship among those to whom You have turned in friendship, bless me in what You have bestowed, and save me from the evil of what You have decreed. Truly, You decree and none can decree against You; one whom You have befriended is not humiliated. Blessed are You (O Allah) and Exalted.



## 2.

Supplication during sujood and at the end of Witr  
Prayer.

اللَّهُمَّ إِنِّي أَعُوذُ بِرَضَاكَ مِنْ سَخْطِكَ،  
وَبِمُعَافَاتِكَ مِنْ عَقْوَبَتِكَ، وَأَعُوذُ بِكَ مِنْكَ، لَا  
أُخْصِي ثَنَاءً عَلَيْكَ، أَنْتَ كَمَا أَثْنَيْتَ عَلَى نَفْسِكَ

Allaahumma 'innee 'a'oothu biridhaaka min  
sakhatika, wa bimu'aafaatika min 'uqoobatika, wa  
'a'oothu bika minka, laa 'uhsee thanaa'an 'alayka,  
'Anta kamaa 'athnayta 'alaa nafsika

O Allah, I seek refuge with Your Pleasure from  
Your anger. I seek refuge in Your forgiveness from  
Your punishment. I seek refuge in You from You. I  
cannot count Your praises, You are as You have  
praised Yourself.

Reference: Muslim 1/352, Abu Dawud, Ibn Majah, An-Nasa'i, At-Tirmithi, Ahmad. See Al-Albani, Sahih At-Tirmithi 3/180, Sahih Ibn Majah 1/194, and 'Irwa'ul-Ghalil. 2/ 175.



3.

**سُبْحَانَ الْمَلِكِ الْقُدُّوسِ**

Subhanal-Malikil-Quddus

Glory be to the Sovereign, the Most Holy)

(3x) three times.

Reference : Sunan an-Nasa'i 1699  
In-book reference : Book 20, Hadith 102  
English translation : Vol. 2, Book 20, Hadith 1700

# ISTIKHĀRA DUA



اللَّهُمَّ إِنِّي أَسْتَخِرُكَ بِعِلْمَكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ،  
وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ،  
وَتَعْلَمُ، وَلَا أَعْلَمُ، وَأَنْتَ عَلَمُ الْغُيُوبِ، اللَّهُمَّ إِنِّي  
كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ خَيْرٌ لِي فِي دِينِي  
وَمَعَاشِي وَعَاقِبَةِ أُمْرِي - عَاجِلِهِ وَأَجِلِهِ - فَاقْدِرْهُ لِي  
وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا  
الْأَمْرَ شَرٌّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أُمْرِي -  
عَاجِلِهِ وَأَجِلِهِ - فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ وَاقْدِرْ  
لِي الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي بِهِ

Allaahumma 'innee 'astakheeruka bi'ilmika, wa  
'astaqdiruka biqudratika, wa 'as'aluka min fadhtikal-  
'Adheemi, fa'innaka taqdiru wa laa 'aqdiru, wa ta'lamu,  
wa laa 'alamu, wa 'Anta 'Allaamul-Ghuyoobi,  
Allaahumma 'in kunta ta'lamu 'anna haathal-'amra-[then  
mention the thing to be decided] Khayrun lee fee  
deenee wa ma'aashee wa 'aaqibati 'amree - [or say]  
'Aajilihi wa 'aajilihi - Faqdurhu lee wa yassirhu lee  
thumma baarik lee feehi, wa 'in kunta ta'lamu 'anna  
haathal-'amra sharrun lee fee deenee wa ma'aashee wa  
'aaqibati 'amree - [or say] 'Aajilihi wa 'aajilihi - Fasrifhu  
'annee wasrifnee 'anhu waqdur liyal-khayra haythu  
kaana thumma 'ardhinee bihi



O Allah, I seek the counsel of Your Knowledge, and I seek the help of Your Omnipotence, and I beseech You for Your Magnificent Grace. Surely, You are Capable and I am not. You know and I know not, and You are the Knower of the unseen. O Allah, if You know that this matter [then mention the thing to be decided] is good for me in my religion and in my life and for my welfare in the life to come, - [or say: in this life and the afterlife] - then ordain it for me and make it easy for me, then bless me in it. And if You know that this matter [then mention the thing to be decided] is bad for me in my religion and in my life and for my welfare in the life to come, - [or say: in this life and the afterlife] - then distance it from me, and distance me from it, and ordain for me what is good wherever it may be, and help me to be content with it.

Reference: Al-Bukhari 7/162. and Aal-'Imran 3:159.

Hisn al-Muslim 74

# SELECTED QURANIC DUAS



I.

رَبِّ أَوْزَعْنِي أَنْ أَشْكُرْ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ  
وَعَلَيْنِ وَلِدَيَّ وَأَنْ أَعْمَلْ صَلِحًا تَرْضَنِهُ وَأَصْلِحْ لِي  
فِي ذَرَرَيْتَ إِنِّي تُبْتُ إِلَيْكَ وَإِنِّي مِنَ الْمُسْلِمِينَ

Rabbi 'Awzi'nî 'an 'ashkura Ni'mataka Allati  
'an'amta 'alayya wa 'ala walidayya wa 'an 'amala  
salihaan Tardahu wa 'Aslih-li fi Dhurriyati 'Inni  
tubtu 'ilayka wa 'inni minaal-Muslimin

O my Lord! Inspire me to always be thankful for  
Your favours which You blessed me and my parents  
with, and to do good deeds that please You. And  
instil righteousness in my offspring. I truly repent  
to You, and I truly submit to Your Will.

Reference: Surah al-Ahqaf; 46:15

2.

رَبَّنَا آمَنَّا بِمَا أَنْزَلْتَ وَاتَّبَعْنَا الرَّسُولَ فَاكْتُبْنَا مَعَ  
الشَّاهِدِينَ

Rabbana amanna bima anzalta wattaba 'nar-Rusula  
fak-tubna ma'ash-Shahideen

Our Lord, we believe in Your revelations and follow  
the messenger, so count us among those who bear  
witness

Reference: Surah Al-Imran; 3:53



## 3

**رَبَّنَا عَلَيْكَ تَوَكَّلْنَا وَإِلَيْكَ أَتَبْنَا وَإِلَيْكَ الْمَصِيرُ**

Rabbana alayka tawakkalna wa-ilayka anabna wa-ilaykal masir

Our Lord, in You we trust. And to You we 'always' turn. And to You is the final return

Reference: Surah Al-Mumtahanah; 60:4

## 4.

**رَبَّنَا أَتْمِمْ لَنَا نُورَنَا وَاغْفِرْ لَنَا إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ**

Rabbana atmim lana nurana waighfir lana innaka 'ala kulli shay-in qadir

Our Lord, perfect our light for us, and forgive us.  
For You are truly Most Capable of everything

Reference: At-Tahrim; 66



5.

**رَبَّنَا آمَنَّا فَأَكْتُبْنَا مَعَ الشَّاهِدِينَ**

Rabbanaaa aamannaah faktubnaa ma'ash shaahideen

Our Lord, we believe; so write us down among the  
witnesses.

Reference: Surah Al Ma'idah; 5:83

6.

**رَبَّنَا فَاغْفِرْ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا سَيِّئَاتِنَا وَتَوَفَّنَا  
مَعَ الْأَبْرَارِ**

Rabbanaa faghfir lanaa zunoobanaa wa kaffir  
'annaah saiyyi aatina wa tawaffanaa ma'al abraar

Our Lord, forgive us our sins and expiate from us  
our evil deeds, and make us die (in the state of  
righteousness) along with Al-Abraar" (the pious  
believers of Islamic Monotheism).

Reference: Surah Al-Imran; 3:193



7.

**رَبَّنَا لَا تَجْعَلْنَا مَعَ الْقَوْمِ الظَّالِمِينَ**

Rabbanaa laa taj'alnaa ma'al qawmiz zaalimeen

Our Lord, do not place us with the wrongdoing people.

Reference: Surah Al Araf; 7:47

8.

**رَبَّنَا أَفْرُغْ عَلَيْنَا صَبْرًا وَثَبِّثْ أَقْدَامَنَا وَانصُرْنَا  
عَلَى الْقَوْمِ الْكَافِرِينَ**

Rabbana afrigh 'alayna sabran wa thabbit  
aqdamana wansurna 'alal-qawmil-kafirin

Our Lord, shower us with patience and plant firmly our feet and give us victory over the disbelieving people.

Reference: Surah Al-Baqarah; 2:250



9.

**رَبِّ أَرْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا**

Rabb irhamhuma kama rabbayani ṣaghira

My Lord! Be merciful to them (my parents) as they raised me when I was young.”

Reference: Surah Al-Israh; 17:24

IO.

**رَبِّ ابْنِ لِي عِنْدَكَ بَيْتًا فِي الْجَنَّةِ**

Rabbib ni lee ‘indaka baytan fil Jannah

My Lord! Build for me a home with You in Paradise.

Reference: Surah At-Tahrim; 66:11

II.

**رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَ ذُرَّيَّاتِنَا  
قَرْهَةَ أَعْيُنٍ وَّ اجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا**

Rabbana hablana min azwajina wa dhuriyyatina qurrata A’yunin wa j’alna lil- muttaqina imama.

O our Lord! Bless us with pious spouses and offsprings who will be the joy of our eyes, and make us leaders of the righteous.

Reference: Surah Al Furqan; 25:74



12.

**رَبِّ هَبْ لِي حُكْمًا وَالْحِقْنِي بِالصَّالِحِينَ  
وَاجْعَلْ لِي لِسَانًا صِدْقٍ فِي الْأَخْرِينَ  
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ**

Rabbi hablee hukman waal hiqnee bi alssaliheena  
Wa ijaal lee lisana sidqin fee al akhireena Wa  
ijaaalnee min warathati jannati al'nnaaaeemi

My Lord! Bestow wisdom on me, and join me with  
the righteous, and grant me an honorable mention  
in later generations, and make me one of the  
inheritors of the Paradise of Delight

Reference: Surah Ash-Shu'araa; 26:83-85

13.

**رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِنِي رَبِّنَا وَتَقَبَّلْ دُعَاءِ**

Rabbij-A'lnee Muqeemas' S'alaati Wa Min D'urrriyyatee  
Rabbanaa Wa Taqabbal Du-A'aa

O my Lord! Make me an establisher of prayer, and (also  
many) from my descendants, our Lord! accept my  
prayer.

Reference: Surah Ibraheem 14:40



14.

**رَبِّ أَوْزِعْنِي أَنْ أَشْكُرْ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ  
وَعَلَى وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَدْخِلْنِي  
بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ**

Rabbi 'awzi'-ni 'an 'ashkura ni'-mata kallatee  
'an-'amta 'alayya wa 'alaa waalidayya wa 'an 'a-mala  
saalihan tarzaahu wa 'adkhilnee bi-rahmatika fee  
'ibadikas-saliheen

My Lord! permit me to give thanks for Your  
blessing which You have bestowed on me and on my  
parents, and that I may do good which pleases You,  
and admit me, with Your mercy, among Your  
righteous bondsmen.

Reference: Surah Naml; 27:19

15.

**رَبِّ اشْرَحْ لِي صَدْرِي وَيَسِّرْ لِي أَمْرِي وَاحْلُلْ  
عُقْدَةً مِنْ لِسَانِي يَفْقَهُوا قَوْلِي**

Rabb-ishrah li sadri, wa yassir li 'amri, Wah-lul  
'uqdatam-min-li-saani, Yaf-qahuu qawlii

O my Lord! Open for me my chest (grant me self-  
confidence, contentment, and boldness); Ease my  
task for me; And remove the impediment from my  
speech, so they may understand what I say.

Reference: Surah Surah Ta-Ha; 20:25-28



16.

رَبَّنَا لَا تُزْغِ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ  
لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Rabbanaa Laa Tuzigh Quloobanaa Ba'-Da  
Id'hadaytanaa Wa Hab Lanaa Mil Ladunka  
Rah'mah Innaka Antal Wahaab

Our Lord! Let not our hearts deviate (from the truth) after You have guided us, and grant us mercy from You. Truly, You are the Bestower.

Reference: Surah Al-Imran; 3:8

17.

رَبَّنَا اغْفِرْ لَنَا وَلَا خُوَانِنَا الَّذِينَ سَبَقُونَا بِالْإِيمَانِ  
وَلَا تَجْعَلْ فِي قُلُوبِنَا غِلَّا لِلَّذِينَ أَمْنَوْا

Rabbanagh fir lanaa wa li ikhwaani nal lazeena  
sabqoonaa bil eemaani wa laa taj'al fee quloobinaa  
ghillalil lazeena aamanoo

Our Lord, forgive us and our brothers who preceded us in faith and put not in our hearts [any] resentment toward those who have believed.

Reference: Surah Al Hashr; 59:10

# **PERSONAL DUAS**

## DUA LIST

"And your Lord said: Call upon Me; I will respond to you."  
(40:60)

## DUA LIST

## DUA LIST

1896